

**EVALUATION OF RECREATION CENTRES FOR
SENIOR CITIZENS IN DELHI**

REPORT

conducted by
**INDIAN ADULT EDUCATION ASSOCIATION
NEW DELHI**

assigned by
**PLANNING DEPARTMENT
GOVERNMENT OF NCT OF DELHI**

NOVEMBER 2020

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New Delhi
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(B. Sanjay)
Research Officer

Abbreviations

BKPAI	Build a Knowledge base on Population Aging in India
CPF	Central Provident Fund
CPWD	Central Public Works Department
DDA	Delhi Development Authority
DLSA	Delhi Legal Services Authority
DPSP	Directive Principles of State Policy
DSLP	Delhi Schools of Literary Project
DSWO	District Social Welfare Officer
DUSIB	Delhi Urban Shelter Improvement Board
ECOSOC	Economic and Social Council
FA	Finance Act
GNCTD	Government of National Capital Territory of Delhi
GPA	General Power of Attorney
GPF	General Provident Fund
IAEA	Indian Adult Education Association
ICCR	Indian Council for Cultural Relations
IGNOAPS	Indira Gandhi National Old Age Pension Scheme
IPOP	Integrated Programme for Older Persons
ITR	Income Tax Return
IYOP	International Year of Older Persons
JJC	Jhuggi Jhopri Cluster
MCD	Municipal Corporation of Delhi
MMTTY	Mukhya Mantri Tirtha Yatra Yojana
NCOP	National Council for Older Persons
NCR	National Capital Region
NCSrC	National Council of Senior Citizens
NCT	National Capital Territory
NGO	Non Governmental Organisation
NPHCE	National Programme for the Health Care of Elderly
POA	Programme of Action
RO	Reverse Osmosis
RVY	Rashtriya Vayoshri Yojana
RWA	Residents Welfare Association
SCRC	Senior Citizens Recreation Centre
SCWF	Senior Citizens' Welfare Fund
SDA	Slum Designated Area
SDG	Sustainable Development Goals
UN	United Nations
UNFPA	United Nations Population Fund
VPBY	Varishta Pension Bima Yojana

Glossary

Active ageing the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age

Activity the execution of a task or action by an individual

Age (chronological) the time lived since birth

Age-friendly cities and communities a city or community that fosters Healthy and Active Ageing

Age-friendly environments environments (such as in the home or community) that foster Healthy and Active Ageing by building and maintaining intrinsic capacity across the life course and enabling greater functional ability in someone with a given level of capacity

Ageing at a biological level, ageing results from the impact of the accumulation of a wide variety of molecular and cellular damage that occurs over time

Approved/Planned Colonies

Planned colonies are also referred to as “approved” colonies. These settlements sit on land demarcated as “development area” in the Master Plan of Delhi (and/or the concerned Zonal Plan). At the time of construction, housing units in these colonies comply with planning norms and are fully serviced with infrastructure like water pipelines and sewerage systems. The housing constructed by the Delhi Development Authority (DDA) exemplifies this category of settlement.

Care dependence this arises when functional ability has fallen to a point where an individual is no longer able to undertake the basic tasks that are necessary for daily life without assistance

Disability an umbrella term for impairments, activity limitations and participation restrictions, denoting the negative aspects of the interaction between an individual (with a health condition) and that individual’s contextual factors (environmental and personal factors)

Elder abuse a single or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust that causes harm or distress to an older person

Environments all the factors in the extrinsic world that form the context of an individual’s life; these include home, communities and the broader society; within these environments are a range of factors, including the built environment, people and their relationships, attitudes and values, health and social policies, systems and services

Facilitators factors in a person’s environment that through their absence or presence improve functional ability; these include factors such as a physical

environment that is accessible, the availability of relevant assistive technology, and positive attitudes towards older people, as well as services, systems and policies that aim to increase the involvement of all people with a health condition in all areas of life; the absence of a factor can also be a facilitator – for example, the absence of stigma or negative attitudes; facilitators can prevent an impairment or activity limitation from restricting participation because the actual performance of an action is enhanced despite a person's problem with capacity

Functional ability the health-related attributes that enable people to be and to do what they have reason to value; it is made up of the intrinsic capacity of the individual, relevant environmental characteristics and the interactions between the individual and these characteristics

Gerontology the study of social, psychological and biological aspects of ageing

Health a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity

Health promotion the process of enabling people to increase control over and to improve their health

Healthy Ageing the process of developing and maintaining functional ability that enables well-being in older age

Informal care unpaid care provided by a family member, friend, neighbour or volunteer

Institutional care setting refers to institutions in which long-term care is provided; these may include community centres, assisted living facilities, nursing homes, hospitals and other health facilities

Jhuggi Jhopri Clusters

While no slum has been officially designated in more than two decades, slum-like settlements have continued to grow and expand across Delhi. These non-notified slums are categorised by the GNCTD as Jhuggi Jhopri Clusters (JJC). These are defined as “squatter settlements” located on “public land” — land owned by an agency such as the DDA, the Railways, the Central Public Works Department (CPWD), or a department or agency of the GNCTD or one of the Municipal Corporations of Delhi -which has been occupied and built on without permission. As a result, these settlements are often referred to as “encroachments” in official discourse. In 2011, the Delhi Urban Shelter Improvement Board (DUSIB), which is responsible for governing JJC, estimated there to be 685 JJC in the city, containing 418,282 jhuggis. In 2014, the DUSIB released another set of data based on a socio-economic survey carried out across all JJC in Delhi. This latest dataset identified 672 JJC with 304,188 jhuggis, amounting to about 10 per cent of Delhi's population and covering a land area of 8.85 square kilometres, about 0.6 per cent of Delhi's area.

JJ Resettlement Colonies

Residents of Delhi's JJC have experienced at least three waves of eviction and resettlement since the 1960s. At the time of their eviction from a JJC, those found

eligible are allotted plots in settlements categorised as JJ Resettlement Colonies. The policy that established these resettlement colonies was designed to impose a measure of planning, providing basic services and shaping settlements in contrast to the JJC's they replace. Despite this intention, these colonies remain clearly outside the ambit of "planned colonies", and most have received basic services only years after resettlement. Delhi's total number of resettlement colonies comes to 55. There is no official estimate of the population living in these 55 colonies. The most comprehensive figure available is a September 2013 estimate by the GNCTD, which concludes that 250,000 households (approximately 1.25 million people) live in the 44 resettlement colonies established as a result of the first two waves of resettlement. This estimate does not include those living in the 11 newest colonies.

Life expectancy (at birth) the average number of years that a newborn would be expected to live if he or she is subject to the age-specific mortality rate during a given period

Longevity how long people live

Long-term care the activities undertaken by others to ensure that people with a significant ongoing loss of intrinsic capacity can maintain a level of functional ability consistent with their basic rights, fundamental freedoms and human dignity

Mobility moving by changing body position or location, or by transferring from one place to another; by carrying, moving or manipulating objects; by walking, running or climbing; and by using various forms of transportation

Old a social construct that defines the norms, roles and responsibilities that are expected of an older person; it is frequently used in a pejorative sense

Older person a person whose age has passed the median life expectancy at birth

Out-of-pocket expenditure payments for goods or services that include (i) direct payments, such as payments for goods or services that are not covered by any form of insurance; (ii) cost sharing - that is a provision of health insurance or third-party payment that requires the individual who is covered to pay part of the cost of the health care received; and (iii) informal payments, such as unofficial payments for goods and services, that should be fully funded from pooled revenue

Participation a person's involvement in a life situation; it represents the societal perspective of functioning

People-centred services an approach to care that consciously adopts the perspectives of individuals, families and communities, and sees them as participants as well as beneficiaries of health care and long-term-care systems that respond to their needs and preferences in humane and holistic ways; ensuring that people-centred care is delivered requires that people have the education and support they need to make decisions and participate in their own care; it is organized around the health needs and expectations of people rather than diseases

Performance what individuals do in their current environment, including their involvement in life situations

Population ageing a shift in the population structure whereby the proportion of people in older age groups increases

Regularised – Unauthorised Colonies

In the 1960s and 1970s, hundreds of unauthorised colonies were ‘regularised’. Although the exact conditions parameters on which these regularisations were carried out remain unclear, it appears that these regularisations were based on resolutions taken either by the DDA or by standing committees of the erstwhile Municipal Corporation of Delhi. Logically, regularisation should bring these colonies into the ambit of the ‘planned’ city. This has not been the case: they continue to be referred to, even many years after regularisation as “regularised-unauthorised colonies”, remaining squarely within taxonomy of ‘unplanned’ settlement. Various documents of the GNCTD count 567 such colonies, though there is no estimate of the population living in these regularised-unauthorised colonies.

Rehabilitation a set of measures aimed at individuals who have experienced or are likely to experience disability to assist them in achieving and maintaining optimal functioning when interacting with their environments

Risk factor is an attribute or exposure that is causally associated with an increased probability of a disease or injury

Rural Villages

Rural villages are located mostly on Delhi’s periphery in areas that continue to be classified as “rural” by the Master Plan of Delhi. They are typically characterized by agricultural activity. The term “Lal Dora” (red thread) finds repeated mention in policy documents related to villages in Delhi. In 1908-09, parts of the rural areas were officially designated for “abadi” (population), or non-agricultural activity, with a red thread; these boundaries were reflected in red ink on village maps. Unlike the agricultural land outside of these boundaries, parcels of land included within the “Lal Dora” line are not assessed for land revenue. Ownership of “Lal Dora” land is only by way of possession and is not recorded in land revenue records. The authority for certifying the boundary of the village “abadi” is the Revenue Department of GNCTD. At present, there are 227 rural villages in Delhi that fall in the Rural Use Zone of the Master Plan of Delhi. Residential buildings in rural villages are not subject to the same planning restrictions as those in other areas.

Self-care (or self-management) activities carried out by individuals to promote, maintain, treat and care for them, as well as to engage in making decisions about their health

Slum Designated Areas

Slum Designated Areas (SDAs) represent only those settlements in Delhi that are technically ‘slums’. In order to be considered an SDA, a settlement must be notified under the 1956 Slum Areas (Improvement and Clearance) Act. The entire area of walled city and its extension are notified as SDAs, containing about

100,000 katras (properties) housing 1,000,000 families. It is worth noting that 97 per cent of these properties are privately owned. Once notified, an SDA is guaranteed basic services and its residents are entitled to due procedure and notice prior to eviction. No settlement in Delhi has been identified as an SDA since 1994.

Social care (services) assistance with the activities of daily living (such as personal care, maintaining the home)

Social network an individual's web of kinship, friendship and community ties

Social protection programmes to reduce deprivation that arises from conditions such as poverty, unemployment, old age and disability

Social security includes all measures providing benefits, whether in cash or in kind, to secure social protection

Supported decision-making refers to people receiving support to exercise their legal capacity; supported decision making can take many forms, including the use of support networks, a personal ombudsperson, community services, peer support, a personal assistant and advance planning

Unauthorised Colonies

Unauthorised colonies are built in contravention of zoning regulations, developed either in violation of Delhi's Master Plans or on 'illegally' subdivided agricultural land. The literature on unauthorised colonies sets out two distinguishing features: one, these areas have been 'illegally' subdivided into plots, and; two, the buyers of plots in these settlements possess documents (mostly in the form of a general power of attorney or GPA) that prove some form of tenure, which may be characterised as 'semi-legal'. In recent years, the government has introduced a policy framework for regularisation of these colonies, a process designed to bring these settlements into the legal ambit. According to the GNCTD's own estimate in 2013, four million people were living in as many as 1639 unauthorised colonies.

Universal design the design of environments, products and systems to be usable by all people to the greatest extent possible without the need for adaptation or specialized design

Urban Villages

From time to time, rural villages are notified under Section 507 of the Delhi Municipal Corporation Act 1957, shifting the settlements into the urban ambit and designating them as "urban villages", also sometimes referred to as "urbanised villages" in policy documents. Upon declaration as "urban", the "Lal Dora" area in a village ceases to exist and the provisions of the Master Plan, Zonal Plan, or relevant Area Development Plan and Building Bye-laws become applicable. At present, there are 135 urban villages in Delhi, designated between 1963 and 1994.

Well-being a general term encompassing the total universe of human life domains, including physical, mental and social aspects, which make up what can be called a "good life"

Executive Summary

Name of the assignment	Evaluation Study of Recreation Centres for Senior Citizens in Delhi
Assignment given by	The Planning Department, GNCTD, New Delhi Sanction letter vide F.No.18(2019-20/Monit/Plg/34-40 dated 1.1.2020
Assignment given to	Indian Adult Education Association, New Delhi
Report submitted	November 5, 2020
No. of sample districts	All districts in NCT Delhi
No. of sample SCRCs	108 SCRCs
Survey conducted during	20.1.2020 – 10.2.2020
No. of Centre In-charge Interviewed	106
No. of beneficiaries interviewed	1060

Introduction

The present study has been constituted by the Planning Department, Government of National Capital Territory of Delhi in order to evaluate the overall functioning of all the 108 Senior Citizens Recreation Centres (SCRCs) that receive grants exclusively for the senior citizens under the scheme “Recreation Centre for Senior Citizens”. The specific objectives identified for this evaluation study are as follows:

- To assess the effective use of the facilities (provided by the government) by the senior citizens;
- To assess the extent of capacity utilization;
- To assess the quality of services/socio-cultural activities provided in the centres; and
- To assess the overall impact of the services provided at the centre on the well-being of the beneficiaries.

Different teams comprising of field investigators and research assistants having rich experience in the field of research and evaluation were formed in order to complete the survey within the stipulated timeframe. After the

orientation programme and multiplication of interview schedules the data collection process was started from January 20, 2020 which continued for 14 effective days and completed by February 10, 2020.

Sample Selection

As per the assignment a total of 108 SCRCs scattered throughout all the 11 districts of NCT of Delhi were to be covered during this census based evaluation study. At the end of survey work two SCRCs working under the aegis of Mahila Bal Uthan Avom Kala Manch at Madangir and All India Privartan Sewa Samiti, Patel Nagar were found to be non-functional. Hence, the necessary information could be collected from a total of 106 SCRCs.

As suggested by the Planning Department a total of 11 senior citizens including one Centre in Charge and 10 randomly selected beneficiaries were to be interviewed. The suggested time slots and age-wise distribution for the selection of beneficiaries is as follows:

Time Slot	Age Group 60-70 years	Age Group more than 70 years	Total
Up to 12:00 noon	2	1	3
12:00 noon to 4:00 p.m.	2	1	3
After 4:00 p.m.	3	1	4
Total	7	3	10
Including Centre In-charge			11

Beneficiaries were mostly selected in accordance with the guidelines mentioned above. However, certain deviation has to be done to keep the sample size intact. One, it was noticed that as regard to their opening and closing time all the SCRCs are not homogeneous and hence, in case of those SCRCs operating in only one slot 10 beneficiaries per centre and in case of those operating in two slots 5 beneficiaries per slot were interviewed.

Second, in case of short fall in the number of beneficiaries in any age group it was completed from another age group mentioned above.

Hence, the effective number of beneficiaries interviewed to derive conclusions for this census study is as follows:

Effective sample size after completion of survey

= No. SCRCs from where required data could be collected x no. of
beneficiaries interviewed
= 106 x 11 @ per SCRCs
= 1166

In order to elucidate the major findings this study delves deep into the intricacy of present socio-economic and demographic context of the elderly people and conducts a thorough analysis of the overall functioning of all the 108 SCRCs in order to reflect precisely upon the objectives specified for the study. Tracing in brief the major national and international developments occurred during past few decades the study tries to explore the important hurdles and suggest possible remedies so that the SCRCs are able to execute their mandate in a hassle free atmosphere.

Conclusions

1. It has been found that 78% of SCRCs are located in approved colonies followed by 12% in unauthorized colonies, 5% in resettlement colonies, 4% in JJ clusters and 1% in regularized unauthorized colonies. It means that 78% of the centres are catering to the needs of senior citizens residing in 23.7% of the total population of Delhi. It needs to be noted that elderly people living in less equipped zones may be facing more challenges as compared to those residing in planned colonies. Hence, it may be appropriate that elderly people living in less developed areas may be given priority over the others living in much developed colonies. They often do not find means to tackle their routine problems and hence, need to be encouraged.
2. The study reveals that 72% of the centres are not functioning today in the addresses given at the time of registration which gave a lot of trouble to locate them for collection of data.
3. SCRCs are catering to an important segment of the population funded by the government. Information regarding such institutions should be well known to the clientele groups to avail the facilities and also common people to motivate people who know less about such facilities. The study reveals that out of 106 SCRCs 103 have display boards installed in front of the building/accommodation from where they operate. However, only 46 have given credit to GNCTD for the financial assistance. Government assisted programmes have their own credibility and clarity for the clientele that the centre is not privately run.
4. Out of 106 centres evaluated 98 have been visited by the District Social Welfare Officers. However, the record of inspection is available only in 63 centres. A cursory look of the inspection/visit records of the officers concerned shows that they have checked more about the expenditure and facilities available in the centres and not any problems faced by the beneficiaries. At the same time the senior citizens who on their own run the centres felt that maintenance records are lengthy and many times found to be difficult to fill.

5. Out of 106 centres 83 are managed by Senior Citizens' organizations or working in association with RWAs while remaining 23 is managed by NGOs/Group Housing Societies. Hence, there exists certain difference between the centres managed by Senior Citizens' Organizations or RWAs and those managed by NGOs/Group Housing Societies. In case of centres managed by Senior Citizens' Organizations the whole affair is managed by the enrolled beneficiaries themselves which certainly gives a sense of belongingness and promotes leadership among the beneficiaries. In turn it also gives a sense of satisfaction. On the other hand in the centres managed by NGOs/Group Housing Societies the affairs are taken care of by the functionaries of NGOs/Group Housing Societies. Here the role of senior citizens becomes confined to avail the facilities only. However, centres run by NGOs have added advantage as they have other programmes in which senior citizens are also involved.

The system presently adopted by the department for sanctioning centres run under the aegis of different organizations is a welcome step as the one run by the senior citizens have the advantage of ownership and belonging for the beneficiaries but they do not have proper training to run such a programme. At the same time centres run under the aegis of NGOs have the advantage of better management and enabling senior citizens participating in other programmes of the organizations which are funded by different sources. Unfortunately, the only disadvantage is no belongingness for the programme of senior citizens as they have to implement various other programmes also.

6. In all 61 out of 106 centres are functioning in government building while 14 have their own buildings. Out of the remaining 31 centres 22 function from rented buildings, and 9 in open parks/temples/gurudwaras. It was also observed that government buildings and the buildings owned by SCRCs are mostly located in prime places where beneficiaries found to be coming without much problem. This is not always true with the rented accommodation. At some places the rented accommodations have been found to be a one room or two rooms set where remaining part of the same premises is occupied by the members of the owners' families. In such cases it may be difficult for the beneficiaries to go there and spend their time with ease. It was observed that SCRCs located at prime places, easily accessible have sufficient space for sitting and conducting recreational activities. Such centres are able to attract more number of beneficiaries in comparison to those centres that operate from parks or located in places away from the residential areas from where the senior citizens come.

7. Out of 106 centres 22 have the strength of beneficiaries from a minimum 50 to 100 while 67 have the strength between 101 to 500, 8 from 501-1000 and remaining 9 have more than 1000 beneficiaries. Strength of beneficiaries plays an important role in the success of a particular centre. At the same time it is one of the important factors which have to be taken into account for the smooth management of the centres because it too has a considerable impact on the expenditure of the centre. At present grants sanctioned to the SCRCs are irrespective of their enrolled strength and hence an organization having a minimum strength of 50 enrolled beneficiaries or organizations catering the need of a maximum of 3000 beneficiaries (as recorded in this study) receives equal amount of grant. The grant differs only with respect to the space available. SCRCs having premises, whether rented or owned, receive a recurring grant of Rs.20,000/- per month and others receive Rs.10,000/- per month only.

It was informed that repeated request has been made by the management committees of the centres running either from rented accommodation or from parks, temples/gurudawars to allot them suitable government accommodations. The insufficiency of recurring grant sanctioned at present is also underlined by almost all the centres having more than 100 enrolled beneficiaries. Functionaries of these centres are of the view that the recurring grant given should be proportionate to the strength of enrolled beneficiaries so that at least light refreshment (tea/coffee) is provided to the beneficiaries who spend most of their active time at the centres.

8. The quality of administration of a centre and programmes conducted depend much on the efficiency of the Centre In-charge. The study reveals that 15 SCRCs have In-charge below the age 60 years and 27 are in 60-70 age groups. However, 64 SCRCs are managed by persons with the age 70 years and above. It was also found that out of 106 only 16 SCRCs are having female as Centre In-charge.
9. Centre In-charge is the prime connecting link between the beneficiaries and programmes or activities organized by SCRCs. He/she is supposed to maintain a fine balance between the expectation of elderly people and the programmes organized/conducted at the centre so that elderly people are continuously motivated to come to the centre, feel like at home and spend their leisure time.
10. As per the report of Central Statistics Office, Ministry of Statistics and Programme Implementation, Government of India titled 'Elderly in India 2016', the total population of Delhi estimated to be 20 million, out of which 1.2 million was elderly people which works out to be 8%. At the same time 106 SCRCs as of now cover a total of 42,548 elderly people

which is only 0.042 million. Due to many social welfare programmes of the governments including better health services the average life span of Indian citizens has increased a lot in the last many years. Hence, the coverage we are making is only a tip of the ice-berg. Hence, it may be appropriate that the number of SCRCs are increased fairly covering all types of settlements so that the fruit of services provided to elders are useful. It may be noted that the elderly people often find it difficult to go beyond certain distance on their own and hence, SCRCs are necessarily to be closer to the residential areas where the number of elders living is more.

11. The study shows that elderly people irrespective of their academic background are participating in the activities of SCRCs and availing the facilities and services provided for their well-being. However, the coverage also shows that a lot of efforts need to be taken to cover less privileged senior citizens who have very limited chance of recreational facilities at home and also at places where they live.
12. According to the study almost 93% of the respondents are Hindus while 0.8% Muslims, 0.18% Christians, 5% Sikh, 0.84% Jain and 0.18% beneficiaries follow Buddhism. It is advisable that minorities are also encouraged to avail the opportunity more in number.
13. It has been found that a vast majority of the beneficiaries (80.38%) now covered by SCRCs are from general category while the beneficiaries belong to SC is 13.21%, ST 0.38% and OBC 5%. At the same time 1.03% of the beneficiaries informed that they are known by religion (Muslims and Christian) and not by caste.
14. A large number of beneficiaries who are well qualified and found to be retired as teachers, professors, doctors, engineers, lawyers, administrators, bankers, etc. are eager to extend their services for the cause of social development on honorary basis.
15. A large portion of beneficiaries (92%) are found to be not receiving any financial assistance from the government. It is to note here that different departments of GNCTD including the Department of Social Welfare may be having a number of welfare programmes which need to be linked to the programme like SCRC based on the eligibility criteria of the beneficiaries. This convergence will enable the programme to reach the actual beneficiaries who are in a way controlled group of the government.
16. One of the factors that plays important role in the effective and efficient use of facilities at the centre is their operational days per week. It has been found that 58 SCRCs open on all seven days in a week, 42 open for

6 days and 5 open for 5 days. Only one centre has been found to be working for only one day in a week.

17. During the data collection the evaluation team could meet only a couple of differently abled persons which shows that elderly from this group are not able to come frequently to the centres and hence, their participation is low in the activities organized by it. Senior citizens who are differently abled may require assistance which may not be available in normal course for them and hence conveniently they avoid attending the centres.
18. It has been found that 23% of the SCRCs have the space less than 50 yards which includes 4% of those centres which has a space even less than 25 yards. 36% of the centres found to have space in between 51 to 100 yards whereas centres having the space 101 to 200 yards are found to be in 26%. Nearly 12% of the centres are having a space more than 200 yards and 3% found to be operating in parks only. Recreation cannot be limited to providing just sitting space away from home. Recreation for senior citizens essentially includes activities that increase their health and fitness, provide opportunities for socializing and using the skills and talents they have developed or acquired throughout their life span. It also includes providing the ways and means through which they can learn or acquire new skills to cope-up with emerging difficulties. This cannot be accomplished in a space even less than 50 yards where all the beneficiaries are somehow compelled to pursue the same activity irrespective of their interest.
19. It has been found that 74% of the centres have facilities for potable water and they have installed RO or filter for purification. Some even purchase mineral water in big size bottles. However, 26% of the centres found to have provided no potable water at all with the result some of the beneficiaries carry water from their homes.
20. Toilet is one of the most essential facilities needed for the elderly beneficiaries at the centers. It was found that nearly 90.56% of the centres are having toilet facilities, out of which 64.58% having separate toilets for male and female. Except a few places most of the toilets found to be in working condition and maintained clean. However, 9.44% of the SCRCs are having no toilet facilities as most of them are functioning from parks/temples/gurudaras. Hence, beneficiaries use public convenience which are available in nearby areas.
21. A few SCRCs have libraries/reading rooms and most of the books available are on religion and literature. Around 79.1% of the beneficiaries expressed satisfaction about the library facilities. However, they also wanted more number of books added so that they can read the new

arrivals. Though, books and magazines are available in most SCRCs, only a few centres have separate facilities to keep the books. Unless the SCRCs have adequate space and are not functioning in permanent buildings, it may be difficult for providing space to libraries.

22. Television and Radio are important tools for entertainment. Today television is the most attractive medium for viewing the programmes. It has been found that 91 SCRCs have televisions and 15 have radio sets; among them 7 SCRCs have both television and radio. It was also found that 53 centres have PA system which is normally used during religious discourses, bhajans and in socio-cultural events. Around 59.62% of the beneficiaries informed that they themselves do religious discourses/bhajans/kirtans in the centres.
23. Yoga and meditation play a vital role for maintaining health fitness of the senior citizens. People these days appear to be largely aware of the importance of yoga and meditation and their benefits for physical up-keeping. However, senior citizens may require some guidance while practicing yoga, particularly in the initial stage. It is appreciable that many SCRCs regularly organize health and nutrition awareness camps and also hire the services of yoga teachers to guide the beneficiaries. However, it has been found that only 56.42% of the beneficiaries attend yoga and meditation sessions regularly while 54.62% participate in health and nutrition awareness camps/sessions.
24. Conducted tours are undertaken by SCRCs but the study reveals that many times the beneficiaries themselves have to contribute money for the same. Many times beneficiaries who have no means of contributing money may be left out of such an important activity which should not happen.

Recommendations

1. While recreation is an important need of all the elderly persons but in priority elders who do not have much means in their own area may be given opportunity in the first instance. Hence, the department may sanction in future more number of SCRCs to regularized unauthorized colonies, unauthorized colonies, resettlement colonies and JJ clusters to give equal or more opportunity for elderly people residing in such areas to spend quality leisure time as well as have the benefit of this scheme on equal footing.
2. Updating of mailing addresses is very important not only for the study but also for supervision/inspection visits. Hence, it may be appropriate that the agencies/organizations that have been sanctioned centres

inform the funding/monitoring departments correct address periodically so that communications sent/visits made are facilitated properly. It is recommended that monitoring is done online and dedicated website created which not only gives the basic information but also action photographs for public viewing. This will also become a part of information dissemination process.

3. All the SCRCs should have display boards prominently located by clearly mentioning that they are funded by GNCTD. Apart from welfare credibility also is equally important for such efforts.
4. No one can undermine the importance of monitoring but at the same time the monitoring records should also be qualitative in nature. Apart from the regular information regarding fund flow, utilization and programmes it should also give information regarding problems faced, if any, by the beneficiaries/organizers so that on the spot solutions can be suggested by the monitoring officers or taken after returning to their office. As already suggested at Sl. No. 2, a dedicated website can be created and online monitoring with due periodicity put in place which will enable the monitoring officers with more information well before the visit is made.
5. A programme of this nature can be sanctioned to more than one management system but there should be intercommunication between such managements so that best practices are followed by others also. In this regard the Department of Social Welfare may take initiative to advise the Senior Citizens Council of Delhi, a registered body since 2007 to organize periodically conferences, seminars, workshops or training programmes for the functionaries of all 106 SCRCs so that they are able to exchange their experiences and improve the quality of programmes and activities conducted in their own centres.
6. Location of centres is an important one to be given priority which will enable the beneficiaries not only to reach centres but also move within the premises with much ease. Hence, the Department of Social Welfare may find suitable accommodation for the centres as far as possible in government buildings, community centres, chopals and government constructed marriage halls.
7. In order to minimize the discrimination of sanction of recurring grant to different types of managements, the fund releasing authority may suitably revise the sanction norms so that the concerns of nearly 79% of the centres having strength of more than 100 enrolled beneficiaries are met.

8. It is advisable that the recreation centres are still not able to attract more number of women as beneficiaries. Hence, it may be appropriate that women are encouraged to come forward to avail the services for which more number of women is associated as Centre In-charge. Establishment of women specific SCRCs can be a way forward.
9. Qualification alone cannot bring any quality in the Centre In-charge but periodic exposure by interacting with others working in the similar area will bring knowledge and information to their doorsteps. Hence, it is recommended that Centre In-charge is given orientation and training by experts/subject specialists and agency visits.
10. There are 70 Assembly Constituencies in Delhi with 272 wards. The future plan of expansion can be atleast one SCRC in each ward. The concerned MLAs/MPs can be motivated to allocate some money for SCRCs in their constituencies from the funds of Local Area Development.
11. It may also be appropriate that centres having considerable number of illiterate beneficiaries can be linked to Delhi Schools Literacy Project (DSLPP) or such organizations who are working in the field of literacy so that they are able to learn functional literacy. As per the National Education Policy 2020 'Padhna Likhna Andolan' is shortly going to be in operation in which illiterate beneficiaries of SCRCs can benefit a lot.
12. The future plan of expansion can keep in mind for opening more number of SCRCs in those areas where minority population resides.
13. The future plan of expansion may also keep in mind for opening more number of SCRCs in those areas where socially deprived sections like SC, ST, OBC reside.
14. Suitable mechanism can be developed to utilize the services of the pool of educated and experienced manpower in the beneficiaries for the benefit of others. Life and vocational skill development are given priority by the government and this was also noted in SCRCs where a considerable number of respondents have shown keen interest in skill training programmes to increase their efficiency to meet the challenges of the day.
15. As 43.4% of the beneficiaries were having annual income less than Rs. 2 lakh who can very well be covered under different welfare schemes of the departments.
16. A scheme like SCRC cannot have any holiday as it is for recreation purpose. Preferably the centres can open for all the 7 days in a week and

in case the Centre In-charge wants to avail a weekly holiday to attend personal work, then an alternative arrangement can be put in place for that day.

17. Wherever possible the SCRCs can extend necessary assistance for differently abled people so that they are also able to come to the centre more in number.
18. It may be appropriate that the Department of Social Welfare may prescribe the minimum space for a SCRC and sanction is strictly issued only for such organizations which are able to meet the given guidelines.
19. Water is important for human beings, particularly the elderly people. Provision of water must be taken as a priority by the centres so that elderly people coming to centres are treated as hon'ble guests and provided water at the first instance itself.
20. All SCRCs should have toilet facilities, especially in view of their beneficiaries being elderly people who have either no or less control over passing the urine. It is also to be noted that holding urine for long at that age may many times lead to urine infection. This can be more for those who have prostate problem.
21. Library and reading rooms are used more by the beneficiaries hence, there is a need for providing separate space for it. Hence, in course of time the inspecting officers can look into this and encourage the centres to find places with adequate space. It may also be appropriate to increase the number of vernacular newspapers as most of the beneficiaries are interested in the same.
22. Watching mass media programmes is really entertaining and it may be appropriate that all SCRCs have television sets. Those which are now not having this facility may be encouraged to acquire the set as soon as possible.
23. Yoga and meditation are not only important for physical fitness but for mental alertness also. Hence, practice of yoga can be encouraged so that vast majority of the beneficiaries participate in yoga sessions.
24. As Mukhya Mantri Tirth Yatra Yojana of GNCTD is a conducted tour fully funded by the government, proper linkage with the concern department can benefit the senior citizens of SCRCs.

Chapter - I

Introduction

“Progress in medicine has not actually lengthened the life span of human beings but it has made it possible for more of them to live out a fuller measure of their allotted years. In affluent societies unit families and greater mobility in their life styles have aggravated the generation gap. Gild people are left very much on their own. Those who can afford it are put in comfortable and often beautifully located homes. Yet they are separated from their dear ones and familiar surroundings. Even this is beyond the means of average citizens, and the facilities provided for their aged leave much to be desired. In developing countries, the problem is not so serious. Old people are revered as elders and sheltered within the joint family. Being in touch with several generations, seeing their families grow up around them keeps up their interest in life and issues. But industrialization and modernity are beginning to disturb the old pattern. Even here, the concern and care for the old, which was so much a part of our tradition, is weakening. Also in the poorer sections, when there is natural or other calamity, it is the old who suffer the most. In India we have just begun to make provisions for old age pensions and are encouraging voluntary agencies and others to build homes for the aged. Dedicated social workers are also looking after the incurables. The pooling of experiences and ideas from different countries will be useful in helping us to tackle our own problem. I send my good wishes to the United Nations World Assembly on Aging and to the eminent personalities who are representing their countries.”

- Mrs. Indira Gandhi

(Prime Minister of India’s message that was heard in the opening meeting of the first World Assembly on Ageing held in Vienna from July 26 to August 6, 1982.)

The statement quoted above reminds us about the pro-active role that India played in the very First World Assembly on Ageing held in Vienna from July 26 to August 6, 1982. This was probably the first world level convention which could derive certain unanimously accepted action points to be executed by the member nations for the well-being of elderly. The major outcome of this World Assembly was the adoption of the International Plan of Action, which guided the thinking and action on ageing over next two decades. The Plan recommended a variety of initiatives in employment and income security, health, housing, education and social welfare. The meeting was attended by 1400 participants, including government representatives from 124 countries and lasted for 12 days. The convention was concluded with the adoption of the International Action Plan on Aging, which was intended to serve as a guideline for national policies on the aging problem across the world. The POA consists of 62 recommendations having direct relevance to the Covenant and deals with

both the issues affecting the aging as individuals and those relating to the aging of the population. This convention, in fact, paved the path for a new thinking and recommended that “the care of elderly persons should go beyond diseases orientation and should involve their total well-being, taking into account the inter-dependence of the physical, mental, social, spiritual and environmental factors and hence, health care should involve the health and social sectors and the family in improving the quality of life of older persons (recommendation 2).” It further laid down the foundation for developing collaborative institutionalized effort for the well-being of the golden agers and underlined that “a partnership should be formed between governments and non-governmental organizations designed to ensure a comprehensive, integrated, coordinated and multipurpose approach to meet the social welfare needs of the elderly (recommendation 31).”

The later part of history has witnessed a lot of important happenings both on national and international forums where policies and programmes took a more nuanced approach to deal with the ever growing problems of elderly people. Although this goes a bit beyond the scope of this study a brief details seems essential to arrive at the context for the present study.

Policy Response to Ageing by International Community

On **December 14, 1990** the UN adopted its resolution on “Implementation of the International Plan of Action on Aging and related activities”. Subsequently, 18 principles to cover 5 clusters i.e. independence, participations, care, self-fulfillment and dignity of older persons were adopted by the UN General Assembly in 1991 which stated that all the elderly irrespective of their caste, creed and location should have access to adequate food, water, shelter and clothing; social and legal services and health care through the provision of income, self-help, family and community support; opportunity to work and have access to training and participation in deciding when and at what pace they will retire; environments those are safe and adequate to changing capacities; involvement in the formulation and implementation of policies affecting their well-being; opportunity and scope to share their knowledge with younger generations; opportunity to work as volunteers in community services according to their skills and interests, and consider forming associations of the aged; have access to appropriate institutional care with dignity, privacy, and right to make decisions about their care; and live in dignity and security, free from exploitation, physical and/or mental abuse and to be treated fairly regardless of age, gender, race or ethnicity, disability, or economic status.

The General Assembly further adopted the United Nations Principles for Older Persons, and recommended to the Economic and Social Council (ECOSOC) to convene an expert group meeting to help the UN define targets on ageing and make recommendations for national level activities for

the year 2001. A consensus opinion was also evolved to observe 1st October as the International Day for the Elderly persons. It was adopted in order to give basic preference to key areas like the lifelong development of individual and the relationship between generations, situation of older persons, ageing and development.

On **December 16, 1992** the “Proclamation on Ageing” was adopted by the United Nations which recognized the increasing contribution of older persons to economic, social and cultural development. It emphasized that ageing is a lifelong process and that preparation for later years must begin in childhood itself and continue throughout the life cycle. It was noted that United Nations’ activities must address ageing in the context of human rights, employment, education, health, housing and advancement of women. It also urged that older persons should be seen as contributors to their societies and not as a burden. The General Assembly also drew up a decade long programme which started in the year 1992. It also decided “to observe the year 1999 as the International Year of Older Persons (IYOP) in recognition of humanity’s demographic coming of age and the promise it holds for maturing attitudes and capabilities in social, economic, cultural and spiritual undertakings, not least for global peace and development in the next century (A/RES/47/5: paragraph 3)”. The theme of IYOP was “Towards a Society for All”.

The Second World Assembly on Ageing was held in Madrid from **April 8-12, 2002** in which a comprehensive International Plan of Action on Ageing was adopted that defined objectives and actions to be taken by Governments, the international community, and civil society to help create a “society for all ages”. The participating countries adopted two key documents: a Political Declaration and the Madrid International Plan of Action on Ageing, 2002. Both documents included commitments from Governments to devise and implement measures to address the challenges posed by ageing. The documents also put forward over 100 recommendations for action based on three priority themes: older persons and development; advancing health and well-being into old age; and ensuring enabling and supportive environments.

The prime aim of the International Plan of Action is to ensure that persons everywhere are able to age with security and dignity and to continue to participate in their societies as citizens with full rights. The priority directions that emerged from this were designed to guide policy formulation and implementation towards the specific goal of successful adjustment to an ageing world, in which success is measured in terms of social development, the improvement of older persons in quality of life and in the sustainability of the various systems, formal and informal, that underpin the quality of well-being throughout the life course.

In **2009** the International Longevity Center Global Alliance, a confederation of ten centers including the United States of America, Japan,

France, the United Kingdom, the Dominican Republic, India, South Africa, Argentina, the Netherlands, and Israel published a report entitled “Global Aging Report-Threats to Longevity - A Call to Action” which presented a detailed portrait of the realities of population aging around the world and articulated a call to action from an intergenerational and lifespan perspective.

In **2012**, i.e. on the eve of the tenth anniversary of the Second World Assembly on Ageing held in Madrid in 2002, a report entitled “Ageing in the Twenty-First Century : A Celebration and A Challenge’ was brought out under the aegis of the United Nations Population Fund (UNFPA), New York, and HelpAge International, London which took stock of the progress made in the direction of implementation of the Madrid Plan of Action on Ageing and identified gaps and proposed the way forward with recommendations to ensure an age-friendly world in which everyone, including older persons, is given the opportunity to contribute to development and share in its benefits, the voices of all age groups are heard, and all persons are included in decision-making that affects them.

In the year **2016** world community adopted the Sustainable Development Goals 2030, the second spell of development initiatives under the guidance and monitoring of the United Nations which is based on a series of continuous and comprehensive deliberations on crucial agenda of environmental sustainability and global progress held through global conferences such as the Rio Declaration on Environment and Development; United Nations Conference on Sustainable Development (Rio+20) and the Third International Conference on Financing for Development (Addis Ababa). SDG 2030 shows the affirmation of world nations on their political commitment to address the challenge of financing and creating an enabling environment for all at all levels for sustainable development in the spirit of global partnership and solidarity. It came into force on January 01, 2016 and has the deadline of 2030 for their completion. This comprehensive development agenda too gave a lot of focus on the safety, security and well-being of the elderly people.

It calls for leaving no one behind and for ensuring that the Sustainable Development Goals (SDGs) are met for all segments of society, at all ages, with a particular focus on the most vulnerable - including older persons. While recognizing the prevalence of widespread discrimination on the ground of age and gender, it acknowledges the importance of a life-course approach to ageing and calls for protecting and promoting the rights of older persons in the implementation of the 2030 Agenda. Out of total 17 goals visualized under SDG, 11 goals indicated in the colour wheel have given specific focus on various important dimensions of the well-being of senior citizens.



The UN agenda categorically states that through partnerships, research and initiatives, UN agencies can:

- Mainstream ageing issues in their programmes of work, while stressing the need to ensure that the rights of older persons, including to income, health, education, security, voice and participation are addressed;
- Adopt an explicit life-course approach in their research portfolios that is used to support guidance, programmes and projects, while ensuring that more attention is paid to the situation of older persons by programmes;
- Build in the intersection of ageing with other critical issues including poverty, health, gender, decent work, inequalities, disability, environment, governance and conflict;
- Enhance coordination and cooperation with global and regional intergovernmental organizations, bi- and multi-lateral development partners, international and national non-governmental organizations, the private sector, academia and other relevant stakeholders to develop sustainable partnerships and promote dignified ageing and issues related to older persons, while building on existing good practices in terms of global platforms, coalitions and agreements on shared programmes of work;
- Support better collection, analysis, dissemination and use of age-disaggregated data; and advocate for the inclusion of data on ageing in national instruments, policies and reporting;
- Encourage national and local policy development and implementation to be human rights-based, age-sensitive and all-age-inclusive, with measurable indicators to track progress on the situation of older persons.

Policy Response to Ageing in India

Elderly in traditional Indian society specifically within the joint family system used to enjoy a very high respect and receive due care from the younger generation. Both the elders and the younger members used to supplement and complement each other. Elder's wisdom was a source of enlightenment for the whole family or the clan and younger members of the family in turn used to share the burden of all the worldly affairs and hence, this age-old joint family system was instrumental in safeguarding the social and economic security of the elderly people in the country. But the value system fostering joint family where three consecutive generations used to live under one roof and share the collective responsibilities is now witnessing huge erosion due to industrialization, modernization, technological change, mobility and the explosion in the lateral transmission of knowledge and changes in lifestyle. Emergence of nuclear family set-up has come up as one of the essential outcome of this rapid change in social scenario where elderly members of the family occupies less space in terms of priority and relevance and become more vulnerable.

This has drawn the attention of the policy makers and administrators at central and state governments, voluntary organizations and civil society and has resulted into institution of a number of policy instruments and mechanism in the post independent India.

Constitutional Provisions and Legislative Measures

Well-being of older persons has been mandated in the Constitution of India. List III of Schedule VII of the constitution says that social security is the concurrent responsibility of the central and state governments. Item 9 of the State List and Items 20, 23 and 24 of the Concurrent List relate to provision of old age pension, social security, social insurance, economic and social planning and relief to the disabled and the unemployed. In addition to old age being linked with public assistance, there are other Articles and Schedules that support the case for the ageing population. Directive Principle of State Policy (DPSP), Article 41, directs that the State shall "make effective provision for securing the right to work, to education and to public assistance in case of unemployment, old age, sickness and disablement, and in other cases of undeserved want, within its limits of economic development and capacity". This constitutional provision is reinforced by Section 125 of the Code of Criminal Procedure, 1973 under which every person having sufficient means is required to provide for his parents who are unable to maintain themselves. Further, Section 20(3) of the Hindu Adoption and Maintenance Act, 1956 makes it obligatory on the part of the person to maintain his aged or infirm parents. Right to equality has been guaranteed by the Constitution as a Fundamental Right, through the following provisions:

- Article 16(2) – Equal opportunity in matters of public employment; Article 21- Protection of life and personal liberty; Article 38(2) - Minimization of inequalities in income; article 39(a) – Right to adequate means of livelihood; Article 39(b) – Right to ownership and control of material resources to subserve common good; article 39(3) – Citizens not being forced by economic necessity to enter a vocation unsuited to their age or strength; and Article 47- Raising the level of nutrition and the standard of living of its people and improvement of public health. The concurrent list covers social security, social insurance, employment, invalidity, and old age pension.
- As a legislative measure for the welfare of the elderly, Section 88B of the Income Tax Act 1961, was introduced by the Financial Act 1992, providing rebate of 40% to persons 65 years and above if their annual income was less than rupees one lakh per annum. Since 1992 rebate under Section 88B has been improved considerably. Finance Act 2000 (FA.00) provides a rebate of Rs. 15,000 in income tax (as against Rs. 10,000 in earlier years) for all senior citizens above the age of 65 years.
- Retirement benefits are provided to those who served the government and the public undertakings. These benefits include provident fund (GPF/CPF), pension, and gratuity. The Employees Provident Funds and Miscellaneous Provisions Act, 1952 (amended in 1996) provides for economic security to persons or their families in the event of retirement or even death before retirement. The Employees Pension Scheme 1995 (amended in 1996) is payable to all central and state government employees and all employees of the corporate sector. Similarly, workers are eligible to receive payment on the basis of 15 days wages for each completed year of continuous service up to the day of retirement as per the Gratuity Act 1992.

However, situation of those who have been in the unorganized sector, such as, craftsman, small traders, farmers, landless labourers and daily-wage-workers is very precarious as they have little to fall back upon. Wadhawan (1999) points out that nearly 89% of the working population comprise of workers in the informal or unorganized sector. Universal flat rate pension scheme should, therefore, be worked out for those who are outside the ambit of the institutionalized social security system. Such scheme should be financed by special contributions. For example, while a person is economically active contribution by the employer should be supplemented by other means like cess on agriculture/industrial production/sale; special social security; surcharge on electricity bills, etc. The National Social Assistance Programme came into existence on August 15, 1995 and one of its programmes is the National Old Age Pension Scheme that is implemented through the panchayats and municipalities. Presently, all state governments and union territories are implementing the old age pension scheme under the state sector.

The **Study Group on Income and Wages (1978)** recognized the needs of the older persons not covered by pensions or other retirement benefits and suggested that there should be some standardization of criteria adopted by states for giving old-age pension to the destitute old. Similarly, the question of old age pension drew the attention of the Finance Commission also and a National Consultation meet was held by the Ministry of Welfare, Government of India in October 1997. It recognized the increasing dependency load due to the country's graying population, its social care burden and the costs in future, and laid down eighteen objectives for a comprehensive age care policy. The Division has been implementing a Central Sector Scheme, "Integrated Programme for Older Persons" (IPOP) since 1992, which was revised in 2008 and new innovative projects were included for the welfare of Senior Citizens. Cost norms of the Scheme have been revised upwards w.e.f. 1st April 2015. (Elderly in India: Profile and Programmes 2016, Central Statistics Office, Ministry of Statistics and Programme Implementation, Government of India)

The Govt. of India announced the **National Policy for Older Persons in 1999**, which elaborated on the UN Convention on Ageing, Vienna, 1982. The National Policy on Older Persons in India aims at the well-being of the aged by strengthening their legitimate place in society so that they could live their last phase of life with purpose, dignity, and peace. The policy visualizes state support for financial security, health care and nutrition, shelter, welfare and other needs of the senior citizens, and provides for protection against abuse and exploitation.

The **National Policy on Older Persons: Plan of Action (2000-2005)** stated that in order to achieve well-being of older persons mandated in the Constitution of India initiatives as per Plan of Action (2000-2005) are to be implemented by various Ministries concerned.

In pursuance of the National Policy for Older Persons, a National Council for Older Persons (NCOP) was constituted in 1999 under the Chairpersonship of the Minister for Social Justice and Empowerment to oversee implementation of the Policy. NCOP was reconstituted and renamed as National Council of Senior Citizens (NCSrC) in 2012.

Later in **December 2007** the Maintenance and Welfare of Parents and Senior Citizens Act was enacted to ensure need based maintenance for parents and senior citizens and their welfare. The Act provides for:

- I. Maintenance of Parents/senior citizens by children/relatives made obligatory and justiciable through Tribunals
- II. Revocation of transfer of property by senior citizens in case of negligence by relatives
- III. Penal provision for abandonment of senior citizens

- IV. Establishment of Old Age Homes for Indigent Senior Citizens
- V. Protection of life and property of senior citizens
- VI. Adequate medical facilities for Senior Citizens

In **June 2011** Situation Analysis of the Elderly was conducted by Central Statistics Office, Ministry of Statistics & Programme Implementation, Government of India which helped all the stakeholders to understand the magnitude and intricacies of the problem. In the same year the Institute for Social and Economic Change (Bangalore), United Nations Population Fund (New Delhi) and Institute of Economic Growth (Delhi) published a report entitled “Demographics of Population Ageing in India” in December 2011 which paved the way for instituting a major research project to Build a Knowledge base on Population Ageing in India (BKPAI). The study focused on social, economic, health and psychological aspects of elderly.

On January 28, 2010 a Committee under the Chairpersonship of Smt. Mohini Giri was constituted by the Govt. of India to draft a new national policy on older persons. Consequently a new policy, known as the “**National Policy for Senior Citizens 2011**” was adopted in 2011. This policy addresses issues concerning senior citizens living in urban and rural areas, special needs of the “oldest old” and “older women”.

This new policy gave special attention on the following aspects:

1. Mainstream senior citizens, especially older women, and bring their concerns into the national development debate with priority to implement mechanisms already set by governments and supported by civil society and senior citizens’ associations. Support promotion and establishment of senior citizens’ associations, especially amongst women.
2. Promote the concept of ‘Ageing in Place’ or ageing in own home, housing, income security and homecare services, old age pension and access to healthcare insurance schemes and other programmes and services to facilitate and sustain dignity in old age. The thrust of the policy would be preventive rather than cure.
3. The policy will consider institutional care as the last resort. It recognizes that care of senior citizens has to remain vested in the family which would partner the community, government and the private sector.
4. Being a signatory to the Madrid Plan of Action and Barrier Free Framework it will work towards an inclusive, barrier-free and age-friendly society.
5. Recognize that senior citizens are a valuable resource for the country and create an environment that provides them with equal opportunities protects their rights and enables their full participation in society. Towards achievement

of this directive, the policy visualizes that the states will extend their support for senior citizens living below the poverty line in urban and rural areas and ensures their social security, healthcare, shelter and welfare. It will protect them from abuse and exploitation so that the quality of their lives improves.

6. Long term savings instruments and credit activities will be promoted to reach both rural and urban areas. It will be necessary for the contributors to feel assured that the payments at the end of the stipulated period are attractive enough to take care of the likely erosion in purchasing power.
7. Employment in income generating activities after superannuation will be encouraged.
8. Support and assist organizations that provide counselling, career guidance and training services.
9. States will be advised to implement the Maintenance and Welfare of Parents and Senior Citizens Act, 2007 and set up Tribunals so that elderly parents unable to maintain themselves are not abandoned and neglected.
10. States will set up homes with assisted living facilities for abandoned senior citizens in every district of the country and there will be adequate budgetary support.

In **2012**, Agewell Foundation conducted a comprehensive study on various issues concerning old age to understand the status of older persons In Delhi & NCR which indicated that a large section of elderly people in NCR is leaving in isolation be it social or emotional. It underlined the need of organizing elderly people so that they can avail an opportunity to develop interaction among themselves.

Response to Ageing in National Capital Territory of Delhi

The 'National Policy on Older Persons' adopted in **January 1999** by the Ministry of Social Justice and Empowerment, Government of India stipulated that state governments would take affirmative action to provide facilities, concessions and relief to senior citizens for improving their quality of life and to ensure that the existing public services are user friendly and sensitive to older persons. (Page 4, Elderly in India - Profile and Programmes 2006 by Central Statistical Organisation Ministry of Statistics and Programme Implementation, Government of India, Second Issue).

Subsequently the Department of Social Welfare, Government of Delhi formulated a State Policy on Senior Citizens in consonance with the National Policy for implementation in NCT of Delhi.

From **July 21-23, 2005** a special Bhagidari Workshop was conducted for Senior Citizens' groups wherein key issues related to the Senior Citizens of Delhi were discussed in detail. This three-day Bhagidari Workshop was participated by 255 'Bhagidars' representing Social Welfare Department, Delhi Police, Dept. of Education, Dept. of Health and Senior Citizens Associations and Forums covering all the then nine Revenue Districts of Delhi. As an outcome of this workshop both the senior citizens and the representatives from different departments, by consensus, identified the solutions to the common issues and developed action plans to implement the agreed solutions and suggestions to improve the quality of life of the Senior Citizens in Delhi. (Ref. BHAGIDAR - Working Report: Citizens – Government Partnership (Phase 5 – April 2005 to March 2006), page no VIII-IX)

This probably laid to the establishment of Senior Citizens Recreation Centres in Delhi which turned out to be one of the very important initiatives for the well-being of the senior citizens in the state as it has encouraged the elderly people to come forward and play a leading role to spend their leisure time through recreational activities and programmes and take care of their own peer groups. Initially, a few SCRCs were established but in subsequent Plans the numbers of SCRCs have increased as per the demand. Today the number of SCRCs is 108.

Decoding the Present Context

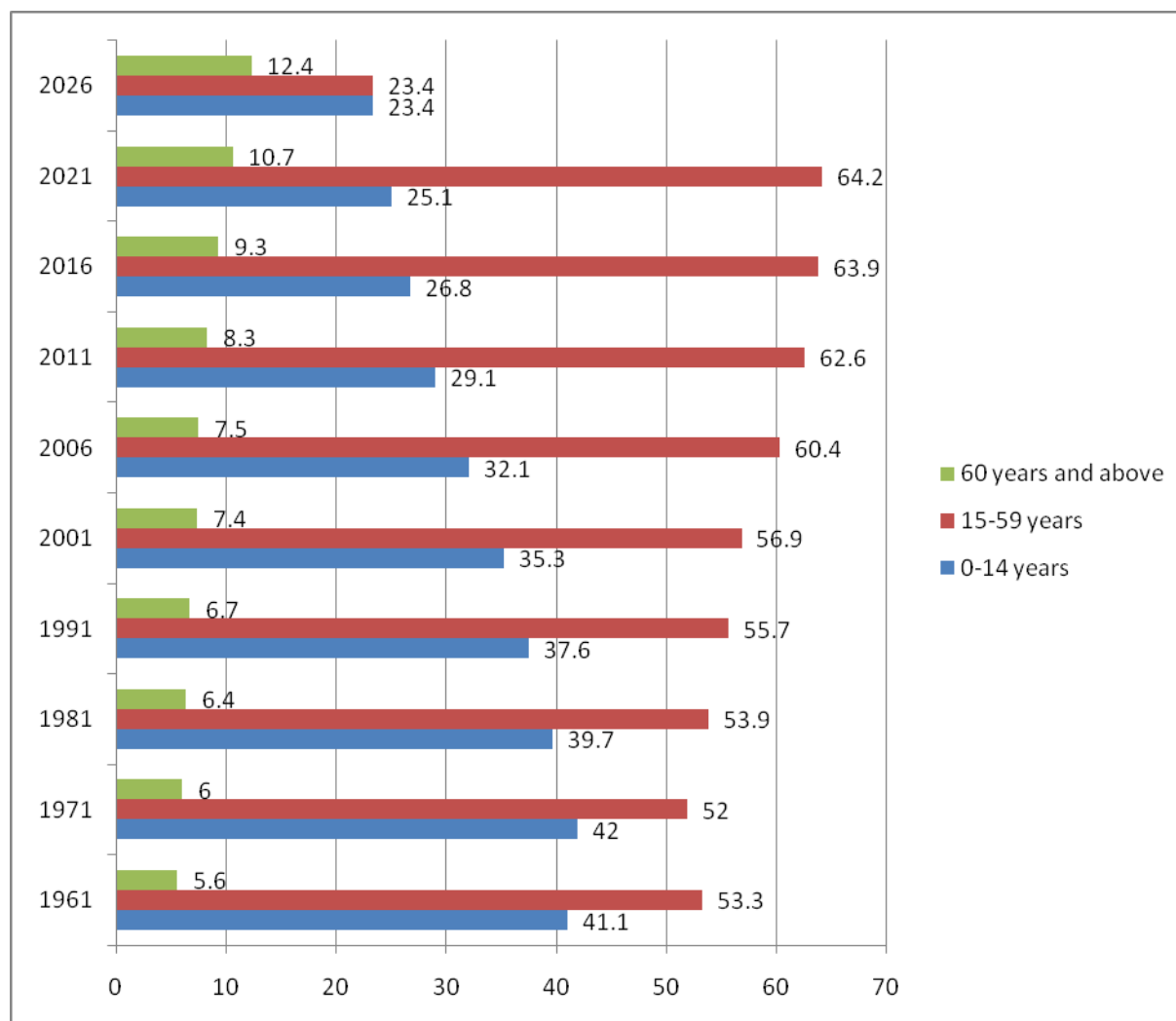
During last couple of decades issues related with the safety, security and well-being of elderly people have received considerable attention worldwide which is evident from the array of policy initiatives and programmes being undertaken at national and international level. This may be in-view of the sensitization created by various stakeholders, be it government or non-governmental entities and the awareness that has taken place in the society due to the policies and programmes executed by state and national governments in accordance with their national commitments and constitutional provisions. Keeping track with the developments at international forums and fulfilling important international commitments that has emerged out of agreements solemnized and plan of actions adopted by the United Nation organizations and its constituent agencies time to time too has motivated people and governments to focus on the well-being of elderly with a renewed vigour.

However, the extent to which the cause of the golden-aged people is being served by all the provisions and programmes at place remains to be a matter of concern for the global society. A cursory look on the documents available in the public domain and series of studies that has been undertaken by individual scholars as well as institutions of eminence on important aspects of concern for the elderly clearly reveal the existing mismatch between the

resources made available for the senior citizens vis-a-vis their gradually increasing population across the counties be it a developed or developing ones.

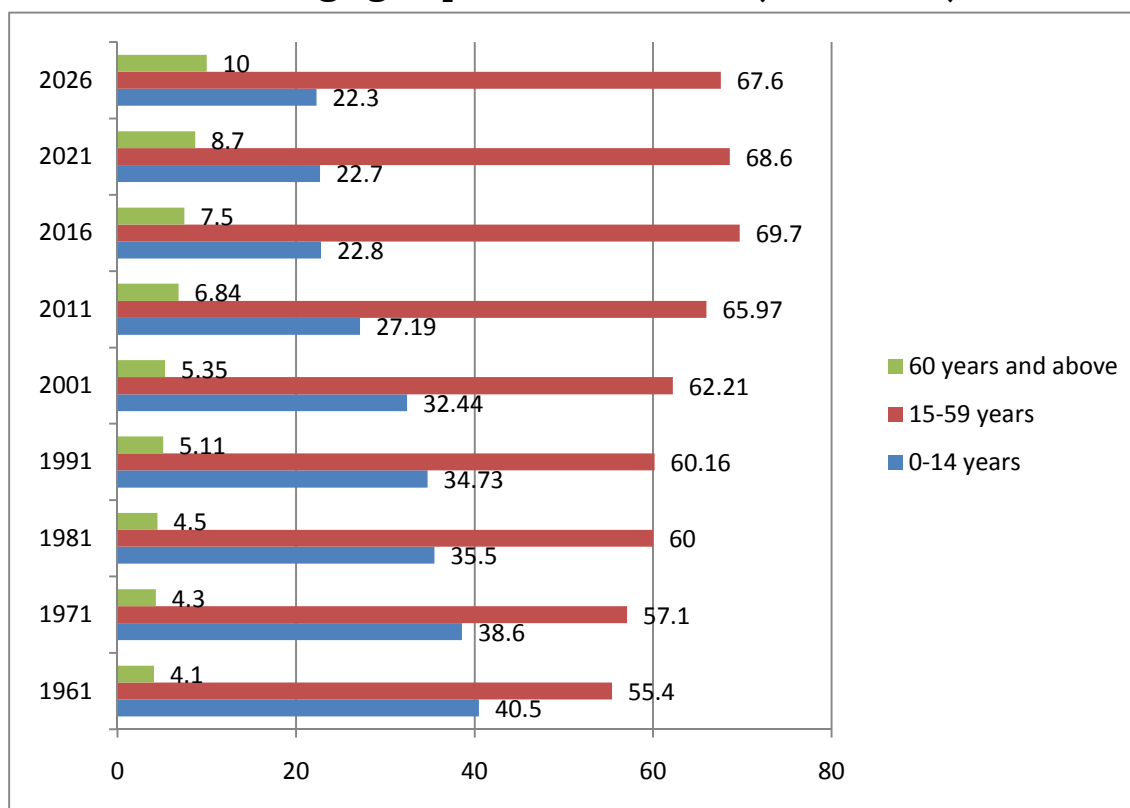
The two bar diagrammes given below presents a comparative picture of percentage increase in the population of elderly from the year 1961 and up to 2026 vis-à-vis other age groups in India (Diagrame-A) and the NCT of Delhi (Diagrame-B):

Diagrame-A: Composition of population (percent) by broad age-groups in India (1961-2026)



Source: 1961-2011 Census of India (Final Figures) and Projections (2016-2026) are based on the Projections of the Technical Group, National Commission on Population (2006).

Diagram-B: Composition of population (percent) by broad age-groups in NCT of Delhi (1961-2026)



Source: 1961-2011 Census of India (Final Figures) and Projections (2016-2026) are based on the Projections of the Technical Group, National Commission on Population (2006).

This evident rise in the population of elderly is primarily due to increase in the levels of life expectancy, reduction in death rates and decline in the fertility levels which affects the demography of the labour market, patterns of consumption and production, trends of savings and investment, priorities in public spending, and delivery of social services and hence arise the need of special attention and strategy to manage the issue. Consequently, ageing of individuals or of population has become an important cause of concern for all its stakeholders who intend to devise different mechanism to tackle the issue.

Ministry of Social Justice and Empowerment is the nodal agency of the Govt. of India and a prime mover for executing schemes and activities for ensuring the well-being of senior citizens. The table below shows the budgetary allocations to this Ministry during 2010-2020 while the chart reflects the hike in the allocation for the same.

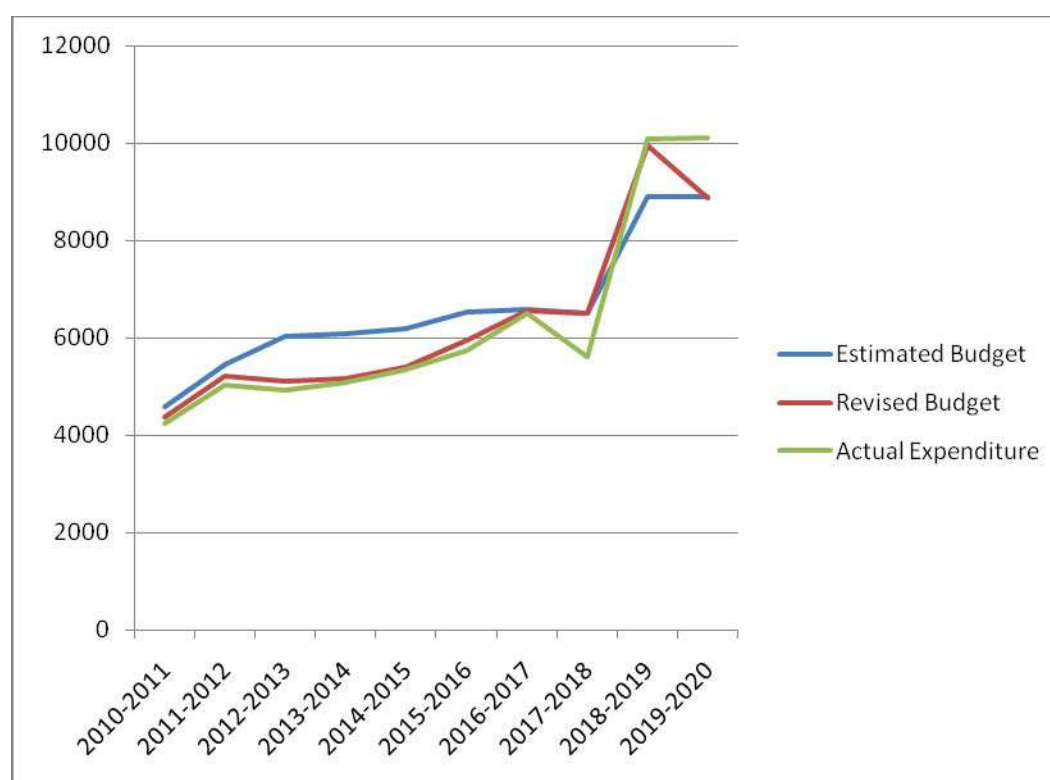
Allocation and Budget details of Ministry of Social Justice and Empowerment

(In crore)

Year	Estimated Budget	Revised Budget	Actual Expenditure
2010-2011	4574.00	4376.41	4244.56
2011-2012	5453.00	5210.00	5029.26
2012-2013	6008.30	5105.20	4939.72
2013-2014	6065.00	5165.00	5080.62
2014-2015	6165.00	5400.00	5349.22
2015-2016	6524.82	5969.45	5752.74
2016-2017	6565.95	6569.39	6516.09
2017-2018	6500.00	6501.33	5608.90
2018-2019	8885.00	9,963.25	10070.50
2019-2020	8885.00	8885.00	10103.57

Source: MoSJE official Website

Standing Committee on Social Justice & Empowerment (2019-20), Lok Sabha Secretariat
December 2019 and Notes on Demand for Grants 2020-21



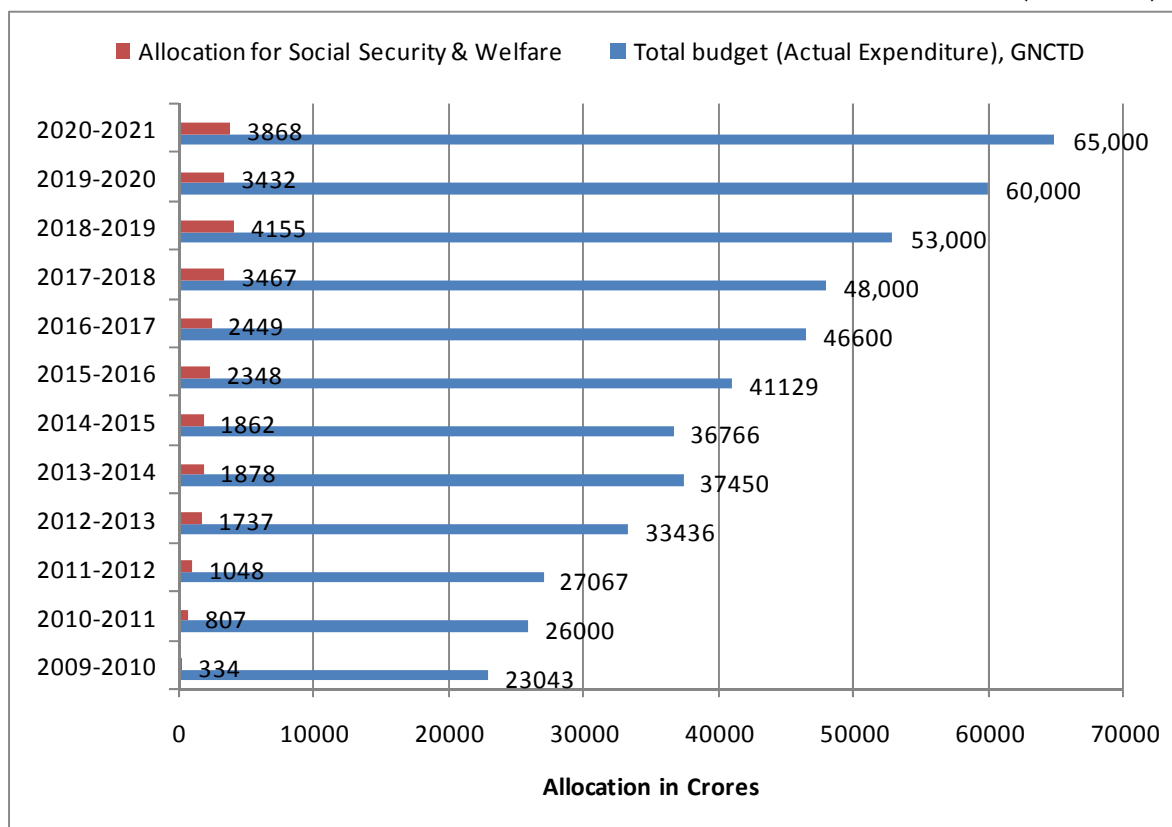
The chart clearly indicates a slow but steady increase in the allocation during the period 2010-2020 and a sharp rise after 2017. However, experts are of the view that this hike in the budgetary expenditure is too less to accommodate the increase in the population of the elderly people in the country and their growing concerns. Hence, it becomes necessary to involve voluntary agencies and also to motivate the elderlies to come forward and take

a lead role to spend a healthy and happy life. Analyzing the efficacy and impact of the already existing programmes like SCRCs, Integrated Programme for Older Persons (IPOP), Rashtriya Vayoshri Yojana (RVY), Indira Gandhi National Old Age Pension Scheme (IGNOAPS), Varishtha Pension Bima Yojana (VPBY), Pradhan Mantri Vaya Vandana Yojana, and National Programme for the Health Care of Elderly (NPHCE) etc has also become pertinent.

The Government of NCT Delhi also has Department of Social Welfare with separate budget allocation. The following diagram gives the information regarding total budget (expenditure) of the Govt. of Delhi and the budget allocation for Social Welfare Department from the year 2009-2010 to 2020-2021.

Total Budget (Actual Expenditure) of GNCTED vs. Allocation for Social Security & Welfare

(In crore)



The present study has been constituted by the Planning Department, Government of National Capital Territory of Delhi in order to evaluate the overall functioning of all the 108 Senior Citizens Recreation Centres (SCRCs) that receive grants exclusively for the senior citizens under the scheme

“Recreation Centre for Senior Citizens”. The specific objectives identified for this evaluation study are as follows:

- To assess the effective use of the facilities (provided by the government) by the senior citizens;
- To assess the extent of capacity utilization;
- To assess the quality of services/socio-cultural activities provided in the centres; and
- To assess the overall impact of the services provided at the centre on the well-being of the beneficiaries.

References:

1. *Education and Aging: A UNESCO Study, the UNESCO Courier, ISSN 0041-5278, No.9 October 1982, page 28.*
2. *Ruprail, Nirmal Silver Generation in India: A Bibliographical Study (1889-2000), SPM Information Gateway of Social Sciences, NASSDOC, Indian Council of Social Science Research.*
3. *Caring for Our Elders: Early Responses India Ageing Report – 2017 published by United Nations Population Fund (UNFPA).*
4. *Protection of the Rights of Older Persons - a Socio Legal Study in the State of Goa and State of Kerala, a thesis submitted to Goa University for the award of the Degree of Doctor of Philosophy in Law by Sandhya Ram S.A., LL.M. 2016.*
5. *Sherin Susan Paul, Prashant Hanumanthappa Ramamurthy, Rakesh Kumar, Mathew Ashirvatham, Kamala Russel John, and Rita Isaac, Seniors' Recreation Centers in Rural India: Need of the Hour, Indian Journal of Community Medicine, 2016 Jul-Sep.*

Chapter - II

Methodology

The present evaluation study has been undertaken on the basis of the objectives specified in the Bid Document (page 6, chapter 4, point 1) issued by the Planning Department, Government of NCT of Delhi dated December 11, 2019.

Objectives

The primary objectives set forth for this study are as follows:

- To assess the effective use of the facilities (provided by the government) by the senior citizens;
- To assess the extent of capacity utilization;
- To assess the quality of services/socio-cultural activities provided in the centres; and
- To assess the overall impact of the services provided at the centre on the well-being of the beneficiaries.

Finalization of Interview Schedules

Two different interview schedules (one for beneficiaries and other for Centre In-Charges) have been used in this study in order to garner the opinion of the beneficiaries and functionaries of the SCRCs on various important dimensions of the centres that has a bearing on the well-being of the enrolled beneficiaries. Apart from this an observation sheet was also used to collect the information from the data collectors. The interview schedules were primarily developed by the Planning Department and furnished as part of the bid document. However, each of the schedules was further discussed in detail by the evaluation team and officials of the Planning Department. The relevant points thus emerged were incorporated in the final schedule based on which primary data was collected. The schedules are placed in Annexure-II.

Orientating the Research Team

In order to sensitize the members of evaluation team about the objectives, approach and methodology including sample size and schedules developed for data collection; an orientation programme was organized on January 15, 2020 in the conference hall of Indian Adult Education Association, New Delhi. A brief presentation was made by highlighting various aspects of



the study and its mandate so that the study is completed within the stipulated timeframe and perfection is maintained during the collection of primary data. This was followed by an interaction within the team so that the doubts, if any, are clarified. The programme was attended by the members of the evaluation team including field investigators, research assistants, and academic staff members of IAEA as well as research scholars from the University of Delhi.

Source of Data & Tools

The data for the evaluation was collected from both primary and secondary sources.

The primary data was collected through standardized interview schedules administered on functionaries of the SCRCs; specifically the one designated as Centre in-charge and randomly selected 10 beneficiaries in each centre out of those senior citizens present at the time of the survey. Relevant opinion and suggestions were also solicited from the officials of concerned departments and academicians having profound experience of working in the field of social welfare for the senior citizens.

Sample Selection

As per the assignment all the 108 SCRCs located in 11 revenue districts of NCT of Delhi were to be covered under this census based study. However, at the end the data was collected only from 106 SCRCs as two SCRCs, one under the aegis of Mahila Bal Uthan Avom Kala Manch, Madangir and the other All India Privartan Sewa Samiti, Patel Nagar found to have been non-functional. As suggested by the Planning Department interview was conducted as per the following time-slots:

Time Slot	Age Group 60-70 Years	Age Group more than 70 years	Total
Up to 12:00 noon	2	1	3
12:00 noon to 4:00 p.m.	2	1	3
After 4:00 p.m.	3	1	4
Total	7	3	10
Including Centre In-charge			11

Though beneficiaries were mostly selected in accordance with the guidelines mentioned above, certain deviations have been made to keep the sample size intact as the opening and closing time of all SCRCs found to be not strictly as per the time schedule. Hence, those SCRCs operating in only one slot 10 beneficiaries per centre and in case of those operating in two slots 5 beneficiaries per slot were interviewed. Secondly, in case of any shortfall in the number of beneficiaries in any age group, it was completed in another age group.

Hence, the effective number of beneficiaries interviewed to derive conclusions for this census study is as follows:

$$\begin{aligned}
 &= \text{No. SCRCs from where required data could be collected} \times \text{no. of beneficiaries interviewed} \\
 &= 106 \times 11 @ \text{ per SCRCs} \\
 &= 1166
 \end{aligned}$$

Data Collection

Different teams comprising of field investigators and research assistants having rich experience in the field of research and evaluation were formed in order to complete the survey within the stipulated timeframe. After the orientation programme and multiplication of interview schedules the data collection started from January 20, 2020 and continued for 14 effective days and completed by February 10, 2020. Since considerable number of centres was found to be not operating from the addresses furnished by the Planning Department it became difficult to locate them at first visit. However, repeated attempts have been made to find out the new address and data collected subsequently. The table below gives date-wise details of the centres covered:

Date	SCRCs	Total
20.1.2020	1. Senior Citizens Council of Delhi 16. Forum for Welfare of Senior Citizens 18. Senior Citizens Welfare Association 23. Senior Citizen Welfare Association 105. Senior Citizen Forum 106. Senior Citizen Forum 108. Navketan Co-operative Group Housing Society, Ltd.	7
21.1.2020	12. Mahila Bal Uthan Avom Kala Manch (not in operation) 15. Aravali Apartments Senior Citizens Forum 17. Kalka Ji Senior Citizen Welfare Forum 19. Senior Citizens Recreation Centre Health Fitness Society 21. Sukhdev Vihar Senior Citizens Welfare Association 22. Jasola Senior Citizen Welfare Society 24. Senior Citizen Welfare Council 104. Senior Citizens and Pensioners Association 107. Madhok Foundation	9
22.1.2020	2. Senior Citizens Welfare Association Recreation Centre 5. Johns Day Care & Boarding for Senior Citizen Association 6. Mata Pita Samman Sewa Trust 7. Senior Citizens Society	9

	9. Varishth Nagrik Kalyan Samiti 10. Adarsh Senior Citizens Association 11. Golf View Apartment Senior Citizens Forum 13. Senior Citizens Welfare Association 14. Senior Citizens Welfare Association	
24.1.2020	94. Senior Citizen Friendship Forum, Janakpuri 95. Aware Recreation center for Senior Citizen 97. Sai Charitable Society 98. Senior Citizen Forum 99. Senior Citizens Welfare Association 100. Varisht Nagrik Kalyan Sanstha 101. Senior Citizens Association 102. Shri Gyan Gangotri Vikas Sansthan	8
27.1.2020	86. All India Parivartan Seva Samiti (not in operation) 87. Varishth Nagrik Sanskritik Sangthan Pooja Park 88. Moti Nagar Senior Citizens Cultural Association 89. Retired Person's Welfare Association Kirti Nagar 90. Senior Citizen Brotherhood Associatio, Ramesh Nagar 91. Raja Garden and Bali Nagar Senior Citizen Welfare Society 92. Senior Citizens Society 93. Senior Citizens Welfare Mission 103. Senior Citizens Forum	9
28.1.2020	53. Senior Citizen Welfare Association 54. Varistha Nagrik Sewa Sansthan 55. DAV Educational and Welfare Society 56. Smt. Tulsa Devi Memorial Society 57. The Mianwali Nagar Senior Citizens Forum (Varista Sadan) 58. Mangolpuri Senior Citizens Association 62. Senior Citizen Welfare Association 63. Silver Citizen Welfare Association, Rohini 64. Society for the Welfare of Senior Citizens	9
29.1.2020	60. SAMPURNA 61. Senior Citizens Welfare Association 66. AP Block Senior Citizen Society Pitampura 67. Sahyog Varishth Nagrik Manch 68. Senior Citizens Recreation Centre 70. Senior Citizens Welfare Society 72. Senior Citizens (SD) Welfare Society 73. Super Senior Citizen Welfare Forum, Shalimar Bagh 77. Senior Citizen Samaj	9

30.1.2020	69. Senior Citizens Welfare Club 71. Senior Citizen Welfare Society 74. Varisth Nagrik Manch 78. Ashok Vihar Block KD Senior Citizen Welfare Association 79. Ashok Vihar Senior Citizen Welfare Association 80. Deep Enclave Senior Citizens Welfare Association 81. Elderly Peoples Forum Recreation Centre	7
3.2.2020	50. Janhit Society for Social Welfare Lal Bagh 59. Varisth Nagrik Kalyan Samiti 65. Sur Nirman Kendra 75. Varishth Nagrik Manch 76. We The Senior Citizens 82. Senior Citizens Welfare Association 83. Senior Citizens Common Cause 84. Senior Citizen Welfare association Shakti Nagar	8
4.2.2020	42. Senior Citizens Assembly 46. Varistha Nagrik Manch 47. Rachna Women Development Association 48. Dev's Educational Society, Narela 49. Vishram Senior Citizen Welfare Association 51. Women Educational and Welfare Society 52. RS Rohini Educational and Charitable Society	7
5.2.2020	38. Bhartiya Parivardhan Sansthan 40. Dilshad Garden Senior Citizen's New Council 41. St Stephen Hospital Center for Senior Citizens 44. Nari Uthan Samiti 45. Senior Citizen Welfare Organization 85. Delhi Brotherhood Society	6
6.2.2020	26. East Vinod Nagar Senior Citizen Welfare Association 33. Delhi Officers Co-operative House Building Society Ltd. 34. Indraprastha Senior Citizen Association 35. Ministry of Health Co-op. House Building Society Ltd. 36. Varishth Nagrik Vikas Manch 37. Anugraha, swabhimani parishar, Delhi- 32 39. Dilshad Colony Senior Citizens Welfare Association 43. Senior Citizen Welfare Association	8
7.2.2020	8. Senior Citizens & Pensioners Welfare Association 25. East End Apartments Resident Senior Citizen's Association	

	27. Senior Citizens Welfare Society 28. Senior Citizens Welfare Association 29. Senior Citizen Welfare Association 30. Senior Citizens Welfare Association 31. Senior Citizen Welfare Association 32. Senior Citizens Welfare Forum	8
10.2.2020	3. The Senior Citizens Welfare Association 4. Senior Citizens Welfare Association 20. Triveni Senior Citizens Forum 96. The Delhi Sainik Co-operative House Building Society	4
Number of SCRCs covered (leaving two non-functional centres)		106

Tabulation

To facilitate tabulation, each centre has been given a specific number well before data collection started (Annexure-VII). After completing the collection of data Tables have been prepared for each of the component by using this allotted numbers.

Chapter – III

Findings

This chapter attempts to revisit the prime objectives of this evaluation study once again and unfold it systematically to analyse the data and information collected from all the stakeholders of this scheme simultaneously and contextually in order to derive specific outcomes/conclusions. Based on these outcomes and conclusions it further endeavours to draw specific recommendations deemed necessary for the enhancement of the overall impact of the scheme on the well-being of the elderly people in Delhi.

The outcome of this evaluation study has been given under two sub-heads - General outcome and Rating.

The **general outcome** deals with the overall scheme which includes profile of the SCRCs, Centre In-charge and the beneficiaries; an analysis of the extent to which facilities provided at the centres utilized, quality of socio-cultural activities organized at the centres and finally the impact of all these programmes and activities on the well-being of the beneficiaries.

The **rating** given is on the basis of a comprehensive formula developed for the purpose based on their performance. Formula placed in Annexure-VI.

A comprehensive detail regarding each of the 108 SCRCs has been given as Annexure- VIII.

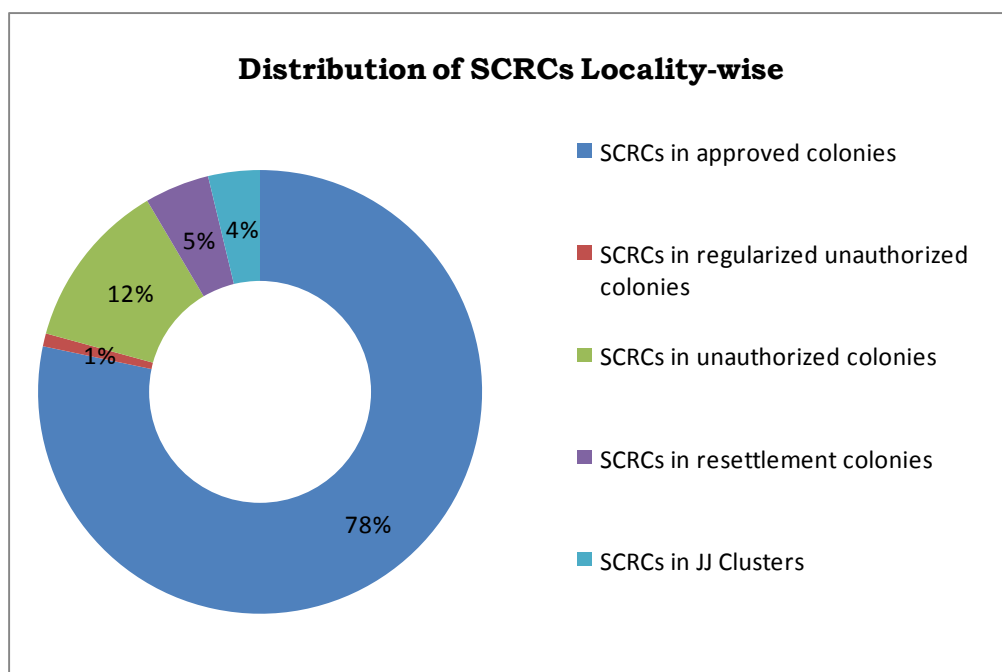
At the very outset of detailing the findings it seems relevant to appreciate the nomenclature given to this very scheme as Recreation Centre for Senior Citizens which suitably accommodates the whole gamut of facilities, programmes and activities furnished at the centre while motivating the beneficiaries to come to spend their leisure time in a relaxed and congenial environment with a qualitative approach. This title was appreciated by almost all the beneficiaries who came forward to share their experience and opinion.

Findings: General Outcome

1. Profile of the SCRCs

1.1 Locality-wise

At the time of inception of this scheme it was targeted to open at least one SCRC in each legislative assembly of Delhi. Later on government agreed to open 140 centres across NCT of Delhi of which 108 have already been sanctioned. These centres are operating in various localities of Delhi which can be broadly classified into approved, regularized unauthorized, unauthorized, resettlement and JJ clusters. As these settlements differ from each other in regard to the percentage of population, economic status, density of population, infrastructure development, availability of resources and presence of government institutions and other mechanisms to provide basic facilities and hence, it becomes pertinent to notice the distribution of these centres area-wise. The chart given below shows the distribution of SCRCs area-wise:



It has been found that the major chunk of the SCRCs (78%) are located in the approved colonies with 12% in unauthorized colonies followed by 5% in resettlement colonies, 4% in JJ clusters and only 1% in regularized unauthorized colonies.

According to an estimate by Institute for Human Development 2016 percentage of population residing in different types of settlements in Delhi is as follows:

Types of Settlements in Delhi	% of population
Approved/planned colonies	23.7
Regularized – Unauthorized colonies	12.7
Unauthorized colonies	5.3
Resettlement colonies	12.7
JJ Clusters	14.8
Urban village	6.4
Rural village	5.3
Slum designated areas	19.1
Total	100

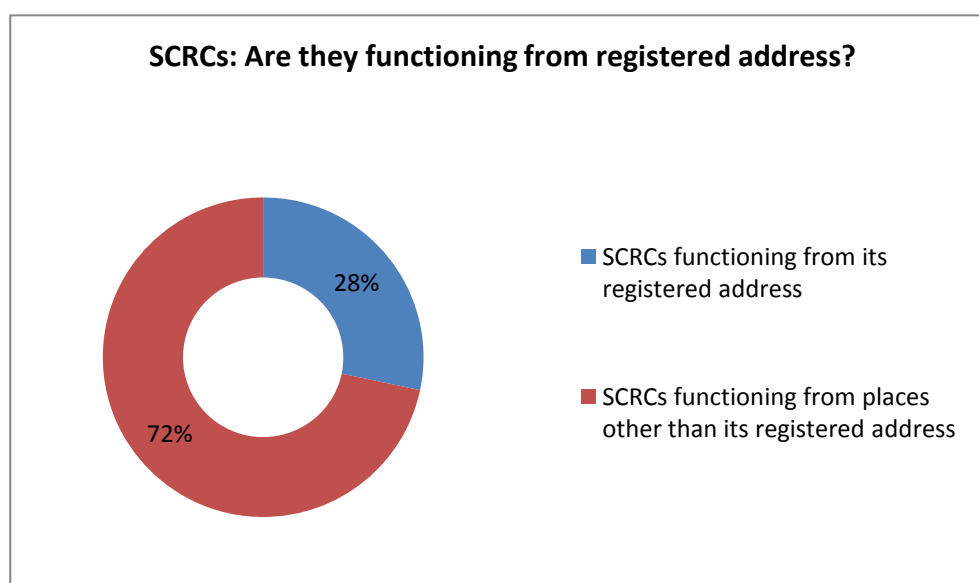
It means that 78% of SCRCs are catering to the needs of senior citizens residing in 23.7% of the total population in Delhi. It needs to be noted that elderly people living in less equipped zones may be facing more challenges as compared to those residing in the planned colonies. Hence, it may be appropriate that elderly people living in less developed areas may be given priority over the others living in much developed colonies. They often don't find means to tackle their routine problem and hence, need to be encouraged.

The sanctioning department may adopt a suitable policy in order to keep a balance between the number of senior citizens residing in a particular form of localities and the number of SCRCs being sanctioned to these localities so that elderly people residing in the regularized unauthorized colonies, unauthorized colonies, resettlement colonies and JJ clusters may also have an equal opportunity to spend quality leisure time as well as have the benefit of this scheme on equal footing.

1.2 Whether operating from registered address or elsewhere?

Possible details of all the 108 SCRCs forming the universe for this census based evaluation study were furnished by the Planning Department, GNCTD. The team of field investigators tried to locate the centres with the help of given details and faced considerable difficulties in locating them as a large number of SCRCs were found not operating from their registered address. The chart below

gives a picture of SCRCs operating from their registered address and those who operate from elsewhere:



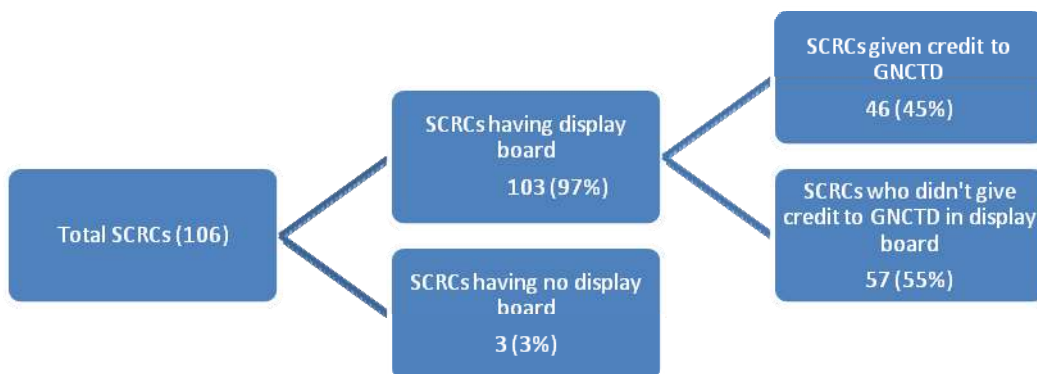
It has been found that only 28% of centres operate from their registered address whereas 72% operate from a different location. Even some of them operate from the nearby parks or temples/gurudwaras.

It may be appropriate that the agencies/organizations that have been sanctioned centres should inform the funding/monitoring department any change in the location so that their postal address is updated. This will enable the monitoring officers reach the locations without any difficulty.

1.3 Whether GNCTD's sanction and support to the scheme has been recognised?

Display boards carrying the name of the scheme, organization and purpose of running recreation centre plays an important role in connecting the target audience with the recreation centres, apart from informing the general public about the scheme/programme available for senior citizens. Absence of such display boards may be a stumbling block for information dissemination which may affect the senior citizens to avail the facilities. Display of such boards can also become a tool for advertisement. The chart below shows the

percentage of SCRCs which have recognised GNCTD's sanction and support vis-a-vis those who didn't have any display board at all:



The chart reveals that out of 106 SCRCs from where relevant data was collected 103 i.e. 97% of SCRCs found to have display boards installed in front of the building/accommodation from where they operate. However, only 46 (45%) centres have recognised GNCTD's support by clearly mentioning the financial assistance received from GNCTD to run the centre while 57 (55%) have not mentioned it at all.

It seems essential that all the SCRCs receiving government grants should display it in bold letters since it recognizes government's sanction and support and thereby helps elderly people to understand that a particular centre is not a privately owned establishment and they can freely avail the opportunity by getting enrolled as beneficiaries as a matter of their natural right. Government owned or assisted establishments have their own recognition and accountability which further encourages elderly people to get associated with it.

Hence, those centre which have not mentioned the name of the government establishment/department/agency from which financial assistance is received may have to be directed to do so immediately with suitable instructions to install the board at such places easily visible for everyone.

1.4 State of Concurrent Monitoring of the SCRCs

Monitoring by competent authority is essential for proper and smooth functioning of any welfare scheme. It helps a scheme to upgrade itself in order to accommodate the emerging need of its beneficiaries and reach its specified objectives. This scheme too has a provision of monitoring by District Social Welfare Officers (DSWOs) on regular interval. As per mandate DSWOs are expected to visit each centre functioning within their area of operation and

record their observations by filling-up the “inspection performa (Annexure-III)” developed for it. The table below shows the state of concurrent monitoring of the programme:

Sl.	Types of SCRCs	Yes	No
1.	Whether the SCRC is inspected/visited by DSWO?	98 (92%)	8 (8%)
2.	Whether inspection register is maintained by SCRCs?	63 (59%)	43 (41%)

It has been found that out of 106 centres evaluated 98 centres have been visited by the District Social Welfare Officers. However, the record of inspection is available only in 63 centres. Hence, it may be appropriate that such an important document should be maintained by all the centres visited by the officers concerned so that their observations are not only useful for the growth of the centres but also become an important tool for future evaluation.

A cursory look of the inspection/visit records of the officers concerned shows that they have checked more about the expenditure and facilities available in the centres but at the same time the beneficiaries felt during the discussion that their problems may also be noted and as far as possible solutions found.

As most of the centres are run by persons who themselves are senior citizens, they were of the opinion that maintaining records appear to be a lengthy and difficult proposition for them though the need of it cannot be denied as fast communication between the SCRCs and the Department of Social Welfare as well as a strict and regular monitoring will enable them to sort out their problems quickly. Hence, if possible a web based monitoring system can be developed to keep the relevant records which can be a source of public information from where any elderly person can locate a SCRC in their close vicinity and also learn about the facilities available there. It may also act as a prime source of dissemination of information for this scheme which appears to be gaining popularity amongst the elderly persons of Delhi.

1.5 Distribution of SCRCs according to their managing /parent organizations

As per the eligibility clause for receiving government grants under the present scheme entitled “Recreation Centre for Senior Citizens” any Senior Citizen Organizations, Resident Welfare Associations (RWAs) and Group Housing Societies or NGOs who work exclusively on the issues related to the

welfare of Senior Citizens can apply. The table below gives a picture of all the 106 SCRCs in accordance with their managing organizations:

Sl.	Types of SCRCs	Total no.	Percentage
1.	SCRCs functioning under senior citizen created organizations or in collaboration with RWAs	83	78%
2.	SCRCs functioning under NGOs/Group Housing Societies	23	22%
Total		106	100%

It is evident from the table that out of 106 centres 83 are solely managed by Senior Citizens' organizations or working in association with RWAs while remaining 23 are managed by NGOs / Group Housing Societies working in the field of geriatric care.

It has been observed that there exist certain difference between the centres managed by Senior Citizens' Organizations or RWAs and those managed by NGOs/Group Housing Societies. In case of the centres managed by Senior Citizens Organizations or RWAs the whole affair is managed by the enrolled senior citizens themselves which certainly gives a sense of belongingness and promotes leadership amongst the beneficiaries. In turn it gives a sense of satisfaction also. On the other hand in the centres managed by NGOs/Group Housing Societies the affairs are taken care of by the functionaries of NGOs/ Group Housing Societies. Here the role of senior citizen becomes confined to avail the facilities only. However, centres run by NGOs have added advantages as they have other programmes in which senior citizens are also involved.

The system presently adopted by the department for the sanctioning the centres run under the aegis of different organizations is a welcome step as the one run by the senior citizens themselves have the advantage of ownership and belonging for the beneficiaries but they do not have proper training to run such programme. At the same time centres run under the aegis of NGOs have the advantage of better management and participating in different programmes which are funded by other sources. Unfortunately, the only disadvantage is no belongingness for the programme of senior citizens as they have to implement various other programmes also.

The Department of Social Welfare may take initiative to advise the Senior Citizens Council of Delhi, a registered body since 2007 to organize periodically conferences, seminars, workshops or training programmes for the functionaries

of all the 106 centres so that they are able to exchange their experiences and improve the quality of programmes and activities conducted in their own centres.

1.6 Distribution of SCRCs according to the nature of their premises

The nature of premises in which a centre conducts its programmes or activities plays an important role in the overall functioning of SCRCs and hence, information was solicited to ascertain whether a recreation centre is running from government building, rented building; own building and other (including parks, temples or gurudwaras). The table given below shows the picture of recreation centres according to the nature of the premises in which they conduct their activities:

Sl.	Types of SCRCs	Total no.	Percentage
1.	SCRCs running from government building	61	58
2.	SCRCs running from rented building	22	21
3.	SCRCs running from own building	14	13
4.	SCRCs running from open park/temple	9	8
Total		106	100

It has been found that out of 106 centres 61 are running in the government building while 14 have their own buildings. The remaining centres are either in the rented buildings (22) or in open park/temple/gurudwaras (9).

It has also been observed that government buildings and the buildings owned by SCRCs are mostly located in prime places where beneficiaries found to be coming without any hesitation. This is not always true with the rented accommodation. At some places the rented accommodations have been found to be a one room or two rooms set where remaining part of the same premises is occupied by the members of the owners' families. In such cases it becomes difficult for the beneficiaries to go there and spend their time usefully without any hesitation.

It was observed that SCRCs located at prime places, easily accessible and having sufficient space for sitting and conducting recreational activities are able to attract more number of beneficiaries in comparison to those centres that operate from parks or located in places away from their residential areas.

Hence, the Department of Social Welfare may find suitable accommodation in a government building for those centres which are still running from rented accommodations. Community centres, choupals and government constructed marriage halls may be used for this purpose.

1.7 Distribution of SCRCs according to the number of enrolled beneficiaries

A considerable variation was recorded as regard to the number of enrolled beneficiaries with the SCRCs. The tables given below shows the picture of SCRCs according to the number of their enrolled beneficiaries:

Sl.	No. of enrolled beneficiaries	Total no.	Percentage
1.	50-100 beneficiaries	22	21
2.	101-500 beneficiaries	67	63
3.	501 -1000 beneficiaries	8	8
4.	More than 1000 beneficiaries	9	8
Total		106	100

The table above shows that out of 106 centres 22 have the strength of beneficiaries from a minimum 50 to 100 while 67 centres have the strength between 101 to 500, 8 from 501-1000 and the remaining 9 have more than 1000 beneficiaries.

Strength of beneficiaries plays an important role in the success of a particular centre. At the same time it is one of the important factors which have to be taken into account for the smooth management of the centres because it too has a considerable impact on the expenditure of the centre.

However, at present the grants sanctioned to the SCRCs are irrespective of their enrolled strength and hence whether an organization having a minimum strength of 50 enrolled beneficiaries or organizations catering the need of a maximum of 3000 beneficiaries (as recorded in this study) receives equal amount of grant. The grant differs only with respect to the space available. SCRCs having premises, whether rented or owned, receive a recurring grant of Rs.20, 000/- per month whereas those having no premises receive Rs.10, 000/- per month only.

In view of this repeated request has been made by the management committee of the centres running either from rented accommodation or from parks, temples/gurudwaras to allot them suitable government accommodations. The insufficiency of recurring grant sanctioned at present is also underlined by almost all the centres having more than 100 enrolled beneficiaries. Functionaries of these centres are of the view that the recurring grant given should be proportionate to the strength of enrolled beneficiaries so that at least light refreshment along with tea or coffee is provided to the senior citizens who spend most of their active time at the centres.

Hence, sanction norms can be suitably revised to accommodate the concerns of nearly 79% of the centres having strength of more than 100

enrolled beneficiaries for whom the present sanction appears to be quite insufficient.

2. Profile of the Centre In-Charge

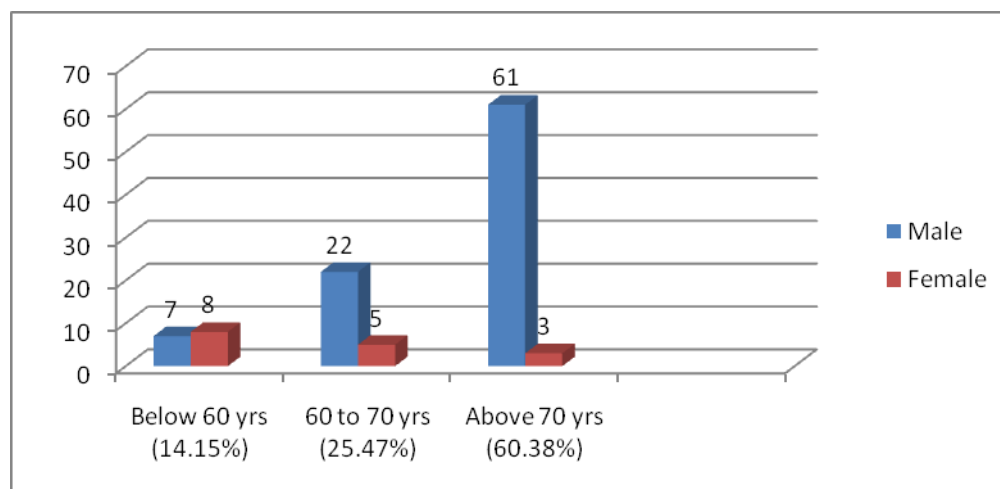
According to the guidelines issued by GNCTD each SCRC has to be managed by a Management Committee comprised of 5 senior citizens of the area served by it. Along with management of funds this committee has been assigned certain specific responsibilities for ensuring smooth functioning of the centre. They are:

1. To monitor the activities of the Recreation Centers in a periodical manner about the quality and quantity of services provided to Senior Citizens.
2. To maintain administrative and operations records including those pertaining membership, procurement of items and services, bills paid to various goods and services provided, etc.
3. To impart in-service training to the manpower in the Recreation Centers time to time.
4. Periodic publicity and awareness amongst the public in respect of Recreation Centers and Welfare of Senior Citizens activities.
5. Submission of annual progress report to the State Government.
6. Coordination with various governmental and non-governmental agencies in respect of implementation of Senior Citizens Policy through these Recreation Centers.

2.1 Age and gender-wise distribution of Centre In-charge

Execution of responsibilities mentioned above requires sufficient exposure in handling the issues pertaining to such welfare schemes on the part of members of management committee. Although, the guidelines issued for this scheme has no mention of a particular post like Centre In-charge, in practice, each of the centre is having some individuals or a team of individuals carrying out the above responsibilities in a systematic manner. They are frequently referred as Centre In-charge. As a team leader Centre In-charge plays a very important role for effective and efficient functioning of the centre and hence, it becomes essential to understand their profile as well as their opinion regarding

issues related with the functioning of SCRCs. The chart below gives age and gender-wise details of the Centre In-charge:



The guideline says that all the above responsibilities have to be carried out by the senior citizens only. However, in practice it has been found that a number of SCRCs have introduced younger people in order to transact the day-to-day business of the centres as well as the hectic role to be played by the Centre In-charge. This appears to be a common phenomenon for the centres being run by NGOs which recruit students or professionals with social work, gerontology and other allied disciplines as their academic background in view of providing quality care to the senior citizens. In few cases Senior Citizens' Associations have also found taking help of younger people coming from their close circle with a philanthropic motive and working on honorary basis.

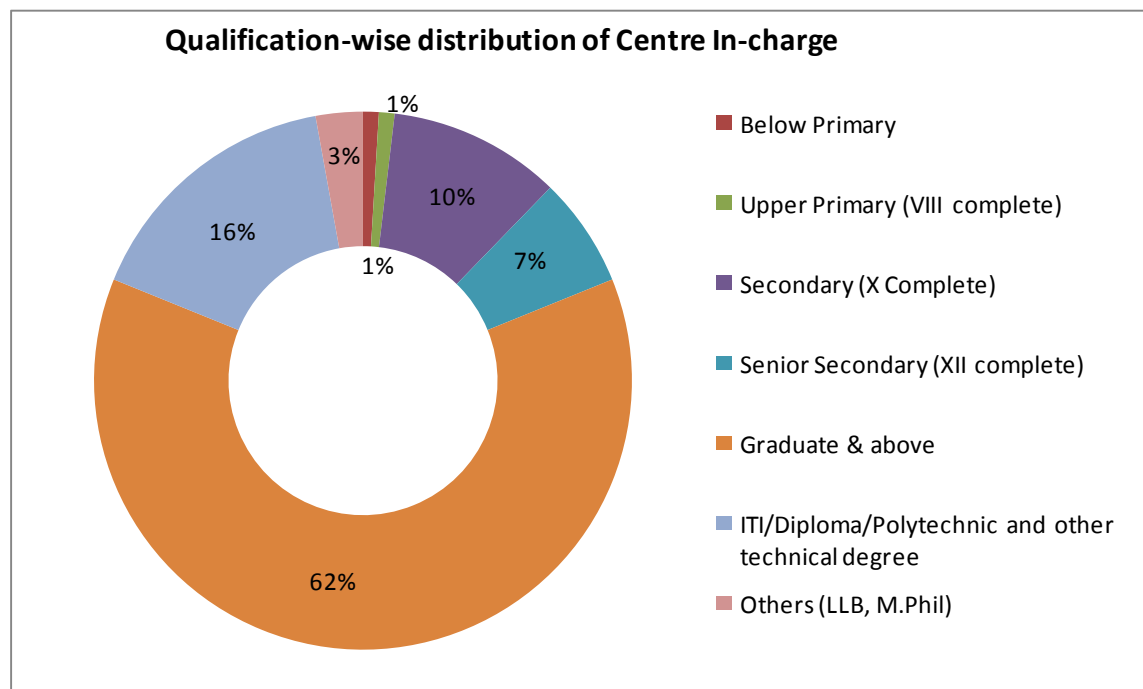
It is quite apparent from chart above that 15 SCRCs (14.15%) have In-charge below the age 60 years out of which 7 are male and 8 female. 27 SCRCs (25.47%) have In-charge in 60-70 years of age group in which 22 are male and 5 are female. A major chunk i.e. 64 SCRCs (60.38%) have In-charge from 70 years and above age group in which only 3 are found to be female.

It is also evident that out of 106 only 16 SCRCs (15.09%) are having female as its Centre In-charge. It may be noted here that amongst the respondent beneficiaries the percentage of female are around 28.68%. It shows that elderly women are still lagging behind and unable to take a lead role in managing the affairs of the centres. This also reveals the inherent gender disparity in the society.

Hence, incorporating innovative ideas and providing such necessary facilities that may encourage the involvement of elderly women in managing the affairs of the centre is desirable. Establishment of women specific SCRCs can be a way forward.

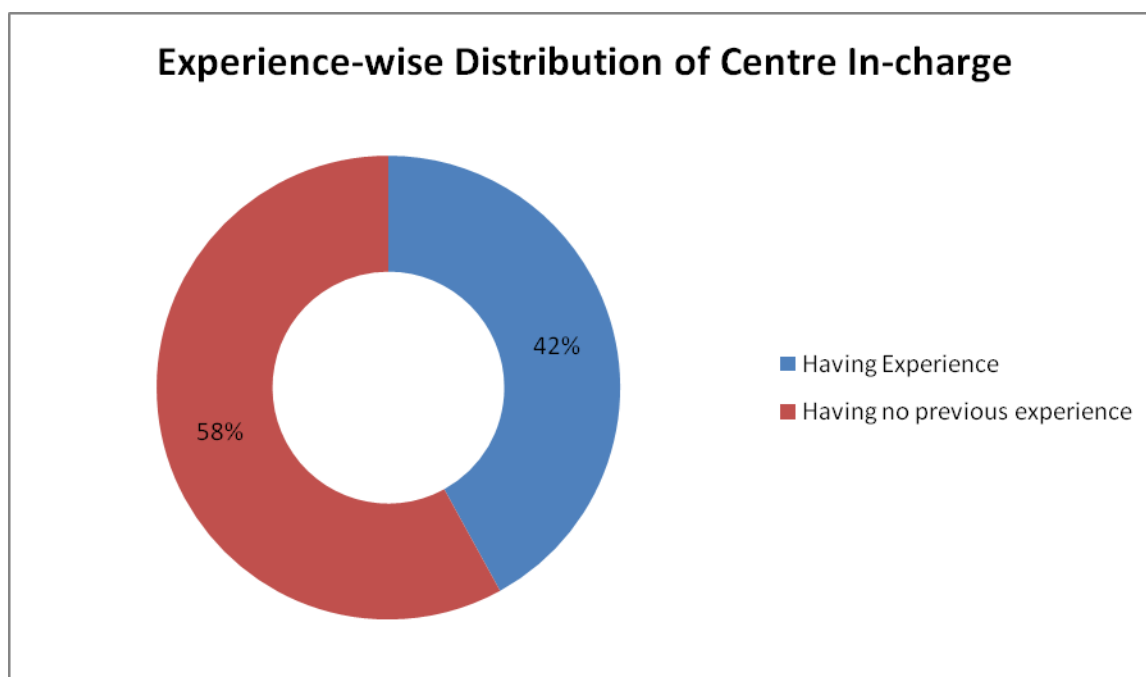
2.2 Distribution of Centre In-charge qualification-wise

Centre In-charge appears to be the prime connecting link between the enrolled beneficiaries and programmes or activities organized by the SCRCs. He/she is supposed to maintain a fine balance between the expectation of elderly people and the programmes being conducted at the centre so that elderly people are continuously motivated to come to the centre, feel like at home and spend their leisure time. This requires orientation, training and suitable experience on the part of the functionaries of SCRCs. The Doughnut below reflects upon the qualification and experience of Centre In-charge respectively:



It shows that 81% of the Center In-charges are found to be well qualified persons while a meager 2% only is managed by persons studied upto primary/upper primary. The remaining 17% of the Centre In-charges have secondary/senior secondary qualification.

2.3 Distribution of Centre In-Charge experience wise



As far as experience of running such welfare scheme is concerned only 42% found to have some experience by virtue of their profession or association with other social organizations or activities. Remaining 58% SCRCs have Centre In-charges who do not possess any previous experience of working in social welfare programmes.

Apart from recreational activities SCRCs are also expected to provide certain basic facilities at the centres which include provision for part time medical doctor and emergency medicine, referral services for sending senior citizens in need of emergency care to appropriate hospitals, developing linkages with senior citizen clinic run by GNCTD, providing services of a counsellor, contact with the nearest police station in order to provide necessary protection and helping senior citizens to enable them filing property tax, income tax, etc. This requires persons with due exposure and training in the concerned field.

However, none of the In-charges reported to have undergone any formal training. Whatever they are able to do is because of their own interest, dedication, experience gained during their professional carrier and sense of responsibility towards their fellow friends.

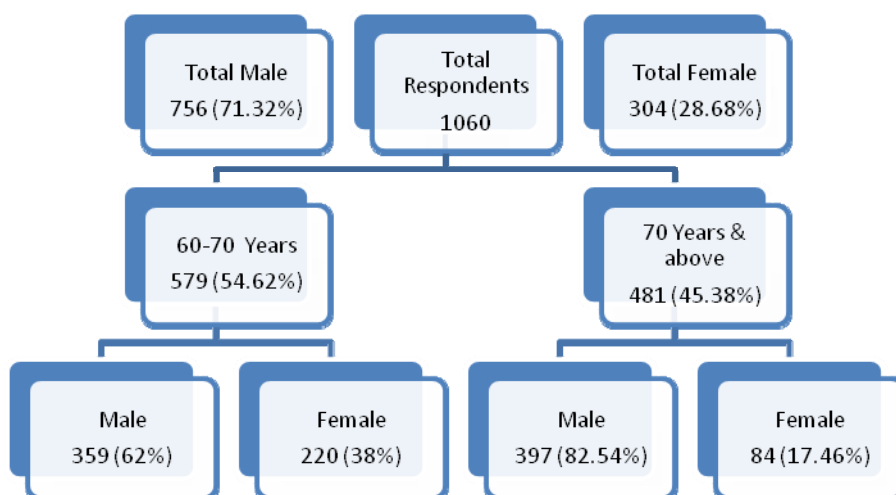
Hence, suitable mechanism may be developed in order to provide training to interested senior citizens identified fairly from each of the SCRC. The Department of Social Welfare may take initiative to identify a few senior citizens interested to avail training from each centre and connect them with the training programme being conducted by National Institute of Social Defence or

other such agencies. The University Department of Adult, Continuing Education and Extension of University of Delhi, JNU and Jamia Millia Islamiya can be associated to provide training/orientation and exposure to the functionaries of these centres. This will be beneficial for both the students looking for a career in the field of adult education, social work and geriatric care and also to the centres.

3. Profile of Beneficiaries

As per records made available to the evaluation team, the total enrolled strength of 106 SCRCs was 42,548, out of which 4388 senior citizens of all age groups (both male and female) were present at the time of survey. According to the selection criteria suggested by the Department of Planning 10 beneficiaries from each centre need to be interviewed, meaning the total number to be covered is 1060. This criterion has been strictly followed while conducting the interview.

3.1 Age and Gender-wise distribution of beneficiaries



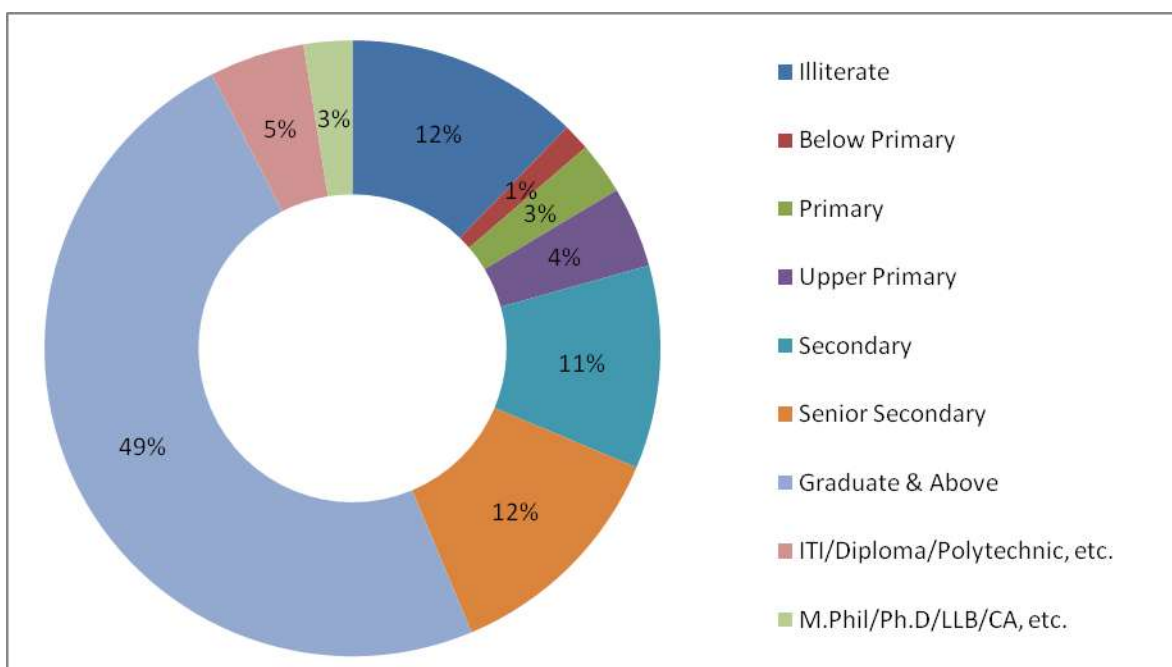
Out of 1060 respondents the number of male was 756 and female 304. As per the age group from 60-70 years the number of persons interviewed was 579 while 70 years and above was 481. It may be noticed in the chart that in the age group 60-70 years also male was 359 and female 220. At the same time in the age group 70 years and above male were 397 with female 84.

As per the report of Central Statistics Office, Ministry of Statistics and Programme Implementation, Government of India titled 'Elderly in India 2016', the total population of Delhi estimated to be 20 million, out of which 1.2 million was elderly people which works out to be 8%. At the same time 106 SCRCs as of now cover a total of 42,548 elderly people which is only 0.042 million. Due to many social welfare programmes of the governments including better health services the average life span of Indian citizens has increased a lot in the last many years. Hence, the coverage we are making is only a tip of the ice-berg.

Hence, it may be appropriate that the number of SCRCs are increased fairly covering all types of settlements so that the fruit of services provided to elders are useful. We may also note that the elderly people often find it difficult to go beyond certain distance on their own and hence, SCRCs are necessarily to be closer to the residential areas where the number of elders living is more.

There are 70 Assembly Constituencies in Delhi with 272 wards. The future plan of expansion can be at least one SCRC in each ward. The concerned MLAs/MPs can be motivated to allocate some money for SCRCs in their constituencies from the funds of Local Area Development.

3.2 Qualification-wise distribution of beneficiaries



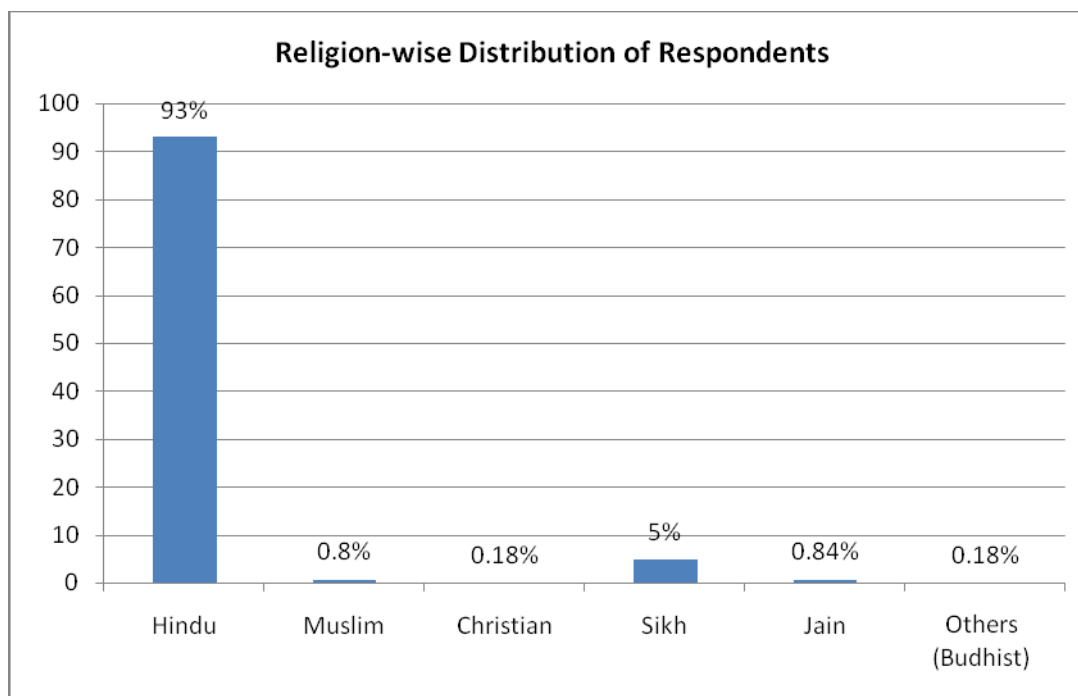
From the Doughnut above it is clear that vast majority of the beneficiaries covered in SCRC programmes is persons who are having the qualification graduate and above (49%) followed by Senior Secondary (12%), Secondary (11%), Vocational/technical certificate/diploma holders (5%), Upper

Primary (4%), Primary (3%), M.Phil/Ph.D/LLB/CA (3%) and below Primary (1%). The percentage of illiterates covered is 12.

This shows that elderly people irrespective of their academic background are participating in the activities of SCRCs and availing the facilities and services provided for their well-being. However, the coverage also shows that a lot of efforts need to be taken to cover less privileged senior citizens who have very limited chance of recreational facilities at home and the places where they live.

It may also be appropriate that centres having considerable number of illiterate beneficiaries can be linked to Delhi Schools Literacy Project (DSLPP) so that they are able to learn functional literacy.

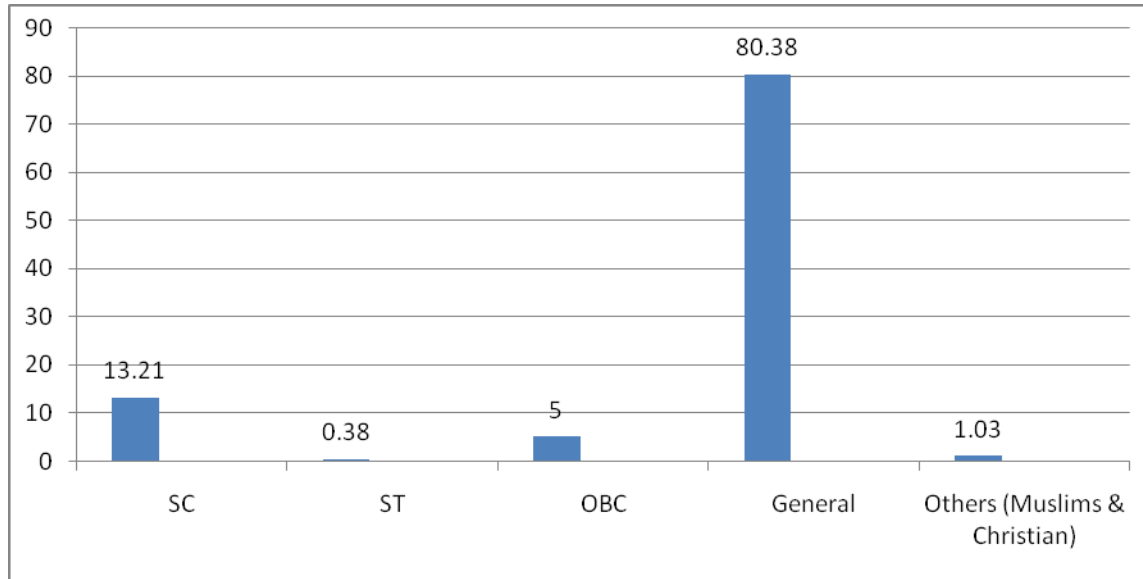
3.3 Religion-wise distribution of respondents



The chart above shows that almost 93% of the respondents are found to be Hindus. The percentage of beneficiaries from Muslim, Christian, Sikh and Jain communities is found to be 0.8%, 0.18%, 5% and 0.84% respectively. Another 0.18% of the beneficiaries are the followers of Buddhism.

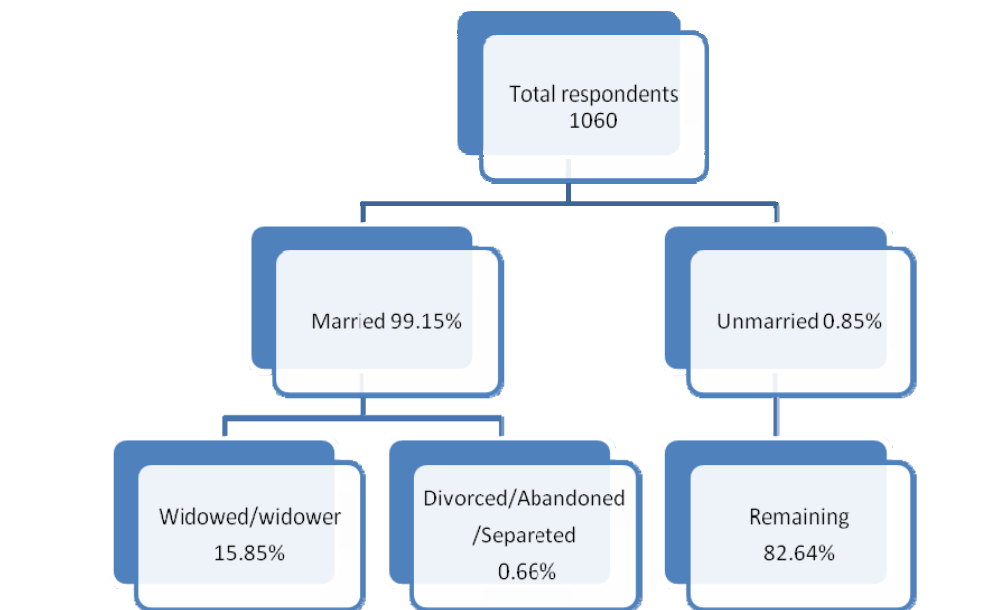
The future plan of expansion can keep it in mind for opening more number of SCRCs in those areas where minority population resides.

3.4 Caste-wise distribution of beneficiaries



It was found that 80.38% of the beneficiaries were from general caste whereas the percentage of beneficiaries coming from SC, ST and OBC communities were 13.21%, 0.38% and 5% respectively. Other 1.03% beneficiaries were from Muslims and Christian communities who informed that they do not belong to any caste.

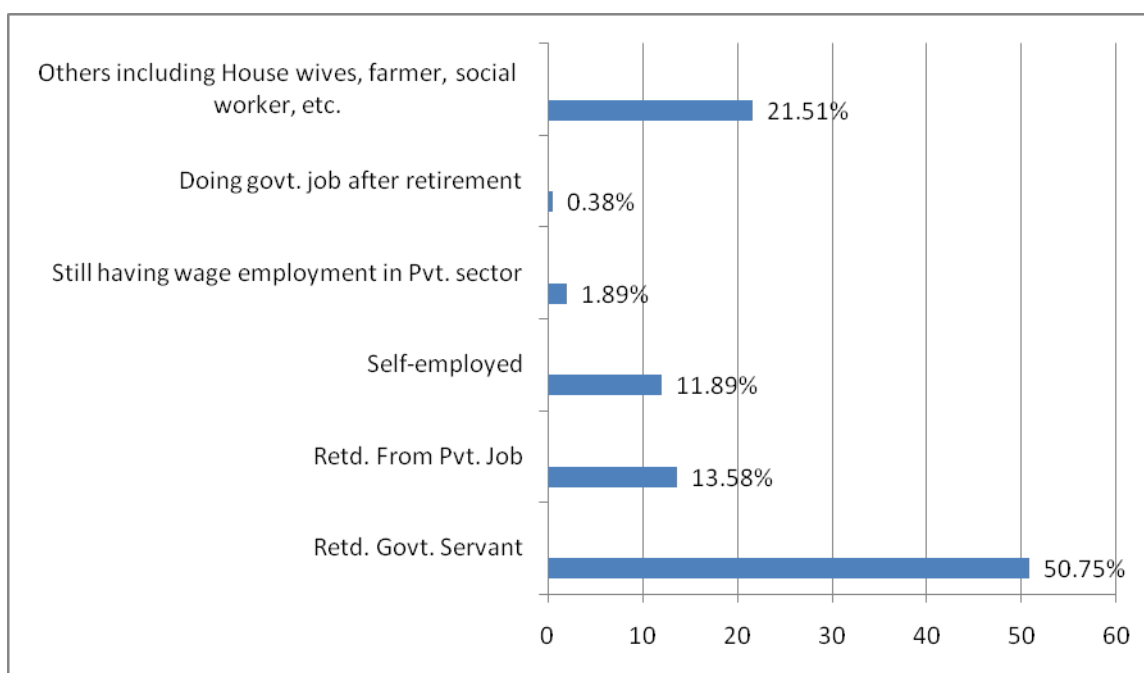
3.5 Distribution of beneficiaries according to Marital Status



The chart above reveals that 99.15% of the beneficiaries are married and only 0.85% unmarried. However, among the married 15.85% found to be

widows/widowers and 0.66% divorcees/abandoned/separated. This number clearly shows that SCRCs fairly cover all shades of people and the centres are able to provide an interactive platform and suitable environment for recreational activities. On enquiry it was also found that a number of centres have established linkages with legal authorities (like District Legal Services Authority) and are successfully providing necessary counselling and legal help for settling the issues relating to family disputes, mostly faced by the divorced, abandoned or separated women. It may be appropriate that centres that are yet to develop such linkage may be motivated to do so as early as possible.

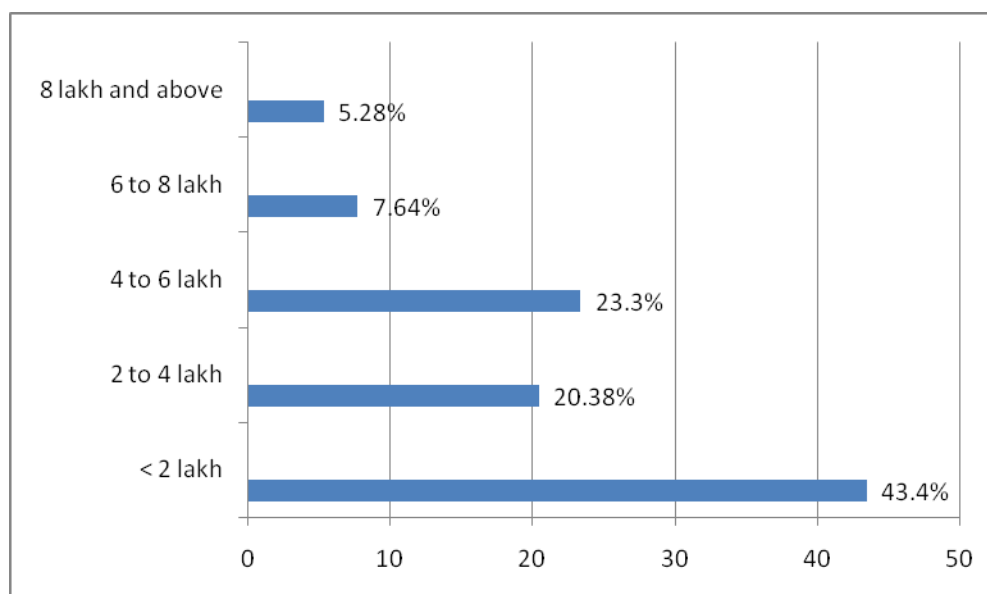
3.6 Distribution of beneficiaries Occupation-wise



As shown in the above diagram, 64.33% of the beneficiaries are retired persons out of which 50.75% retired from government service and 13.58 from private enterprises. Others include housewives/farmers/social workers at 21.51%, wage employed in private sector at 1.89% and 0.38% of the beneficiaries are employed in government sector after retirement. Around 11.89% informed that they are self-employed.

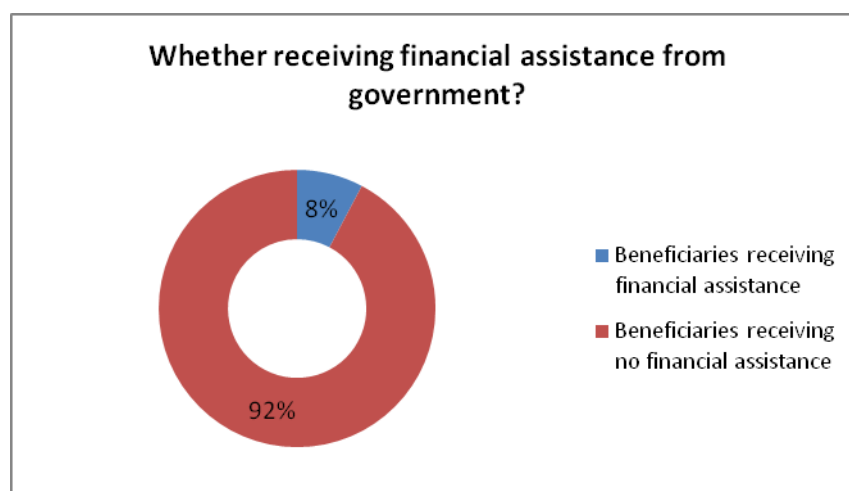
It has been observed that a large number of beneficiaries who are well qualified and found to be retired as teachers, professors, doctors, engineers, lawyers, administrators, bankers, etc. are eager to extend their services for the cause of social development on honorary basis. Suitable mechanism can be developed to utilize this pool of fertile manpower in the related field for the betterment of senior citizens. A considerable number of respondents have shown keen interest in skill training so that they can increase their efficiency to meet the challenges of the day.

3.7 Distribution of beneficiaries Income-wise



The chart given above shows that 43.4% of the beneficiaries are having the annual income of less than Rs. 2 lakh. Another 20.38% of the beneficiaries are having income in between Rs. 2 to 4 lakh. These two groups collectively show that around 63.78% of the beneficiaries are from lower income group of the society. The beneficiaries having annual income of Rs.4 to 6 lakh and 6 to 8 lakh is 23.3% and 7.64% respectively whereas the percentage of beneficiaries coming from higher income group, i.e. the annual income of Rs.8 lakh and above is 5.28%.

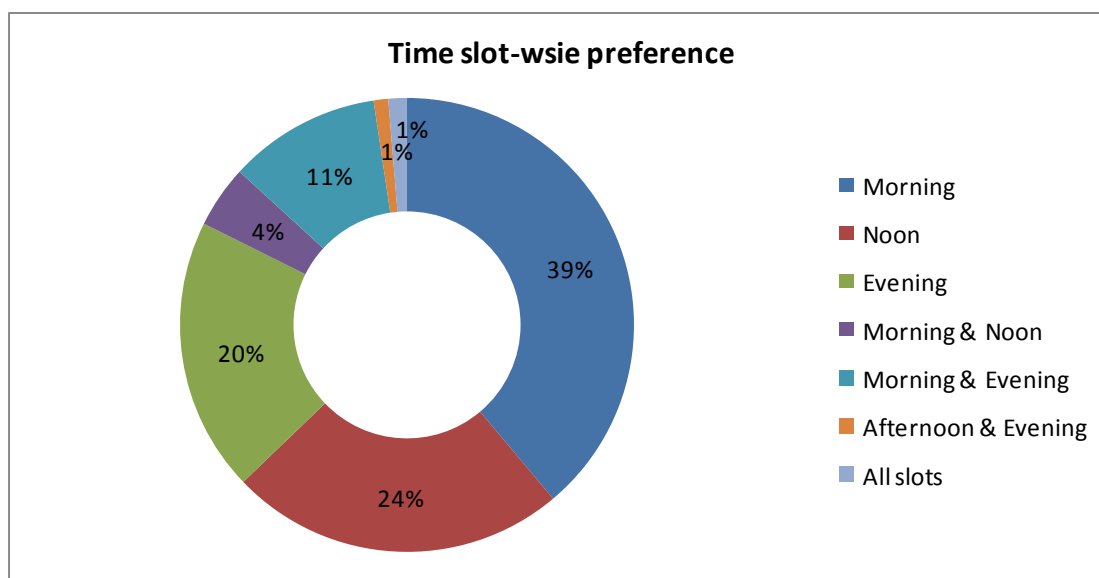
3.8 Distribution of beneficiaries according to the financial assistance received from the government



The Doughnut clearly shows that a large portion of beneficiaries (92%) are found to be not receiving any financial assistance from the government. It is to note here that different departments of GNCTD including the Department of Social Welfare must be having a number of welfare programmes which need to be linked to the programme like SCRC based on the eligibility criteria of the beneficiaries. This convergence will enable the programme to reach the actual beneficiaries who are in a way controlled groups of the government.

The income-wise distribution reveals that around 43.4% of the beneficiaries are having annual income less than Rs. 2 lakh who can very well be covered under different welfare schemes of the departments.

3.9 Distribution of beneficiaries according to their preference of time slot

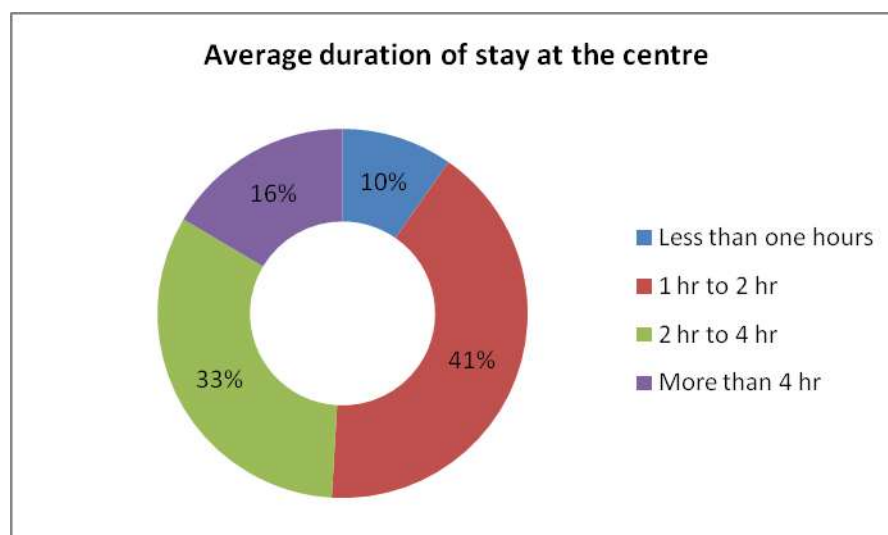


Senior citizens often didn't maintain any strict time table in their post retirement phase. This is because of the absence of any mandatory duty that they need to complete except managing their own morning chorus deemed essential for maintaining good health. However, in most of the family, specifically in case of joint family they invariably get engaged in taking care of their grand children and hence, they have to find such a time slot wherein they can engage themselves in the activities of SCRCs. According to the Doughnut given above the preference of time slots of the beneficiaries is 39% for morning, 24% noon time, 20% evening, 11% morning and evening, 4% morning and noon and 1% each afternoon and evening and any slot.

Though, the beneficiaries have given their preference for time slots, it may be difficult for the Centre In-charge to satisfy all the beneficiaries according to their own choice of time. Hence, it may be appropriate that the

centre can be open for the beneficiaries under two slots, i.e. morning and evening. Anyone who wants to attend at noon can very well do it in between morning and evening slots.

3.10 Distribution of beneficiaries according to time hours spent at the centre per day



In order to understand the extent of utilization of the facilities and services provided at the centres it become essential to monitor the time spent by the beneficiaries at the centre.

It is found that nearly 41% of the beneficiaries spend around 1 to 2 hours daily at the centres while the beneficiaries spending time between 2 to 4 hours is 33%. The beneficiaries who spend more than 4 hours daily are 16%. It is observed that the beneficiaries who spend less than one hour per day at the centre are just 10% only.

4. Effective use of the facilities (provided by the government) by the senior citizens

Effective use of the facilities made available at the centre by the senior citizens depends on a number of diverse factors that primarily includes the overall enrollment strength, average attendance/participation in the day-to-day activities by the centres, working day of the centres per week, time slot-wise participation of the beneficiaries and effective utilization of the financial assistance provided to the centre.

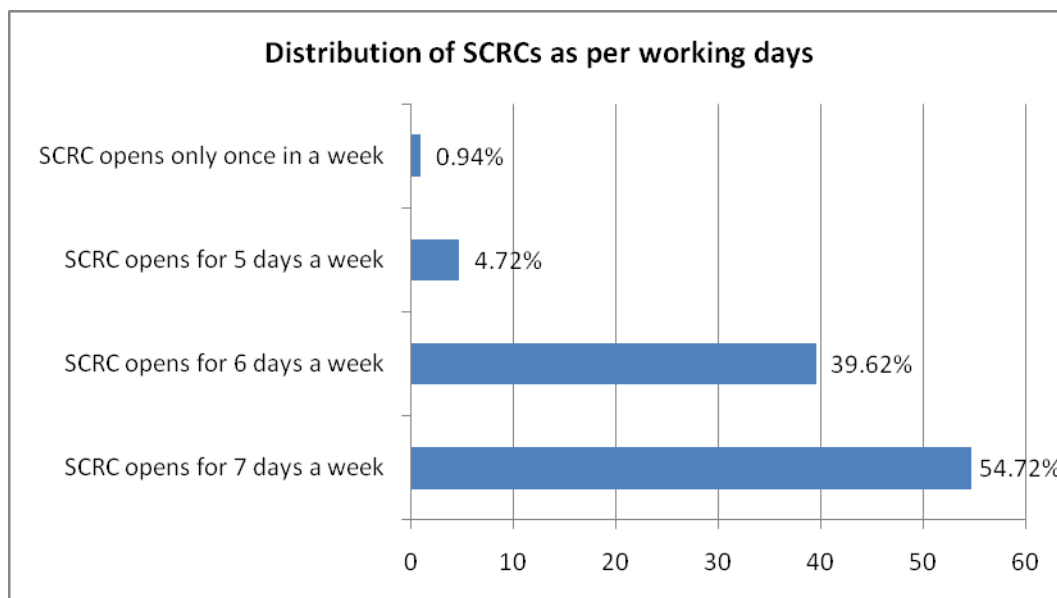
4.1 Average enrollment per centre

Most of the SCRCs are found to be maintaining proper record of their enrolled beneficiaries. As per the record made available to the evaluation team the total enrolled strength of all the 106 SCRCs is 42,548 and the average

enrollment strength per centres is around 401beneficiareis. According to the latest estimate the number of elderly people in Delhi is around 1.2 million. It means that collectively this scheme is able to cater the needs of only 0.042 million. Hence, still a large chunk of elderly people are not getting the benefit of the scheme.

If the financial assistance provided and facilities made available per centre are compared with the average number of enrolled beneficiaries it can be certainly claimed that the SCRCs are utilizing the resources up to an optimum level. However, if the same is compared with the number of those senior citizens who are still away from the coverage of this scheme it certainly indicates that the infrastructure of each working centre needs to be further strengthened so that it may cater to more number. It also underlines the need to sanction more number of SCRCs, preferably one in each ward.

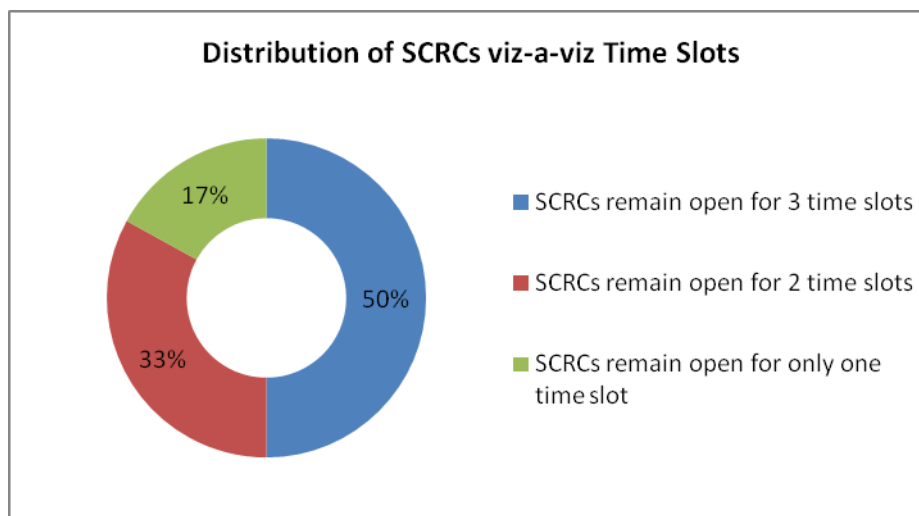
4.2 Functional days per week



One of the factors that plays important role in the effective and efficient use of facilities at the centre is their operational days per week. It has been found that 58 SCRCs open on all seven days in a week, 42 open for 6 days and 5 open for 5 days. Only one centre found to be working for only one day in a week.

A scheme like this cannot have any holiday as it is for recreation purpose. Preferably the centres can open for all the 7 days in a week and in case the Centre In-charge wants to avail a weekly holiday to attend to his/her own personal work, then an alternative arrangement may be put in place for that day.

4.3 Distribution of SCRCs according to their working time slots



SCRCs are further analyzed on the basis of the time slots in which they keep open on all the working days. It is found that 53 SCRCs (50%) remain open for all the three slots i.e. morning, afternoon and evening while 35 SCRCs (33%) open for two slots as per the convenience of the enrolled beneficiaries. Only 18 SCRCs (17%) found to be working for only one time slot a day.

It has been noticed that barring a few most of the centres allow only those coming from apartments or blocks where that particular SCRC is located and senior citizens residing in neighbouring apartments or blocks are not entertained in view of security related issues. This almost prevents persons who are interested to avail and benefit out of the government scheme. A way out can be found by the monitoring officers of the department by discussing this issue with the Centre In-charge.

4.4 Participation of differently abled senior citizens in the activities of SCRCs

During survey the evaluation team could meet only a couple of differently abled persons which shows that elderly from this group are not able to come frequently to the centres and hence, their participation is low in the activities or programme organized by it. Senior citizens who are differently abled may require assistance which may not be available in normal course for them and hence conveniently they avoid attending the centres.

Wherever possible, SCRCs can extend necessary assistance for such persons so that they are also able to come to the centre.

4.5 Utilization of Financial Assistance given to SCRCs

SCRCs are broadly classified into two groups - one having no premises available with them and therefore receive a recurring grant of Rs. 10,000/- per month. They are not entitled to get non-recurring grant as per the eligibility clause devised for the scheme.

The other is having premises (allotted by government/own or rented) and they receive Rs. 20,000/- per month. They are also entitled to receive one time non-recurring grant of Rs.75, 000/- for purchasing of chairs, tables, curtain etc. as per the need. The recurring grant is given to cover operational expenses, which include salary for attendants, rent, undertaking minor repairs in case of own building, organizing tours, health camps/yoga camps, discussion, seminar, celebration of national and religious festivals, purchase of newspapers, magazines, periodicals, payment of water and electricity charges and other incidental expenses.

It has been found that out of 106 SCRCs 80 centers get the grant of Rs.2.40 lakh per annum while the remaining 26 receive the grant of Rs.1.20 lakh. The table below shows essential expenses made towards programmers and others:

	Tour programmes		Health camp		Yoga camps		Newspaper/ Magazine		First Aid	
	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No
SCRCs receiving a grant of Rs.1.20 lakh per annum	20	6	22	4	19	7	2	24	15	11
SCRCs receiving a grant of Rs.2.40 lakh per annum	79	1	72	8	71	9	65	15	68	12
Total	99	7	94	12	90	16	67	39	83	23
Percentage	93.40	6.60	88.68	11.32	84.91	15.01	63.21	36.79	78.30	21.70

Of those 80 centres those having own accommodation 79 have organized tour programme as a mandatory event. Out of all the 26 centres that operate either from nearby parks, temple or gurudwaras, 20 centres have organized tour programmes for their beneficiaries. The number of centres who organized health camps and yoga camps on regular basis was 22 and 19 respectively. As per the information provided first aid box is available in 15 centres only and almost 24 centres do not purchase any newspaper/magazine. Some beneficiaries informed that they bring newspapers from home to read by sitting in the centres.

In case of those 80 SCRCs having space available, 79 found to have organized tour programmes and 72 have conducted health camps. They have also kept first aid boxes and invite doctors periodically for health camps. 71 centres reported that they organized yoga session on regular basis. These centres not only have good collection of books but also have subscribed a few magazines/newspapers in vernacular language.

It is the desired opinion that the Department of Social Welfare may like to take initiative to allot suitable accommodation to those 26 SCRCs which run their activities either from rented accommodation or parks/temples/gurudwaras.

5. Quality of services provided and socio-cultural activities organized at the SCRCs

Way back in the year 1982 when the First World Convention on Ageing was held in Vienna, the entire debate on the welfare of senior citizens was primarily focused on evolving a unanimous course of action for the betterment of elderly people across the world. In those days elderly people were often treated as a social liability and younger generations of the day were expected to shoulder out these responsibilities. Considerable effort has been made in this regard during last couple of decades which has helped the global community to move ahead and understand the problem and difficulties faced by elderly people in a better way. Today senior citizens are not seen as a social liability. Instead they are considered as a great pool of human resource well enriched in talent, experience and courage to withstand the difficulties of the time and hence, the discussion regarding all the issues pertaining to the senior citizens has witnessed a paradigm shift. Along with welfare much emphasis is being given on well-being now days. It may be noted here that although 'welfare' and 'well-being' are often used as synonymous to each other, in precise terms there exist considerable difference approach-wise.

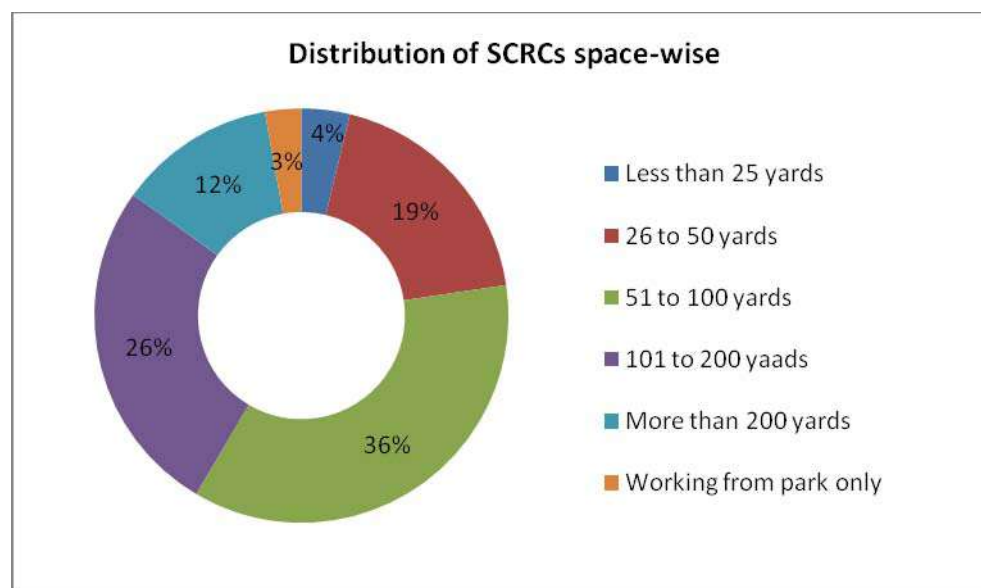
In the Maintenance and Welfare of Parents and Senior Citizens (Amendment) Bill 2019 welfare is defined to include the provision of food, healthcare and other amenities necessary for senior citizens. The Bill expands the definition of: (1) 'maintenance' to include the provision of healthcare, safety and security for parents and senior citizens to lead a life of dignity, (2) 'welfare' to include the provision of housing, clothing, safety and other amenities for the physical and mental well-being of a senior citizen or parent.

This particular scheme of "Recreation Centre for Senior Citizens" focus much on the physical and mental well-being of the senior citizens by providing suitable environment and means for recreation where they can spend their

leisure time qualitatively. The analysis of the responses received presents a subtle and coherent picture of the impact on the well-being of the senior citizens as an outcome of the facilities and services provided and the long list of programmes and activities organized by the SCRCs:

5.1 Quality of facilities available at the centres

5.1.1 Distribution of SCRCs space-wise



It has been found that 23% of the SCRCs have the space less than 50 yards which includes 4% of those centres which has a space even less than 25 yards. 36% of the centres found to have space in between 51 to 100 yards whereas centres having the space 101 to 200 yards are found to be in 26%. Nearly 12% of the centres are having a space more than 200 yards and 3% found to be operating in parks only.

Recreation cannot be limited to providing just a sitting space away from home. Recreation for senior citizens essentially includes activities that increase their health and fitness, provide opportunities for socializing and using the skills and talents they have developed or acquired throughout their life span. It also includes providing the ways and means through which they can learn or acquire new skills cope-up with emerging difficulties. This cannot be accomplished in a space even less than 50 yards where all the beneficiaries are somehow compelled to pursue the same activity irrespective of their interest.

Hence, the Department of Social Welfare may prescribe the minimum space for a SCRC and sanction is strictly issued only for such organizations which are able to meet the given guidelines.

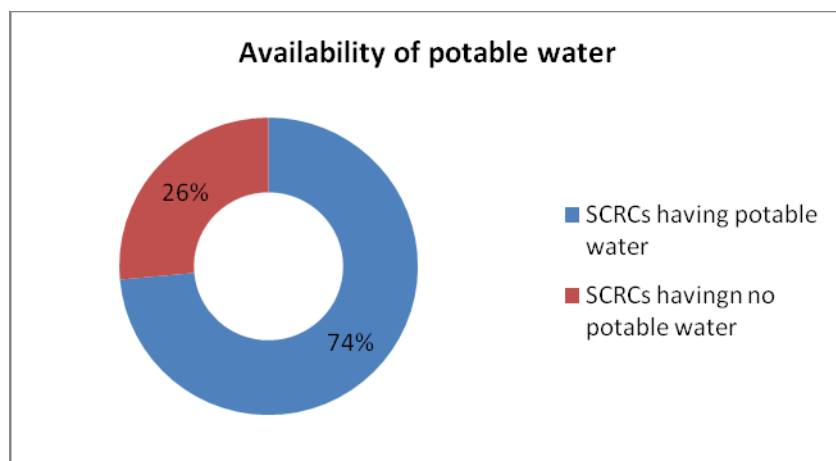
5.1.2 Classification of SCRCs according to the number of rooms they have, provision of ventilation and seating arrangements

As explained earlier SCRCs are found to be operating from accommodation or premises i.e. samudayik bhavans allotted by DDA/MCD/other agencies of GNCTD, offices of Resident Welfare Associations, space belongs to the parent organization, rented or own, parks, temples and gurudwaras. In case of Samudayik bhawan or space allotted by government agency it has been found that there exist a pattern where separate office room, reading room or library, multi-purpose hall, open space, kitchen and toilets are available. However, some SCRCs run under Senior Citizens Associations/Co-operative/NGOs are also found to be following the similar pattern up to certain extent.

The data reveals that 40 SCRCs are operating from one room/hall, 30 having two rooms, 22 having 3 rooms and another 11 having 4 or more rooms. Out of this 87 centres found to be well ventilated and 33 even having ACs fans/fitted. Remaining 73 have only fans. With regard to seating arrangements 85 SCRCs have adequate number of chairs and tables and 21 centres reported that they need to increase the number of chairs and tables to expand the facilities.

So far as centres occupying the space less than 60 yards are concerned that they do not have any choice to have separate rooms and hence, beneficiaries made repeated request for a building with better space for the centre.

5.1.3 Provision for potable water



The Doughnut reveals that 74% of the centres have facilities of potable water and they have installed RO or filter for purification. Some even purchase mineral water in big size bottles. However, 26% of the centres found to have

provided no potable water at all with the result some of the beneficiaries carry water from their homes.

Water is important for human beings, particularly the elderly people. Provision of water must be taken as a priority by the centres so that elderly people coming to the centres are treated as honoured guests and provided water at the first instance itself.

5.1.4 Toilets



Toilet is one of the most essential facilities needed for the elderly beneficiaries at the centers. It was found that nearly 90.56% of the centres are having toilet facilities, out of which 64.58% having separate toilets for male and female. Except a few places most of the toilets found to be workable and clean. However, 9.44% of the SCRCs having no toilet facilities and it was found that most of them are running from parks/temples/gurudwaras. Hence, beneficiaries use public convenience which are available in nearby areas.

SCRCs should have toilet facilities; especially in view of their beneficiaries are elderly people who have either no or less control over urine. It is also to be noted that holding urine for long at that age may many times lead to urine infection. This can be more for those who have prostate problem.

5.2 Recreation activities at SCRCs

All the activities conducted/carried out in SCRCs should be of interesting to elderly people and the study reveals that most common activities are interaction among peer groups, reading newspapers/magazines, watching movies and other interesting programmes telecast in television, interesting programmes broadcast over radio, indoor games, religious discourses (bhajan and kirtants, etc.) and yoga.

Listed recreation activities do not occur simultaneously and conducted as per the programme available and based on the interest/demand of elders. Each of the activities is explained in detail as per the following:

5.2.1 Interaction among peer group

One activity predominantly being seen in these centres was chit-chat among peer group members which is appreciable as this activity enables the elders to share their concerns/views/worries and happiness to others which psychologically may give a lot of mental relief.

5.2.2 Reading of Newspaper/Magazines

As already mentioned in this report about 88% of the beneficiaries are literate while 12% only non-literate. Hence, reading newspaper/magazine found to be one of the most important means of recreation for the senior citizens coming regularly to SCRCs. With regard to the availability of newspaper/magazines around 83.4% of the beneficiaries expressed satisfaction. However, they also suggested that the number of newspaper may be increased further, particularly vernacular newspapers.

A few SCRCs have libraries/reading rooms and most of the books available are on religion and literature written by eminent scholars. Around 79.1% of the beneficiaries expressed satisfaction about the library facilities. However, they also wanted more number of books added so that they can read the new arrivals.

Though, books and magazines are available in most SCRCs, only few centres have separate facilities to keep the books. Unless the SCRCs have adequate space and are not functioning in permanent buildings, it may be difficult for providing space to libraries. In course of time the inspecting officers can look into this and encourage the centres to find places with adequate space.

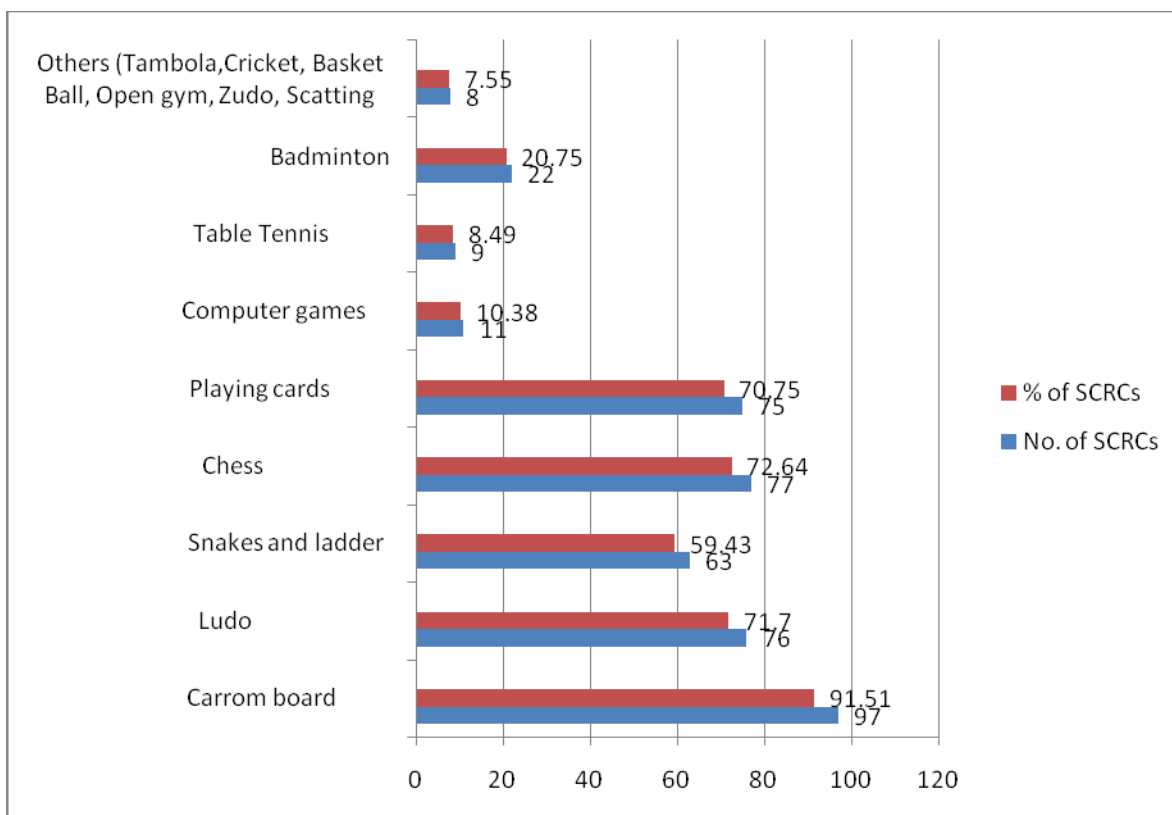
5.2.3 Watching programmes telecast/broadcast over TV/radio

Television and Radio are important tools for entertainment. Today television is the most attractive medium for viewing the programmes. It has been found that 91 SCRCs have televisions and 15 have radio sets; among them 7 SCRCs have both television and radio. It was also found that 53 centres have PA system which is normally used during religious discourses, bhajans and in socio-cultural events. Around 59.62% of the beneficiaries informed that they themselves do religious discourses/bhajans/kirtans in the centres.

Watching mass media programmes is really entertaining and it may be appropriate that all SCRCs have television sets. Those which are now not having this facility may be encouraged to acquire the set as soon as possible.

5.2.4 Indoor/outdoor games

Playing games at the centres were found to be one of the most common means of recreation for the senior citizens provided within a limited space. Indoor-games commonly available at most of the centres include carrom board, ludo, snakes and ladder, chess, playing cards, computer games and table tennis. Few centres have facilities for outdoor games also which include Badminton, open gym, cricket, tambola, basket ball, zudo, and skating. The chart given below reveals distribution of SCRCs viz-a.viz availability of each game:

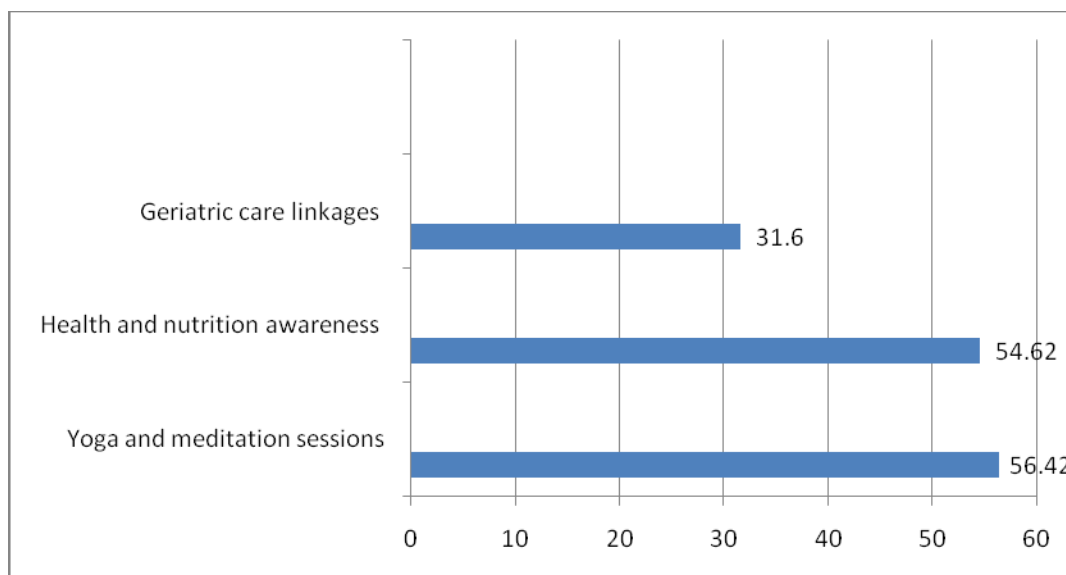


Among the indoor games carrom board, ludo, snakes and ladder, chess and playing cards found to be most common as nearly 60% of the centres have the facilities. However, only 10.38% of the centres found to have facilities for computer games and another 8.49% have table tennis. So far as outdoor games are concerned 20.75% of the SCRCs found to have facilities for playing badminton while 7.55% have open gym, cricket, tambola, basket ball, zudo and scatting.

Nearly 63.96% of the beneficiaries found to be playing indoor games and hence, this can be further strengthened by adding some more facilities.

5.2.5 Yoga and meditation/health and nutrition awareness camps and geriatric care linkages

Yoga and meditation play a vital role for maintaining health fitness of the senior citizens. People these days appear to be largely aware of the importance of yoga and meditation and their benefits for physical up-keeping. However, senior citizens may require some guidance while practicing yoga, particularly in the initial stage. It is appreciable that many SCRCs regularly organize health and nutrition awareness camps and also hire the services of yoga teachers to guide the beneficiaries. The chart below shows the extent to which beneficiaries are able to engage themselves in yoga, meditation and other related activities:



It is evident that nearly 56.42% of the beneficiaries found to be attending yoga and meditation sessions regularly while 54.62% participate in health and nutrition awareness camps/sessions. This shows that only half of the beneficiaries are availing these facilities and it may be appropriate that large majority of the beneficiaries are covered in these important activities.

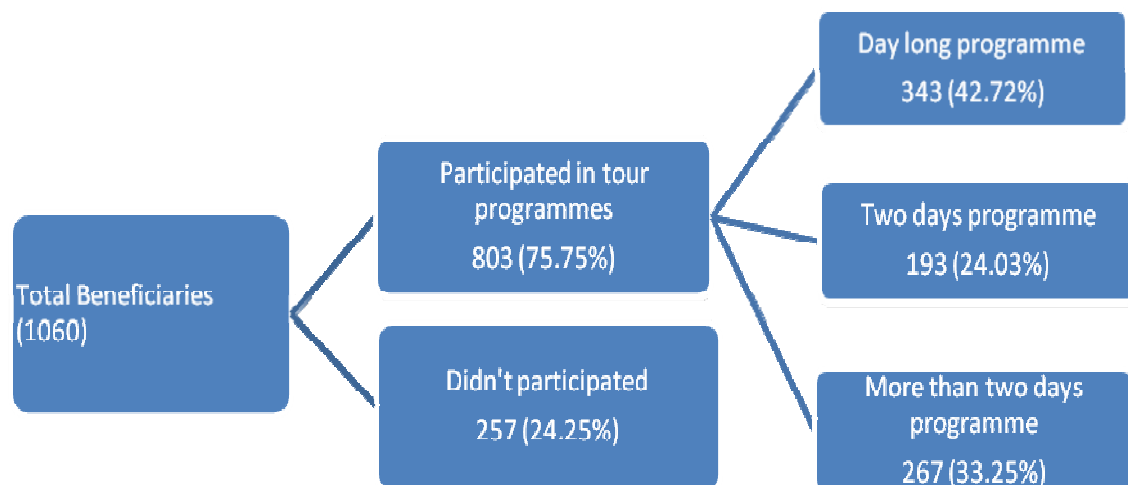
5.2.6 Linkages with institutions or hospitals providing special care for the senior citizens

The SCRCs are expected to develop coordination with institutions/hospitals providing special care for the senior citizens so that in case of emergency or critical ailments they can be referred to such places in short notice. The data shows that 31.60% of the beneficiaries already avail such linkages developed by SCRCs which is appreciable.

5.2.7 Participation in the tour programmes

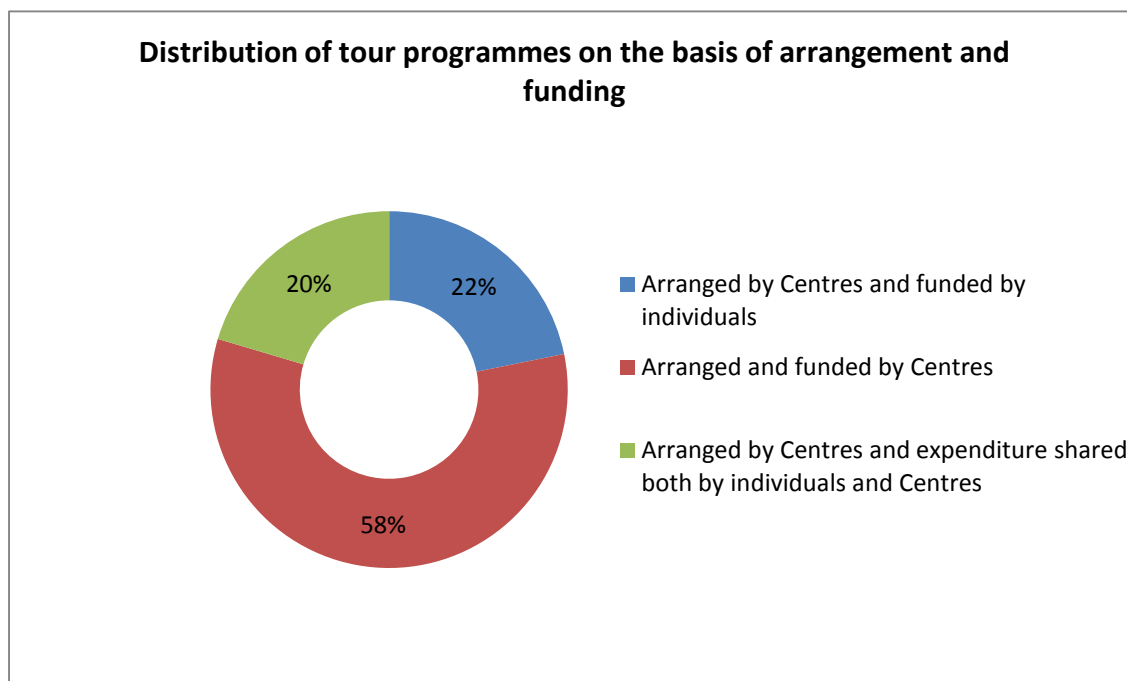
Experts and medical practitioners working in the field of geriatric care found that travel/tour plays a very important role in reducing the stress level, depression and increases the level of confidence in senior citizens and make them active, more open minded and emotionally stable. Keeping this in view SCRCs have been asked to arrange at least two tour programmes in a year. The chart given below shows the distribution of such tour programmes arranged by the centres in duration-wise:

Duration-wise distribution of tour programmes



It was found that nearly 75.75% of the beneficiaries have participated in tour programmes organized by the centres. According to the beneficiaries nearly 42.72% of the tour programmes were of one day duration. The percentage of two days tour programme was around 24.03% while 33.25% was for more than two days. It was also noticed that a considerable number of centres have organized tour programmes to foreign countries also.

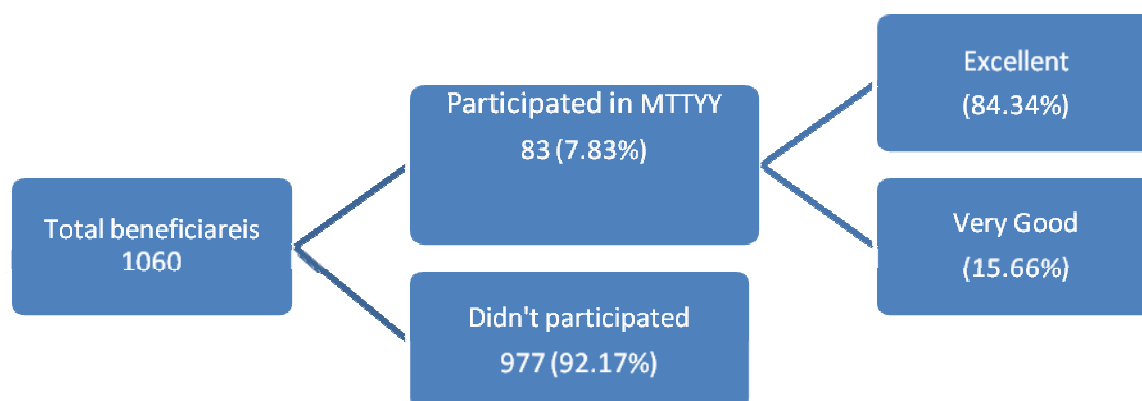
It is also important to observe how the expenditure incurred on tour programmes has been managed. The chart given below shows the percentage of tour programmes as per their arrangements:



The Doughnut above shows that 58% of the tour programmes were not only arranged but also fully funded by the centres while in 22% the centres have arranged the tour programmes but the expenditure was met by the individuals concerned. Another 20% of the tour programmes arranged by the centres but the expenditure was borne both by the individuals and the centres.

While it is not possible always to meet the entire expenditure of the tour programmes by the centres in view of limited funds available, it is advisable to encourage contributory tours as those who have means can have the facilities. However, the centres must be careful to see that those who cannot have self-funding programmes are covered in good number in the programmes organized and funded by the centres themselves.

5.2.8 Mukhyamantri Tirth Yatra Yojana (MMTTY)



Mukhyamantri Tirth Yatra Yojana launched by GNCTD in 2018 provide free travel package to senior citizens of Delhi for different religious places as pilgrimage. Beneficiaries of SCRCs took a lot of interest in this programme and enrolled themselves for availing this opportunity. From the information provided around 83 beneficiaries from different SCRCs could undertake the pilgrimage. The chart given above reveals that nearly 84.34% of the beneficiaries found the arrangement and facilities excellent and others found it to be very good. Unfortunately, a large number of participants (977) found to be not availed the opportunity due to lack of direct communication between SCRCs and the concerned department incharge of MMTYY.

MMTTY is found to be an attractive one and in case majority of the senior citizens could have availed the opportunity if timely action was taken by the centres. Even now it is not too late and the centres may keep a vigil so that maximum numbers of beneficiaries can benefit out of it.

6. Overall impact of the services provided at the centre on the well-being of the beneficiaries

Researchers, academicians, health professionals and policy planners have time and again reiterated that the bio-medical and disease-focused approach of taking care of elderly people has its own limitations and hence, it needs to be replaced by a more comprehensive perspective focusing on psycho-social-emotional well-being, the reflection of which is also visible in the policies enunciated by the M/o Social Justice and Empowerment, Govt. of India. The psychological well-being (Ryff, 1989) primarily consists of six dimensions - self-acceptance, mastery of the environment, autonomy, positive relationships, personal growth and life purposes whereas social well-being (Keyes, 1998) is seen as a construct including the dimensions of perceived social coherence,

actualization, integration, acceptance, and contribution. On the other hand emotional well-being refers to the subjective experience of positive and negative emotions. This dimension of well-being is often defined in the terms of happiness, life satisfaction, or the balance between positive and negative effects. Studies conducted by various national and international organizations and agencies for evolving a comprehensive strategy and a roadmap for successful ageing have underlined promotion of citizens' empowerment, their active involvement in various activities, responsibility and self-determination in preserving and improving their own health condition as the prime resource to achieve the goals of well-being of elderly people.

In order to analyse the impact of this scheme precisely on the enhancement of the well-being of its beneficiary senior citizens this study attempted to assess its impact on following few aspects that plays vital role in the enhancement of well-being of senior citizens:

6.1 Promotion of Senior Citizens' Empowerment

One of the corner stones of empowering any individual, group, section of society or community is to recognize its identity and confer the dignity that they deserve. Empowering senior citizen is certainly different from women empowerment or youth empowerment and hence, the ways to empower elderly people also differs from the other means of empowerment. At the fag end of their life what the elderly people need is not only some facilities but to treat them with dignity which automatically enables them to feel empowered. Dignity is found to have two attributes, one is self-dignity which is individual's sense of self-worth and other is inter-personal dignity that is what they receive from others. Inter-personal dignity is manifested in the respect that they receive from others. Recreation centres have no doubt recognized their identity as a specific section of the society that deserves special attention and care which was time and again revealed in the discussion held with the beneficiaries across the state. The financial assistance and space allotted to them by the government, their discussion with government agencies and monitoring through a government mechanism have further strengthened their sense of recognition. Many beneficiaries have found to be saying unhesitatingly that their visit to recreation centres was happily accepted as safe and secure by their family members. Because of the recreation centres elderly people are able to solve many of their day-to-day problems like regular health check-up, receiving medicines in case of general and occasional or seasonal health problems, counselling for resolving family disputes, necessary help needed in processing of old age pension and filing of ITR for which they used to depend on their wards or other professionals. These facilities have certainly empowered them individually. Nearly 15.06% of the centres are being managed by female Center In-charge which is undoubtedly a testimonial of the empowerment of female senior citizens.

So far as dignity is concerned the normal environment prevailing in the recreation centres clearly indicates that senior citizens are receiving dignified treatment from management as well as their fellow beneficiaries which is explicit from their eagerness towards participation in the activities organized by the centres.

6.2 Active involvement of senior citizens

Keeping themselves active in the post retirement phase is a tough task for the elderly people since they do not have to follow any strict time table. This state of inaction or idle sitting invites a lot of problems for them. Many a times, they start thinking as if they have no worth in the family which has been grown up by them. Recreation centres have helped them to follow a time schedule in their day-to-day life and spend their time qualitatively. Data reveals that nearly 78% of the recreation centres are managed solely by Senior Citizens' Organizations. This indicates that recreation centres have provided an opportunity as well as a suitable platform for the senior citizens to come together, discuss and debate, establish an organization manage its day-to-day affair, develop linkages with organizations and institutions working in the allied fields, motivating other elderly people to get associated with themselves and finally to conduct a list of programmes and activities for the benefit of their own fellow folk. The presence of nearly 4388 beneficiaries at the time of survey (which is not the highest attendance of any of the centre) further indicates that recreation centres are able to motivate elderly people to come to the centres, participate in activities and remain active in their life.

The presence of beneficiaries at the time of survey comes to nearly 10.31% of the collective enrollment strength of all the 106 centres operational at that point of time. It was told by the functionaries of SCRCs that activities like yoga, birthday celebration, annual day celebration, bhajan and kirtans, etc. have been found to be attracting maximum participants. However, suggestions need to be invited for increasing regular participation and hence, a suggestions box can be installed at each of the centre so that necessary inputs are received from the beneficiaries to increase average attendance in the centres.

6.3 Responsibility and self-determination in preserving and improving their own health condition

It is a well known fact that elderly people do not want to be treated as a liability or a burden by their family members or the caregivers and hence, they always try to take the responsibility of their health and fitness unless they are fragile both mentally and physically. Taking the responsibility and self-determination in maintaining and improving their own health plays a vital role in preserving their independence as individuals which is certainly an important aspect of the collective well-being of any elderly person. This independence

allows them to feel as an individual who has the ability to make choices and take decisions in his/her day-to-day life, helps to maintain a balance and strength, gives a sense of purpose and finally boost self-confidence and self-esteem.

Recreation centres have helped senior citizens to strengthen this attribute towards improving their health. Health awareness camp, regular health check-up, health counseling and regular yoga sessions have considerably increased the level of health literacy among the beneficiaries who regularly participate in such activities. Many of the centres found to be arranging visit of doctors and free supply of general medicines which eased the difficulties often faced by elderly people while visiting a doctor and purchasing medicines. It was found that nearly 88.68% of the centres arrange visit of doctors on a regular frequency while 78.30% centres have First Aid facilities. Around 84.91% of the centres organize yoga sessions/camps on regular basis. The increasing level of health literacy amongst the beneficiaries have also motivated them for regular exercise, attending open gym, walking and playing games which are available in the centres. It was noticed that beneficiaries at nearly 20.75% of the centres regularly take part in such games to keep them physically fit and fine.

The aggregate response of all the beneficiaries indicates that the scheme is playing a pivotal role in engaging elderly people during most of their active time, providing them a healthy platform wherein they can exchange their views and opinions and build a social network, take a lead role for the welfare of their peer groups and finally involve them in a variety of recreational activities and programmes to enhance their own well-being.

Findings: Rating of SCRCs

All the 106 SCRCs have been given specific rating which reflects widely upon their overall performance. This rating has been calculated based upon a comprehensive formula (Annexure-VI) precisely developed for analyzing the functioning and performance of SCRCs. The rating is as follows:

S.No.	Name	Rating Awarded
1.	Senior Citizens Council of Delhi	****
2.	Senior Citizens Welfare Association Recreation Centre	****
3.	The Senior Citizens Welfare Association	***
4.	Senior Citizens Welfare Association	****
5.	Johns Day Care & Boarding for Senior Citizen Association	***
6.	Mata Pita Samman Sewa Trust	****
7.	Senior Citizens Society	****
8.	Senior Citizens & Pensioners Welfare Association	***

9.	Varishth Nagrik Kalyan Samiti	*
10.	Adarsh Senior Citizens Association	*****
11.	Golf View Apartment Senior Citizens Forum	***
13.	Senior Citizens Welfare Association	***
14.	Senior Citizens Welfare Association	*****
15.	Aravali Apartments Senior Citizens Forum	***
16.	Forum for Welfare of Senior Citizens	***
17.	Kalka Ji Senior Citizen Welfare Forum	*
18.	Senior Citizens Welfare Association	*****
19.	Senior Citizens Recreation Centre Health Fitness Society	*****
20.	Triveni Senior Citizens Forum	***
21.	Sukhdev Vihar Senior Citizens Welfare Association	***
22.	Jasola Senior Citizen Welfare Society	**
23.	Senior Citizen Welfare Association	***
24.	Senior Citizen Welfare Council	*****
25.	East End Apartments Resident Senior Citizen's Association	***
26.	East Vinod Nagar Senior Citizen Welfare Association	***
27.	Senior Citizens Welfare Society	*****
28.	Senior Citizens Welfare Association	**
29.	Senior Citizen Welfare Association	***
30.	Senior Citizens Welfare Association	***
31.	Senior Citizen Welfare Association	***
32.	Senior Citizens Welfare Forum	***
33.	Delhi Officers Co-operative House Building Society Ltd.	***
34.	Indraprastha Senior Citizen Association	***
35.	Ministry of Health Co-op. House Building Society Ltd.	***
36.	Varishth Nagrik Vikas Manch	***
37.	Anugraha, Swabhimani Parishad, Delhi- 32	*****
38.	Bhartiya Parivardhan Sansthan	***
39.	Dilshad Colony Senior Citizens Welfare Association	***
40.	Dilshad Garden Senior Citizen's New Council	***
41.	St Stephen Hospital Center for Senior Citizens	***
42.	Senior Citizens Assembly	***
43.	Senior Citizen Welfare Association	*****
44.	Nari Uthan Samiti	**
45.	Senior Citizen Welfare Organization	*
46.	Varistha Nagrik Manch	**
47.	Rachna Women Development Association	***
48.	Dev's Educational Society, Narela	**
49.	Vishram Senior Citizen Welfare Association	*
50.	Janhit Society for Social Welfare Lal Bagh	**

51.	Women Educational and Welfare Society	**
52.	RS Rohini Educational and Charitable Society	***
53.	Senior Citizen Welfare Association	**
54.	Varistha Nagrik Sewa Sansthan	**
55.	DAV Educational and Welfare Society	***
56.	Smt. Tulsa Devi Memorial Society	***
57.	The Mianwali Nagar Senior Citizens Forum (Varista Sadan)	****
58.	Mangolpuri Senior Citizens Association	**
59.	Varisth Nagrik Kalyan Samiti	**
60.	SAMPURNA	**
61.	Senior Citizens Welfare Association	**
62.	Senior Citizen Welfare Association	***
63.	Silver Citizen Welfare Association, Rohini	****
64.	Society for the Welfare of Senior Citizens	***
65.	Sur Nirman Kendra	***
66.	AP Block Senior Citizen Society Pitampura	**
67.	Sahyog Varisth Nagrik Manch	***
68.	Senior Citizens Recreation Centre	***
69.	Senior Citizens Welfare Club	**
70.	Senior Citizens Welfare Society	**
71.	Senior Citizen Welfare Society	**
72.	Senior Citizens (SD) Welfare Society	*
73.	Super Senior Citizen Welfare Forum, Shalimar Bagh	***
74.	Varisth Nagrik Manch	***
75.	Varishth Nagrik Manch	***
76.	We The Senior Citizens	***
77.	Senior Citizen Samaj	***
78.	Ashok Vihar Block KD Senior Citizen Welfare Association	**
79.	Ashok Vihar Senior Citizen Welfare Association	****
80.	Deep Enclave Senior Citizens Welfare Association	**
81.	Elderly Peoples Forum Recreation Centre	***
82.	Senior Citizens Welfare Association	****
83.	Senior Citizens Common Cause	***
84.	Senior Citizen Welfare association Shakti Nagar	****
85.	Delhi Brotherhood Society	***
87.	Varisth Nagrik Sanskritik Sangthan Pooja Park	***
88.	Moti Nagar Senior Citizens Cultural Association	****
89.	Retired Person's Welfare Association Kirti Nagar	****
90.	Senior Citizen Brotherhood Association, Ramesh Nagar	***
91.	Raja Garden and Bali Nagar Senior Citizen Welfare Society	****
92.	Senior Citizens Society	***

93.	Senior Citizens Welfare Mission	***
94.	Senior Citizen Friendship Forum, Janakpuri	***
95.	Aware Recreation center for Senior Citizen	***
96.	The Delhi Sainik Co-operative House Building Society	***
97.	Sai Charitable Society	***
98.	Senior Citizen Forum	***
99.	Senior Citizens Welfare Association	****
100.	Varisht Nagrik Kalyan Sanstha	***
101.	Senior Citizens Association	***
102.	Shri Gyan Gangotri Vikas Sansthan	***
103.	Senior Citizens Forum	*
104.	Senior Citizens and Pensioners Association	***
105.	Senior Citizen Forum	***
106.	Senior Citizen Forum	**
107.	Madhok Foundation	***
108.	Navketan Co-operative Group Housing Society, Ltd.	***

Chapter – IV

Conclusions

1. It has been found that 78% of SCRCs are located in approved colonies followed by 12% in unauthorized colonies, 5% in resettlement colonies, 4% in JJ clusters and 1% in regularized unauthorized colonies. It means that 78% of the centres are catering to the needs of senior citizens residing in 23.7% of the total population of Delhi. It needs to be noted that elderly people living in less equipped zones may be facing more challenges as compared to those residing in planned colonies. Hence, it may be appropriate that elderly people living in less developed areas may be given priority over the others living in much developed colonies. They often do not find means to tackle their routine problems and hence, need to be encouraged.
2. The study reveals that 72% of the centres are not functioning today in the addresses given at the time of registration which gave a lot of trouble to locate them for collection of data.
3. SCRCs are catering to an important segment of the population funded by the government. Information regarding such institutions should be well known to the clientele groups to avail the facilities and also common people to motivate people who know less about such facilities. The study reveals that out of 106 SCRCs 103 have display boards installed in front of the building/accommodation from where they operate. However, only 46 have given credit to GNCTD for the financial assistance. Government assisted programmes have their own credibility and clarity for the clientele that the centre is not privately run.
4. Out of 106 centres evaluated 98 have been visited by the District Social Welfare Officers. However, the record of inspection is available only in 63 centres. A cursory look of the inspection/visit records of the officers concerned shows that they have checked more about the expenditure and facilities available in the centres and not any problems faced by the beneficiaries. At the same time the senior citizen who on their own runs the centres felt maintaining records to be a lengthy task and many times found to be difficult to fill.
5. Out of 106 centres 83 are managed by Senior Citizens' organizations or working in association with RWAs while remaining 23 is managed by NGOs/Group Housing Societies. Hence, there exists certain difference between the centres managed by Senior Citizens' Organizations or RWAs and those managed by NGOs/Group Housing Societies. In case of centres managed by Senior Citizens' Organizations the whole affair is

managed by the enrolled beneficiaries themselves which certainly gives a sense of belongingness and promotes leadership among the beneficiaries. In turn it also gives a sense of satisfaction. On the other hand in the centres managed by NGOs/Group Housing Societies the affairs are taken care of by the functionaries of NGOs/Group Housing Societies. Here the role of senior citizens becomes confined to avail the facilities only. However, centres run by NGOs have added advantage as they have other programmes in which senior citizens are also involved.

The system presently adopted by the department for sanctioning centres run under the aegis of different organizations is a welcome step as the one run by the senior citizens have the advantage of ownership and belonging for the beneficiaries but they do not have proper training to run such a programme. At the same time centres run under the aegis of NGOs have the advantage of better management and enabling senior citizens participating in other programmes of the organizations which are funded by different sources. Unfortunately, the only disadvantage is no belongingness for the programme of senior citizens as they have to implement various other programmes also.

6. In all 61 out of 106 centres are functioning in government building while 14 have their own buildings. Out of the remaining 31 centres 22 function from rented buildings, and 9 in open parks/temples/gurudwaras. It was also observed that government buildings and the buildings owned by SCRCs are mostly located in prime places where beneficiaries found to be coming without much problem. This is not always true with the rented accommodation. At some places the rented accommodations have been found to be a one room or two rooms set where remaining part of the same premises is occupied by the members of the owners' families. In such cases it may be difficult for the beneficiaries to go there freely and spend their time with ease. It was observed that SCRCs located at prime places, easily accessible have sufficient space for sitting and conducting recreational activities. Such centres are able to attract more number of beneficiaries in comparison to those centres that operate from parks or located in places away from the residential areas from where the senior citizens come.
7. Out of 106 centres 22 have the strength of beneficiaries from a minimum 50 to 100 while 67 have the strength between 101 to 500, 8 from 501-1000 and remaining 9 have more than 1000 beneficiaries. Strength of beneficiaries plays an important role in the success of a particular centre. At the same time it is one of the important factors which have to be taken into account for the smooth management of the centres because it too has a considerable impact on the expenditure of the centre. At present grants sanctioned to the SCRCs are irrespective of their enrolled

strength and hence an organization having a minimum strength of 50 enrolled beneficiaries or organizations catering the need of a maximum of 3000 beneficiaries (as recorded in this study) receives equal amount of grant. The grant differs only with respect to the space available. SCRCs having premises, whether rented or owned, receive a recurring grant of Rs.20, 000/- per month and others receive Rs.10, 000/- per month only.

It was informed that repeated request has been made by the management committees of the centres running either from rented accommodation or from parks, temples/gurudwaras to allot them suitable government accommodations. The insufficiency of recurring grant sanctioned at present is also underlined by almost all the centres having more than 100 enrolled beneficiaries. Functionaries of these centres are of the view that the recurring grant given should be proportionate to the strength of enrolled beneficiaries so that at least light refreshment (tea/coffee) is provided to the beneficiaries who spend most of their active time at the centres.

8. The quality of administration of a centre and programmes conducted depend much on the efficiency of the Centre In-charge. The study reveals that 15 SCRCs have In-charge below the age 60 years and 27 are in 60-70 age groups. However, 64 SCRCs are managed by persons with the age 70 years and above. It was also found that out of 106 only 16 SCRCs are having female as Centre In-charge.
9. Centre In-charge is the prime connecting link between the beneficiaries and programmes or activities organized by SCRCs. He/she is supposed to maintain a fine balance between the expectation of elderly people and the programmes organized/conducted at the centre so that elderly people are continuously motivated to come to the centre, feel like at home and spend their leisure time.
10. As per the report of Central Statistics Office, Ministry of Statistics and Programme Implementation, Government of India titled 'Elderly in India 2016', the total population of Delhi estimated to be 20 million, out of which 1.2 million was elderly people which works out to be 8%. At the same time 106 SCRCs as of now cover a total of 42,548 elderly people which is only 0.042 million. Due to many social welfare programmes of the governments including better health services the average life span of Indian citizens has increased a lot in the last many years. Hence, the coverage we are making is only a tip of the ice-berg. Hence, it may be appropriate that the number of SCRCs are increased fairly covering all types of settlements so that the fruit of services provided to elders are useful. It may be noted that the elderly people often find it difficult to go beyond certain distance on their own and hence, SCRCs are necessarily

to be closer to the residential areas where the number of elders living is more.

11. The study shows that elderly people irrespective of their academic background are participating in the activities of SCRCs and availing the facilities and services provided for their well-being. However, the coverage also shows that a lot of efforts need to be taken to cover less privileged senior citizens who have very limited chance of recreational facilities at home and also at places where they live.
12. According to the study almost 93% of the respondents are Hindus while 0.8% Muslims, 0.18% Christians, 5% Sikh, 0.84% Jain and 0.18% beneficiaries follow Buddhism. It is advisable that minorities are also encouraged to avail the opportunity more in number.
13. It has been found that a vast majority of the beneficiaries (80.38%) now covered by SCRCs are from general category while the beneficiaries belong to SC is 13.21%, ST 0.38% and OBC 5%. At the same time 1.03% of the beneficiaries informed that they are known by religion (Muslims and Christian) and not by caste.
14. A large number of beneficiaries who are well qualified and found to be retired as teachers, professors, doctors, engineers, lawyers, administrators, bankers, etc. are eager to extend their services for the cause of social development on honorary basis.
15. A large portion of beneficiaries (92%) are found to be not receiving any financial assistance from the government. It is to note here that different departments of GNCTD including the Department of Social Welfare may be having a number of welfare programmes which need to be linked to the programme like SCRC based on the eligibility criteria of the beneficiaries. This convergence will enable the programme to reach the actual beneficiaries who are in a way controlled group of the government.
16. One of the factors that plays important role in the effective and efficient use of facilities at the centre is their operational days per week. It has been found that 58 SCRCs open on all seven days in a week, 42 open for 6 days and 5 open for 5 days. Only one centre has been found to be working for only one day in a week.
17. During the data collection the evaluation team could meet only a couple of differently abled persons which shows that elderly from this group are not able to come frequently to the centres and hence, their participation is low in the activities organized by it. Senior citizens who are differently

abled may require assistance which may not be available in normal course for them and hence conveniently they avoid attending the centres.

18. It has been found that 23% of the SCRCs have the space less than 50 yards which includes 4% of those centres which has a space even less than 25 yards. 36% of the centres found to have space in between 51 to 100 yards whereas centres having the space 101 to 200 yards are found to be in 26%. Nearly 12% of the centres are having a space more than 200 yards and 3% found to be operating in parks only. Recreation cannot be limited to providing just sitting space away from home. Recreation for senior citizens essentially includes activities that increase their health and fitness, provide opportunities for socializing and using the skills and talents they have developed or acquired throughout their life span. It also includes providing the ways and means through which they can learn or acquire new skills to cope-up with emerging difficulties. This cannot be accomplished in a space even less than 50 yards where all the beneficiaries are somehow compelled to pursue the same activity irrespective of their interest.
19. It has been found that 74% of the centres have facilities for potable water and they have installed RO or filter for purification. Some even purchase mineral water in big size bottles. However, 26% of the centres found to have provided no potable water at all with the result some of the beneficiaries carry water from their homes.
20. Toilet is one of the most essential facilities needed for the elderly beneficiaries at the centers. It was found that nearly 90.56% of the centres are having toilet facilities, out of which 64.58% having separate toilets for male and female. Except a few places most of the toilets found to be in working condition and maintained clean. However, 9.44% of the SCRCs are having no toilet facilities as most of them are functioning from parks/temples/gurudwaras. Hence, beneficiaries use public convenience which are available in nearby areas.
21. A few SCRCs have libraries/reading rooms and most of the books available are on religion and literature. Around 79.1% of the beneficiaries expressed satisfaction about the library facilities. However, they also wanted more number of books added so that they can read the new arrivals. Though, books and magazines are available in most SCRCs, only a few centres have separate facilities to keep the books. Unless the SCRCs have adequate space and are not functioning in permanent buildings, it may be difficult for providing space to libraries.
22. Television and Radio are important tools for entertainment. Today television is the most attractive medium for viewing the programmes. It

has been found that 91 SCRCs have televisions and 15 have radio sets; among them 7 SCRCs have both television and radio. It was also found that 53 centres have PA system which is normally used during religious discourses, bhajans and in socio-cultural events. Around 59.62% of the beneficiaries informed that they themselves do religious discourses/bhajans/kirtans in the centres.

23. Yoga and meditation play a vital role for maintaining health fitness of the senior citizens. People these days appear to be largely aware of the importance of yoga and meditation and their benefits for physical up-keeping. However, senior citizens may require some guidance while practicing yoga, particularly in the initial stage. It is appreciable that many SCRCs regularly organize health and nutrition awareness camps and also hire the services of yoga teachers to guide the beneficiaries. However, it has been found that only 56.42% of the beneficiaries attend yoga and meditation sessions regularly while 54.62% participate in health and nutrition awareness camps/sessions.
24. Conducted tours are undertaken by SCRCs but the study reveals that many times the beneficiaries themselves have to contribute money for the same. Many times beneficiaries who have no means of contributing money may be left out of such an important activity which should not happen.

Chapter – V

Recommendations

1. While recreation is an important need of all the elderly persons but in priority elders who do not have much means in their own area may be given opportunity in the first instance. Hence, the department may sanction in future more number of SCRCs to regularized unauthorized colonies, unauthorized colonies, resettlement colonies and JJ clusters to give equal or more opportunity for elderly people residing in such areas to spend quality leisure time as well as have the benefit of this scheme on equal footing.
2. Updating of mailing addresses is very important not only for the study but also for supervision/inspection visits. Hence, it may be appropriate that the agencies/organizations that have been sanctioned centres inform the funding/monitoring departments correct address periodically so that communications sent/visits made are facilitated properly. It is recommended that monitoring is done online and dedicated website created which not only gives the basic information but also action photographs for public viewing. This will also become a part of information dissemination process.
3. All the SCRCs should have display boards prominently located by clearly mentioning that they are funded by GNCTD. Apart from welfare credibility also is equally important for such efforts.
4. No one can undermine the importance of monitoring but at the same time the monitoring records should also be qualitative in nature. Apart from the regular information regarding fund flow, utilization and programmes it should also give information regarding problems faced, if any, by the beneficiaries/organizers so that on the spot solutions can be suggested by the monitoring officers or taken after returning to their office. As already suggested at Sl. No. 2, a dedicated website can be created and online monitoring with due periodicity put in place which will enable the monitoring officers with more information well before the visit is made.
5. A programme of this nature can be sanctioned to more than one management system but there should be intercommunication between such managements so that best practices are followed by others also. In this regard the Department of Social Welfare may take initiative to advise the Senior Citizens Council of Delhi, a registered body since 2007 to organize periodically conferences, seminars, workshops or training

programmes for the functionaries of all 106 SCRCs so that they are able to exchange their experiences and improve the quality of programmes and activities conducted in their own centres.

6. Location of centres is an important one to be given priority which will enable the beneficiaries not only to reach centres but also move within the premises with much ease. Hence, the Department of Social Welfare may find suitable accommodation for the centres as far as possible in government buildings, community centres, choupals and government constructed marriage halls.
7. In order to minimize the discrimination of sanction of recurring grant to different types of managements, the fund releasing authority may suitably revise the sanction norms so that the concerns of nearly 79% of the centres having strength of more than 100 enrolled beneficiaries are met.
8. It is advisable that the recreation centres are still not able to attract more number of women as beneficiaries. Hence, it may be appropriate that women are encouraged to come forward to avail the services for which more number of women is associated as Centre In-charge. Establishment of women specific SCRCs can be a way forward.
9. Qualification alone cannot bring any quality in the Centre In-charge but periodic exposure by interacting with others working in the similar area will bring knowledge and information to their doorsteps. Hence, it is recommended that Centre In-charge is given orientation and training by experts/subject specialists and agency visits.
10. There are 70 Assembly Constituencies in Delhi with 272 wards. The future plan of expansion can be at least one SCRC in each ward. The concerned MLAs/MPs can be motivated to allocate some money for SCRCs in their constituencies from the funds of Local Area Development.
11. It may also be appropriate that centres having considerable number of illiterate beneficiaries can be linked to Delhi Schools Literacy Project (DSLPP) or such organizations who are working in the field of literacy so that they are able to learn functional literacy. As per the National Education Policy 2020 'Padhna Likhna Andolan' is shortly going to be in operation in which illiterate beneficiaries of SCRCs can benefit a lot.
12. The future plan of expansion can keep in mind for opening more number of SCRCs in those areas where minority population resides.

13. The future plan of expansion may also keep in mind for opening more number of SCRCs in those areas where socially deprived sections like SC, ST, and OBC reside.
14. Suitable mechanism can be developed to utilize the services of the pool of educated and experienced manpower in the beneficiaries for the benefit of others. Life and vocational skill development are given priority by the government and this was also noted in SCRCs where a considerable number of respondents have shown keen interest in skill training programmes to increase their efficiency to meet the challenges of the day.
15. As 43.4% of the beneficiaries were having annual income less than Rs. 2 lakh who can very well be covered under different welfare schemes of the departments.
16. A scheme like SCRC cannot have any holiday as it is for recreation purpose. Preferably the centres can open for all the 7 days in a week and in case the Centre In-charge wants to avail a weekly holiday to attend personal work, then an alternative arrangement can be put in place for that day.
17. Wherever possible the SCRCs can extend necessary assistance for differently abled people so that they are also able to come to the centre more in number.
18. It may be appropriate that the Department of Social Welfare may prescribe the minimum space for a SCRC and sanction is strictly issued only for such organizations which are able to meet the given guidelines.
19. Water is important for human beings, particularly the elderly people. Provision of water must be taken as a priority by the centres so that elderly people coming to centres are treated as hon'ble guests and provided water at the first instance itself.
20. All SCRCs should have toilet facilities, especially in view of their beneficiaries being elderly people who have either no or less control over passing the urine. It is also to be noted that holding urine for long at that age may many times lead to urine infection. This can be more for those who have prostate problem.
21. Library and reading rooms are used more by the beneficiaries hence; there is a need for providing separate space for it. Hence, in course of time the inspecting officers can look into this and encourage the centres to find places with adequate space. It may also be appropriate to increase

the number of vernacular newspapers as most of the beneficiaries are interested in the same.

22. Watching mass media programmes is really entertaining and it may be appropriate that all SCRCs have television sets. Those which are now not having this facility may be encouraged to acquire the set as soon as possible.
23. Yoga and meditation are not only important for physical fitness but for mental alertness also. Hence, practice of yoga can be encouraged so that vast majority of the beneficiaries participate in yoga sessions.
24. As Mukhya Mantri Tirth Yatra Yojana of GNCTD is a conducted tour fully funded by the government, proper linkage with the concern department can benefit the senior citizens of SCRCs.

ANNEXURES

Recreation Centre for Senior Citizens: Details of Scheme

Aims and Objectives: The sole aim of setting-up of Recreation Centers for Old Age Persons is to provide facilities for relaxation, avenues of social activities for their leisure time. These facilities would keep the Aged Persons integrated in their respective families and the old persons will not be looked upon as problem to be cared for in the daytime when the family members go for their work/vocation.

Eligibility:

1. Senior Citizen Organizations/RWAs and those NGOs who are exclusive working on the issues related to the welfare of Senior Citizens.
2. The organization should have at least three years old registration under Society Registration Act which can be relaxed in case of organization of senior citizens themselves/the societies registered with the registrar of co-operative societies are also eligible.
3. It should have at least 50 registered members with it.

Pattern of Assistance:

Non-Recurring Grant: One time grant in the tune of Rs. 75,000/- (Rupees Seventy Five Thousand only) to the organizations having space available for purchase of chairs, table, cupboards, television, indoor game items, coolers, water coolers, curtain etc. as per the need.

Recurring Grant: In the tune of Rs, 20,000/- (Rupees Twenty Thousand only) for covering operational expenses, which includes payments for the attendants, rent minor repairs in case of owned building, organizing tours, health camps/yoga camps, discussions and seminars, celebration of National and religious festivals, purchase of newspapers, magazines, periodicals, payment of water and electricity charges and other incidental expenses. The Recurring Grant could be utilized on the following sub-heads:

1. Salaries of the staff/rent/repairs/payment of water and electricity charges.
2. Organization of Health Camps/Yoga Camps/Nutrition Seminars and workshops, Celebration of festivals, purchase of Newspapers, magazines etc.
3. Organizing tours/visits, etc.
4. Any other incidental expenses

The Recurring Grant is not restricted sub-head wise and it could be spent on any or all of the sub-heads mentioned above.

The NGOs having on premises available with them may be given only recurring grant to the tune of Rs. 10,000/- (Rupees Ten Thousand) per month covering all the components given above.

GUIDELINES FOR RECREATION CENTRE

Basic facilities to be provided at Senior Citizens Recreation Centers

1. There should be separate and proper sitting arrangements for library-cum-reading room as per the size of the Recreation Centre.
2. There should be indoor games like carom board, Ludo, playing cards, etc
3. Facilities for recreation activities like TV, CD-player and radio.
4. Provision for at least 2 outings in a year.
5. Medical facilities-there should be a provision for part time medical doctor and emergency medicines would be available.
6. Referral services facilities for sending senior citizens in need of emergency care to the appropriate hospital.
7. Linkages with Senior Citizens clinic run by the Delhi Govt. Hospital facilities for referral services.
8. Periodicals, magazines, newspapers and CDs, tape on religious or spiritual themes should be available.
9. Services of counselor should also be made available for providing need based counseling services.
10. Part time yoga therapist services should be given periodically in ordered to enable Senior Citizens to take-up regular yoga activities in the Recreational Center.
11. Recreation Centers should also have link with the nearest police station to give protection in case of any emergency.
12. Linkage with Resident Welfare Associations and other services providers which will help to resolve various services related problems like submission of property tax, security, etc.

Management Committee

Each Senior Citizens Recreation Center will have a Management Committee to effectively & efficiently deal with the daily affairs of the Senior Citizens Recreation Centre. The management Committee will comprise of 5 Senior Citizens of the area served by the Senior Citizens Recreation Centre. The Committee Members would be elected on an annual basis by all the members of the Senior Citizens Recreation Centre. While one of the 5 members of the Management Committee will follow administrative practices given hereunder for effective management of funds made available to associations/NGOs:

1. The Management Committee will maintain separate accounts for recurring non-recurring grants given by the Government and for

donations/subscription received by the association for operating the Senior Citizens Association.

2. Cheques for drawing grant amounts would be signed jointly by the Chairperson, Secretary of the Management Committee and all decisions related to expenditure of grants would be made by a majority resolution of the Management Committee.
3. Grants would be paid to the Senior Citizens Welfare Association in 2-half yearly installments, one of which would be in advance and the release of further grant would be done only when the organization renders a Utilization Certificate for grants given during the first half of the previous year duly supported by copies resolutions of the Management Committee and a statement of expenses and assets.
4. It would be required to place the statement of expenses and assets before the General Body of members every half year and obtain the approval of a majority of the members of the Senior Citizens recreation centre to the statements of expenses and assets.

The Management Committee would have overall responsibility from running the Recreation Centers and will have the following in addition to management of funds:

1. To monitor the activities of the Recreation Centers in a periodical manner about the quality and quantity of services provided to Senior Citizens.
2. To maintain administrative and operations records including those pertaining membership, procurement of items and services, bills paid to various goods and services provided, etc.
3. To impart in-service training to the manpower in the Recreation Centers time to time.
4. Periodic publicity and awareness amongst the public in respect of Recreation Centers and Welfare of Senior Citizens activities.
5. Submission of annual progress report to the State Government.
6. Coordination with various governmental and non-governmental agencies in respect of implementation of Senior Citizens Policy through these Recreation Centers.

Annexure – II**Appendix V****SCHEDULE I (FOR CENTER IN CHARGE)**

**GOVERNMENT OF N.C.T. OF DELHI
PLANNING DEPARTMENT
M&E UNIT**

EVALUATION STUDY OF RECREATION CENTER FOR SENIOR CITIZENS**DATE OF SURVEY:.....**

Address of Recreation Centre: / _____

_____/

Name of district : / _____/

Type of locality: / Approved Colony/ Regularized Unauthorized Colony/
Unauthorized Colony/ Resettlement Colony/ JJ Cluster/

Phone No. : / _____/

A. Basic Details of In-charge of Recreation Centre		
A.1	Name and Designation of In-charge Name: _____ Designation: _____	/ / / /
A.2	Age (years)	/ /
A.3	Sex (M/F)	
A.4	Mobile Number:	/ /
A.5	Educational Qualification: Education level: [1= Illiterate; 2=Below Primary; 3= Primary (V complete); 4= Upper Primary (VIII complete); 5= Secondary (X Complete); 6= Senior Secondary (XII complete); 7 = Graduate & above; 8= ITI/Diploma/Polytechnic and other technical degree; 9= Others (Specify)].....	/ /
A.6	Previous Experience, if any for running such centre (Yes/No)	/ /
A.7	If Yes, name and address of agency/institute where worked Name:.....	/ /

	Address:.....	
A.8	The date from which working in this recreation centre	/ /
A.9	Amount Paid (as remuneration) (in Rs. Per month)	/ /
A.10	Total employees engaged for running of centre	/ /

B. Basic details about Recreation Centre		
B.1	Date of starting of Recreation Centre	/ /
B.2	Name of NGO/Organization running the centre	/ /
B.2.1	Whether NGO/Organization running this centre is registered (Y/N)	/ /
B.2.1.1	If Yes, Name the authority/agency who has registered NGO	/ /
B.2.1.1.1	Registration Number and Date [copy of Registration Certificate may be collected] Registration No:..... Date :.....	/ /
B.3	Name of Assembly Constituency in which Recreation Centre is located.....	/ /
B.4	Whether there is any Management Committee to run the Centre? (Y/N)	/ /
B.4.1	If Yes, mention the composition of Committee (copy may be attached)	/ /
B.5	Recreation centre is running in: [1=Govt. Building; 2= Rented Building; 3= Own Building; 4=other (specify)].....	/ /
B.5.1.	If in rented building, rent per month (in Rs.)	/ /
B.6	Approximate area of Recreation Centre (in sq.yards)	/ /
B.7	Number of rooms available in the centre	/ /
B.8	Whether toilets are available? (Y/N)	/ /

B.8.1	If Yes, whether separate toilets for male and females are available? (Y/N)	/	/
B.9	Whether safe drinking water with RO system is available? (Y/N)	/	/
B.10.	Whether reading rooms are having AC? (Y/N)	/	/
B.10.1	If No, whether proper ventilation is available in rooms? (Y/N)	/	/
B.10.2	Whether sufficient number of fans are available? (Y/N)	/	/
B.11	Whether sufficient sitting arrangement is available in the centre? (Y/N)	/	/
B.11.1	Number of chairs available for senior citizen	/	/
B.11.2	Number of tables available for senior citizens	/	/
B.12	Whether Recreation Centre opens all the days in a week? (Y/N)	/	/
B.12.1	If No, which is the off day?	/	/
B.13	Timings of Recreation centre: Opening Time: Closing Time:.....	/	/
B.14	Whether “Board indicating name of the centre with financial assistance of GNCTD” is displayed? (Y/N)	/	/
B.15	Whether to avail services of centre any ID/Age-proof is required? (Y/N)	/	/
B.15.1	If Yes, name the required document.	/	/
B.16	Whether the record of persons availing services of centre is maintained? (Y/N)	/	/
B.16.1	If Yes, as per record write the average number of persons who availed services during preceding three months?.....	/	/
B.17	Whether proper publicity to make the public well aware about the location and services of Recreation Centres is made? (Y/N)	/	/
B.17.1	If Yes, its periodicity: [1=monthly; 2=quarterly; 3= half yearly; 4= annually; 5=other (specify).....	/	/
B.17.2	If yes, through which mode of publicity: (a) Newspapers:..... (b) Hoardings (c) Pamphlets (d) Others (specify)	/	/
B.18	Whether the Management Committee arranged any in-service training for staff working in Recreation Centre? (Y/N)	/	/

B.18.1	If Yes, latest date of such training.	/	/
B.18.1.1	Name the agency/department provided training.	/	/

C. About recreational facilities in centre			
C.1	Whether Indoor games facilities are available within premises of centre? (Y/N)	/	/
C.1.1	If yes, which of the following are available: (a) Carom board (Y/N) (b) Ludo (Y/N) (c) Snakes and ladder (Y/N) (d) Chess (Y/N) (e) Playing cards (Y/N) (f) Computer games (Y/N) (g) Badminton (Y/N) (h) Table Tennis (Y/N) (i) Others, (please specify)	/	/
C.2	Which of the following recreational facilities are available: (a) TV (Y/N) (b) Music Players (Y/N) (c) Radio (Y/N) (d) Other (Please specify):	/	/
C.3	Whether you arrange tours/outgoings for recreation of senior citizens? (Y/N)	/	/
C.3.1	If yes, (a) Mention latest date of arranging such tour (b) Places/monuments visited (c) Whether any fee charged for such tour (Y/N) (d) If Yes, how much per person:.....	/	/
C.4	Whether any Doctor visits the centre and provides medical facilities to Senior citizens visiting the recreation centre? (Y/N)	/	/
C.4.1	If yes, what is the periodicity of sitting the Doctor: [1=Daily; 2=Alternate day; 3=Twice a week; 4=Once a week; 5=Others (specify)]	/	/
C.4.2	Medical facilities provided a) First Aid Box/Material remain available in centre (Y/N) b) Whether referral services/facilities for sending Sr. Citizen in need of emergency care to the appropriate hospital are available? (Y/N)	/	/

	If Yes, whether there is linkage with Sr. Citizens clinic run by the Delhi Govt. Hospital? (Y/N)	/	/
	c) Whether services of counselor are also made available for providing need based counseling services? (Y/N)	/	/
	d) Whether Yoga activities/sessions provided to Sr. Citizens? (Y/N)	/	/
C.5	Whether Recreation Centre has linkage with the nearest Police Station to give protection in case of emergency? (Y/N)	/	/
C.6	Whether there is a linkage with RWAs and other services providers? (Y/N)	/	/
C.6.1	If Yes, whether Recreation Centres provide help to Sr. Citizens to resolve various issues related to problems like submission of property tax, security etc.	/	/

D. Resource Position				
D.1	Grant in-Aid (in Rs.)			
	Items	During 2018-19	During 2019-20 (up to 30.09.2019)	
	a) Amount of recurring grant from GNCTD			
	b) Amount of non-recurring grant from GNCTD			
	c) Donations/grants from other sources			
	Total			
D.2	Whether record is maintained for Grant in-Aid (GIA) received? (Y/N)			/ /
D.3	Item-wise Expenditure (in Rs.)			
	Items	During 2018-19	During 2019-20 (up to 30.9.2019)	
	a) Salaries of employees			
	b) If rented accommodation, the rent			
	c) Electricity charges			
	d) Water Charges			
	e) Internet Charges			

	f) Purchasing of books			
	g) Purchasing of magazines			
	h) Purchasing of newspapers			
	i) Purchasing of items of recreation/games			
	j) Publicity			
	k) Maintenance			
	l) Other (Please specify).....			
	Total			
D.4	Do you submit annual progress report to the State Government? (Y/N)			/ /
D.4.1	If Yes, mention date of submission of latest report			/ /
D.5	Do you submit Balance Sheet duly certified by CA to State Govt. (Y/N) (If Yes, a copy of the Balance Sheet of 2018-19 may be given)			/ /
D.6	Whether officers from Social Welfare Department visit/inspect the recreation centre? (Yes/No)			/ /
D.6.1	If Yes, Whether inspection register maintained? (Yes/No)			/ /
D.6.1.1	If Yes, mention date of latest visit and authority who visited this Recreation Centre?			/ /

Observation of Investigating Officer	

Signature

Name of Investigating Officer

Appendix VI

SCHEDULE II (FOR BENEFICIARY)

GOVERNMENT OF N.C.T. OF DELHI

PLANING DEPARRTMENT

M&E UNIT

EVALUATION STUDY OF RECREATION CENTER FOR SENIOR CITIZENS

DATE OF SURVEY:.....

Complete address of Recreation Centre: / _____

Phone No. :/ _____/

A. Basic Details of Beneficiary		
A.1	Name	/ /
A.2	Age (Years)	/ /
A.3	Sex (M/F)	/ /
A.4	Residential Address from where beneficiary comes to attend recreation centre: _____ _____ _____	/ /
A.5	Mobile No.	/ /
A.6	Educational Qualification: 1= Illiterate; 2= Below Primary; 3=Primary (V complete); 4= Upper Primary (VIII complete); 5= Secondary (X complete); 6= Senior Secondary (XII complete); 7= Graduate & above; 8= ITI/Diploma/polytechnic and other technical degree; 9= Others (specify).....	/ /
A.7	Religion: [1=Hindu; 2= Muslim; 3= Christian; 4= Sikh, 5= Jain, 6= Other (Specify).....	/ /
A.8	Category: [1=SC; 2=ST; 3=OBC; 4=General; 5=Other (specify)	/ /
A.9	Marital Status: [1=Married; 2=Widowed; 3= Divorced, Abandoned or Separated; 4=Unmarried; 5=Other (Specify)]	/ /
A.10	Occupation [1=Retired Govt. Servant; 2=Retired from Pvt. Job; 3=Self Employed (Business, Professional practice, etc); 4=Still having wage employment in private sector; 5=Doing Govt. Job after retirement; 6=Others].....	/ /
A.11	Approximate Annual Income (in Rs.): (a) <2 lakh,	/ /

	(b) 2 to 4 lakh, (c) 4 to 6 lakh, (d) 6 to 8 lakh, (e) > 8 lakh	
A.12	Whether you are getting financial assistance from GNCTD? (Y/N)	/ /
A.12.1	If yes, from which agency?	/ /
A.12.1.1	Amount of Assistance (in Rs. Per month)	/ /

B. About Recreation Centre		
B.1	Since when you are attending Recreation Centre? (a) <6 month, (b) 6 months to 1 year, (c) > 1 year, (d) >2 years	/ /
B.2	From where you came to know about the services of recreation centre? (a) Electronic media (b) Print Media (c) Friends/Neighbours (d) Display of Hoardings/Advt. (e) Public representatives (f) Others, Please specify.....	/ / / / / / / / / / / /
B.3	Whether recreation Centre has good ambience? (Yes/No)	/ /
B.3.1	If No, the reason thereof: a) Centre is in noisy area b) Centre has lack of space c) Centre's staff has lack of dedication d) Centre has lack of basic facilities e) Other, specify	/ / / / / / / / / /
B.4	Whether the recreation centre opens for all 7 days? (Y/N)	/ /
B.4.1	If No, number of non-working (off) days.	/ /
B.5	Timings of Recreation Centre Opening Time:..... Closing time:.....	/ / / /
B.6	Which of the following facilities/services are available in Recreation Centre: (a) Library-cum-reading room (b) Indoor games (c) TV/Music System (d) Newspapers/Magazines (e) Books (f) Religious discourses (g) Yoga and meditation sessions (h) Health and nutrition awareness (i) Geriatric care	/ / / / / / / / / / / / / / / / / /
B.7	Whether sufficient number of newspapers are available for reading by senior citizens? (Yes/No)	/ /
B.7.1	If No, suggest the name of additional newspapers you	/ /

	desire:	
B.8	Whether variety of books/magazines is available for Senior Citizens? (Yes/No)	/ /
B.8.1	If no, what other type of books/magazines are desired?	/ /
B.9	Whether books/Magazines are issued to senior citizens for home also? (Yes/No)	/ /
B.9.1	If No, whether you desire such facility to read your interesting book/magazine as per your convenient time? (Yes/No)	/ /

C. Availing services of Recreation Centre		
C.1	Often, at which time you visit the centre? a) Morning, b) Noon, c) Evening	/ /
C.2	On an average your duration of stay in centre a) Less than one hours, b) 1 hr to 2 hrs, c) 2 hrs to 4 hrs, d) More than 4 hrs	/ /
C.3	During your stay in centre, which of the following services you avail: (a) Library-cum-reading room (b) Indoor games (c) TV/Music System (d) Newspapers/Magazines (e) Books (f) Religious discourses (g) Yoga and meditation sessions (h) Health and nutrition, awareness (i) Geriatric care linkages	/ / / / / / / / / / / / / / / / / /
C.4	Whether you have attended any tour organized by this centre? (Y/N)	/ /
C.4.1	If Yes, a) How much duration [1=same day; 2= 2days; 3= more than 2 days] b) Which places were visited c) Number of persons accompanied the tour d) Boarding/lodging arrangement were on: [1=Self arranged basis; 2= By the Centre] (e) Whether any fee charged for the tour (Yes/No) (f) If Yes, how much fee? (In Rs.)	/ / / / / / / / / / / /
C.4.2	Whether you have availed the facilities under MUKHYAMANTRI TIRTH YATRA YOJANA? (Y/N)	/ /
C.4.2.1	If yes, how was the quality of tour and your experience thereof [to be rated in a scale of 1 to 5: 1= Excellent; 2= Very good; 3= Good; 4=Fair; 5=Poor]	/ /
C.4.2.2	If No, how much fee you paid? (In Rs.)	

D. Opinion and Suggestions of Beneficiaries			
D.1	Whether following basic facilities are available in Recreation Centre:		
	a) Safe drinking water (Yes/No)	/	/
	b) Clean toilets (Yes/No)	/	/
	c) Proper Ventilation (Yes/No)	/	/
	d) Sufficient number of fans (Yes/No)	/	/
	e) Sufficient sitting arrangements (Yes/No)	/	/
	f) Sufficient number of chairs for use of senior citizens (Yes/No)	/	/
	g) Sufficient number of tables for use of senior citizens (Yes/No)	/	/
	h) Proper lighting for reading etc. (Yes/No)	/	/
	i) Proper safety arrangements (Yes/No)	/	/
	j) First-Aid facility available (Yes/No)	/	/
D.2	As per your opinion, how do you rate the quality of facilities provided by the recreation centre: (1=very satisfied; 2=satisfied, 3=neutral, 4=dissatisfied, 5=very dissatisfied)	/	/
D.3	Behaviour of the staff of the recreation centre with senior citizens: a) Very Good; b) Good; c) Average; d=Poor	/	/
D.4	Do you suggest any measure for wide usage of recreation centres by the senior citizens (Yes/No)	/	/
D.4.1	If yes, mention it.	/	/

E. Observation of Investigating Officer			
E.1	Whether the location of the centre is safe from senior citizen's point of view? (Y/N)	/	/
E.2	Whether the location of centre is in convenient area from pedestrian point of view? (Y/N)	/	/
E.2.1	If No, the reason thereof:		
	a) Narrow approach road	/	/
	b) Heavy movement of vehicles	/	/
	c) Other (specify)	/	/
E.3	Approx, width of road in front of recreation centre (in ft.)....	/	/
E.4	Other observations:		

Signature

Name of Investigating Officer

Appendix VII
OBSERVATOIN SCHEDULE

GOVERNMENT OF N.C.T. DELHI
PLANING DEPARRTMENT
M&E UNIT

EVALUATION STUDY OF RECREATION CENTER FOR SENIOR CITIZENS

DATE OF SURVEY:.....

Address of Recreation Centres :/ _____/

Phone No. :/ _____/

Block A: Number of persons availing the facility of Recreation Centre (Use tally marks)

Time: From opening in morning to 12:00 Noon

	Particulars	60-70	Above 70 years	Total
Divyang	Male			
	Female			
Others	Male			
	Female			
Total				

Block B: Number of persons availing the facility of Recreation Centre (Use tally marks)

Time: From 12:00 Noon to 4:00 P.M

	Particulars	60-70	Above 70 years	Total
Divyang	Male			
	Female			
Others	Male			
	Female			
Total				

Block C: Number of persons availing the facility of Recreation Centre (Use tally marks)

Time: From opening in 4:00 P.M to closing

	Particulars	60-70	Above 70 years	Total
Divyang	Male			
	Female			
Others	Male			
	Female			
Total				

Signature
Name of Investigating Officer

Annexure-III

Inspection Proforma of the Organization Recreation Centre for Senior Citizens

1. Date & Time of the Inspection: _____

2. Name and Registered Address of the organization: _____

3. Address of Recreation Centre where inspection done:- _____

➤ No. of beneficiaries present at the time of visit: _____

➤ What is the perception of neighbor around about the recreation centre: _____

➤ Hall/Room (mention size if applicable as per scheme): _____

➤ Whether toilet/ Bath room attached (if applicable) _____

➤ Whether Space rented/owned (if own attach proof of payment of property tax/copy of rented agreement or Receipt): _____

➤ Are the items purchased from non-recurring grant available physically (if applicable): _____

Check list of available registers/records:

A) Daily attendance registers of beneficiaries _____

B) Record of health I yoga/legal camps _____

C) Record of Doctor's visits _____

D) Records of Recreational tour's _____

E) Salary Register (if applicable) _____

F) Stock Register (if applicable) _____

G) Cash Book (if applicable) _____

H) Ledger _____

4.) Number of persons & their age, Qualification & designation employed for the Purpose of recreation Centre (if applicable):

Name	Age	Qualification	Designation	Salary

5.) Details of previous/ last Grant Sanctioned to the organizations:

6.) Whether any fees is charged from the beneficiaries or the executive committee raises Funds on their own:

7.) General observations of the visiting team about the functioning of recreation centre and their recommendation/General observation of visiting team:

8.) Is the organization recommended grant in aid as per the scheme? Give reasons Yes/ No:

9.) Any other special comments / Remarks Recommendation:

Name of Inspecting official
official Signature with date:
Designation:

Name of Inspecting
Signature with date:
Designation:

Comments / Remarks / Recommendation of District Social Welfare Officer:

Name of DSWO
Signature with stamp
Date

Glimpses of Annual Reports/Soveniers/Publicity Material published by SCRCs

<p>Senior Citizens Council of Delhi</p>	<p>Senior Citizens Welfare Association Recreation Centre</p>	<p>Senior Citizens Welfare Association</p>
<p>Senior Citizens Welfare Association</p>	<p>Forum for Welfare of Senior Citizens</p>	<p>Senior Citizens Welfare Association</p>
<p>Sukhdev Vihar Senior Citizens Welfare Association</p>	<p>Senior Citizen Welfare Association</p>	<p>Senior Citizen Welfare Council of Sarita Vihar</p>

		
<p>East End Apartments Resident Senior Citizen's Association</p>	<p>Senior Citizens Welfare Society</p>	<p>Senior Citizens Assembly</p>
		
<p>Senior Citizen Welfare Association</p>	<p>Senior Citizen Welfare Association</p>	<p>Smt. Tulsa Devi Memorial Society</p>
		
<p>The Mianwali Nagar Senior Citizens Forum (Varista Sadan)</p>	<p>Varisth Nagrik Kalyan Samiti</p>	<p>Senior Citizens Welfare Club</p>

		
Super Senior Citizen Welfare Forum, Shalimar Bagh	Varishth Nagrik Manch	Varishth Nagrik Manch
		
Senior Citizen Samaj	Ashok Vihar Block KD Senior Citizen Welfare Association	Ashok Vihar Senior Citizen Welfare Association
		
Elderly Peoples Forum Recreation Centre	Retired Person's Welfare Association Kirti Nagar	Senior Citizens Society

<p>Senior Citizens Welfare Mission</p>	<p>Senior Citizens Welfare Association</p>	<p>Varisht Nagrik Kalyan Sanstha</p>
<p>Senior Citizens Association</p>	<p>Shri Gyan Gangotri Vikas Sansthan</p>	<p>Ministry of Health Co-op. House Building Society Ltd.</p>

Evaluation Team

Prof. S.Y.Shah

Dr. V.Mohankumar

Shri B. Sanjay

Smt. Neha Gupta

Shri Kripal Singh Mehara

Shri Jai Bhagwan

Shri Vinay Chhetri

Shri Rohit Nainwal

Smt. Rajni Koli

Shri Bhan Singh

Shri Aman Gupta

Shri Ankur Kumar

Annexure- VI

Description of Performance Rating

	Factors	Classification	Marks allotted	Total
1	Enrolment strength	Up to 50	1	3
		51-100	2	
		101 and above	3	
2	Working days per week	5 days a week	1	3
		6 days a week	2	
		All the 7 days	3	
3	Availability of accommodation	Running from park or other such places	1	3
		Rented accommodation	2	
		Own/government accommodation	3	
4	Availability of basic facilities (Potable water, Indoor Games, Outdoor games, Toilet - common or separate, sitting arrangement, separate and proper sitting arrangements for library-cum-reading room, availability of Periodicals, magazines, newspaper, facilities for recreation activities like TV, CD-player and radio, musical instruments, first aid, fan, cooler, AC,)	6 to 8 facilities	1	3
		9 to 12 facilities	2	
		13 and above	3	
5	Services provided (part time medical doctor and emergency medicines, facilities for sending citizens in need of emergency care to the appropriate hospital, legal-aid, availability of services of counselor, yoga therapist, link with the nearest police station to give protection in case of any emergency, linkage with Resident Welfare Associations, linkages with services provider who helps in submission of property tax, security, etc.)	4 different services	1	3
		5 to 6 different services	2	
		More than 6 services	3	
6	Programme and activities organized (religious discourse, national festivals and days, birthday	2 kinds of programmes	1	3
		3 kinds of programmes	2	

	celebration, Tour programmes)	More than 3 kinds of programmes	3	
7	Attendance on the day of survey	Up to 15	1	3
		16 to 25	2	
		More than 25	3	
8	Display Board	yes	1	2
		Credit given to GNCTD	2	
9	Publication of Souvenir or other publicity materials	Yes	1	1
10	Opinion of the Field investigator	Good	1	3
		Very good	2	
		Excellent	3	
	Total Score			27

Score card and rating awarded

Scored up to 50%	13.5 points	Average	*
Scored up to 60%	16 points	Satisfactory	**
Scored up to 80%	21 points	More than satisfactory	***
Scored above 80%	22 and above points	Outstanding	****

Annexure -VII**List of Senior Citizens Recreation Centres in Delhi and their details**

S.No.	Name
1.	Senior Citizens Council of Delhi
2.	Senior Citizens Welfare Association Recreation Centre
3.	The Senior Citizens Welfare Association
4.	Senior Citizens Welfare Association
5.	Johns Day Care & Boarding for Senior Citizen Association
6.	Mata Pita Samman Sewa Trust
7.	Senior Citizens Society
8.	Senior Citizens & Pensioners Welfare Association
9.	Varishth Nagrik Kalyan Samiti
10.	Adarsh Senior Citizens Association
11.	Golf View Apartment Senior Citizens Forum
12.	Mahila Bal Uthan Avom Kala Manch
13.	Senior Citizens Welfare Association
14.	Senior Citizens Welfare Association
15.	Aravali Apartments Senior Citizens Forum
16.	Forum for Welfare of Senior Citizens
17.	Kalka Ji Senior Citizen Welfare Forum
18.	Senior Citizens Welfare Association
19.	Senior Citizens Recreation Centre Health Fitness Society
20.	Triveni Senior Citizens Forum
21.	Sukhdev Vihar Senior Citizens Welfare Association
22.	Jasola Senior Citizen Welfare Society
23.	Senior Citizen Welfare Association
24.	Senior Citizen Welfare Council
25.	East End Apartments Resident Senior Citizen's Association
26.	East Vinod Nagar Senior Citizen Welfare Association
27.	Senior Citizens Welfare Society
28.	Senior Citizens Welfare Association
29.	Senior Citizen Welfare Association
30.	Senior Citizens Welfare Association
31.	Senior Citizen Welfare Association
32.	Senior Citizens Welfare Forum
33.	Delhi Officers Co-operative House Building Society Ltd.
34.	Indraprastha Senior Citizen Association
35.	Ministry of Health Co-op. House Building Society Ltd.

36.	Varishth Nagrik Vikas Manch
37.	Anugraha, Swabhimman Parishar, Delhi- 32
38.	Bhartiya Parivardhan Sansthan
39.	Dilshad Colony Senior Citizens Welfare Association
40.	Dilshad Garden Senior Citizen's New Council
41.	St Stephen Hospital Center for Senior Citizens
42.	Senior Citizens Assembly
43.	Senior Citizen Welfare Association
44.	Nari Uthan Samiti
45.	Senior Citizen Welfare Organization
46.	Varistha Nagrik Manch
47.	Rachna Women Development Association
48.	Dev's Educational Society, Narela
49.	Vishram Senior Citizen Welfare Association
50.	Janhit Society for Social Welfare Lal Bagh
51.	Women Educational and Welfare Society
52.	RS Rohini Educational and Charitable Society
53.	Senior Citizen Welfare Association
54.	Varistha Nagrik Sewa Sansthan
55.	DAV Educational and Welfare Society
56.	Smt. Tulsa Devi Memorial Society
57.	The Mianwali Nagar Senior Citizens Forum (Varista Sadan)
58.	Mangolpuri Senior Citizens Association
59.	Varisth Nagrik Kalyan Samiti
60.	SAMPURNA
61.	Senior Citizens Welfare Association
62.	Senior Citizen Welfare Association
63.	Silver Citizen Welfare Association, Rohini
64.	Society for the Welfare of Senior Citizens
65.	Sur Nirman Kendra
66.	AP Block Senior Citizen Society Pitampura
67.	Sahyog Varisth Nagrik Manch
68.	Senior Citizens Recreation Centre
69.	Senior Citizens Welfare Club
70.	Senior Citizens Welfare Society
71.	Senior Citizen Welfare Society
72.	Senior Citizens (SD) Welfare Society
73.	Super Senior Citizen Welfare Forum, Shalimar Bagh

74.	Varisth Nagrik Manch
75.	Varishth Nagrik Manch
76.	We The Senior Citizens
77.	Senior Citizen Samaj
78.	Ashok Vihar Block KD Senior Citizen Welfare Association
79.	Ashok Vihar Senior Citizen Welfare Association
80.	Deep Enclave Senior Citizens Welfare Association
81.	Elderly Peoples Forum Recreation Centre
82.	Senior Citizens Welfare Association
83.	Senior Citizens Common Cause
84.	Senior Citizen Welfare association Shakti Nagar
85.	Delhi Brotherhood Society
86.	All India Parivartan Seva Samiti
87.	Varisth Nagrik Sanskritik Sangthan Pooja Park
88.	Moti Nagar Senior Citizens Cultural Association
89.	Retired Person's Welfare Association Kirti Nagar
90.	Senior Citizen Brotherhood Association, Ramesh Nagar
91.	Raja Garden and Bali Nagar Senior Citizen Welfare Society
92.	Senior Citizens Society
93.	Senior Citizens Welfare Mission
94.	Senior Citizen Friendship Forum, Janakpuri
95.	Aware Recreation center for Senior Citizen
96.	The Delhi Sainik Co-operative House Building Society
97.	Sai Charitable Society
98.	Senior Citizen Forum
99.	Senior Citizens Welfare Association
100.	Varisht Nagrik Kalyan Sanstha
101.	Senior Citizens Association
102.	Shri Gyan Gangotri Vikas Sansthan
103.	Senior Citizens Forum
104.	Senior Citizens and Pensioners Association
105.	Senior Citizen Forum
106.	Senior Citizen Forum
107.	Madhok Foundation
108.	Navketan Co-operative Group Housing Society, Ltd.

Findings: Centre Specific

S.No.	Type of Colonies	Page no.
1.	SCRCs in Approved Colonies	122-203
2.	SCRCs in Unauthorized Colonies	204-214
3.	SCRCs in Regularized Unauthorized Colonies	215-216
4.	SCRCs in Resettlement Colonies	217-223
5.	SCRCs in JJ Clusters	224-228

SCRCs in Approved Colonies

01. Senior Citizens Council of Delhi

Date of Survey	20.1.2020
District	South
Assembly Constituency	Malviya Nagar (AC 43)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	B-2/73-B, Safdarjung Enclave, New Delhi – 110029
Registration No.	s/59494/2007
Date of registration	17.08.2007
Date of starting of recreation centre	05/12/2016
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0237244
Present operational address	First Floor, Community Centre, Green Park Extension, New Delhi - 110 016
Type of locality	Approved colony
Contact Number of the SCRC	011-26171092
Centre In charge	Shri J.R. Gupta, President, Senior Citizens Council of Delhi
Mobile No.	9810488059
No. of enrolled beneficiaries	2250
No. of persons present on the day of survey	47 in Block B (12:00 noon to 4:00 p.m.)
Basic facilities available	Operating from Samudyik Bhavan having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	12:00 Noon
Closing time	5:00 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



02. Senior Citizens Welfare Association Recreation Centre

Date of Survey	22.1.2020
District	South Delhi
Assembly Constituency	Malviya Nagar (AC 43)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Welfare Association Malviya Nagar Delhi 110017
Registration No.	s/34093/1998
Date of registration	18.12.1998
Date of starting of recreation centre	1998
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Senior Citizens Welfare Association Community Centre, Malviya Nagar Delhi 110017
Type of locality	Approved colony
Contact Number of the SCRC	9871449966
Centre In charge	Shri Ashok Prabhakar, President
Mobile No.	9871449966
No. of enrolled beneficiaries	218
No. of persons present on the day of survey	8 in Block A (from morning to 12:00 noon) 20 in Block B (from 12:00 noon to 4:00 p.m) 10 in Block C (from 4:00 p.m till closing)
Basic facilities available	Operating from Community Centre, Malviya Nagar having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box and Open Gym.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	10:00 a.m
Closing time	7:30 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



03. The Senior Citizens Welfare Association

Date of Survey	10.2.2020
District	South
Assembly Constituency	Mehrauli
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	The Senior Citizens Welfare Association, Mehrauli, New Delhi – 110030
Registration No.	S-31342 of 1997
Date of registration	4.6.1997
Date of starting of recreation centre	22.2.2012
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	The Senior Citizens Welfare Association, Community Centre, Mehrauli, New Delhi – 110030
Type of locality	Approved colony
Contact Number of the SCRC	7838126070
Centre In charge	Shri Om Prakash Rohilla, President
Mobile No.	7838126070
No. of enrolled beneficiaries	300
No. of persons present on the day of survey	13 in Block A (from morning to 12:00 noon) 10 in Block B (from 12:00 noon to 4:00 p.m)
Basic facilities available	Operating from Community Centre having adequate space (two rooms and one hall) and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Newspaper reading, yoga, carom, Hanuman Chalisha and Bhajan performed weekly, Sunderkand paath on every Tuesday, three tours in a year, time to time birthday celebration of members and celebrations of national, local, annual day.
Grant per year	Rs. 2,40,000/-
Opening time	11:00 a.m.
Closing time	2:00 p.m.
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



04. Senior Citizens Welfare Association

Date of Survey	10.2.2020
District	South West
Assembly Constituency	Mehrauli
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Welfare Association, DDA Community Centre Opposite B - 11, Market, Vasant Kunj, New Delhi - 110 070
Registration No.	S/19940
Date of registration	12-05-1989
Date of starting of recreation centre	2004
Whether registered with DARPAN	Yes
DARPAN Registration No	DL19/2019/0239797
Present operational address	Senior Citizens Welfare Association, DDA Community Centre Opposite B - 11, Market, Vasant Kunj, New Delhi - 110 070
Type of locality	Approved colony
Contact Number of the SCRC	011 - 26891492
Centre In charge	Smt. Sarala Sukla, Vice-President
Mobile No.	88512025444 (O)
No. of enrolled beneficiaries	3000 approx.
No. of persons present on the day of survey	28 in Block A (from morning to 12:00 noon) 25 in Block B (from 12:00 noon to 4:00 p.m.)
Basic facilities available	Operating from DDA Community Center having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birthdays, national days and important festivals.
Grant per year	Rs. 2,40,000
Opening time	10:00 a.m
Closing time	2:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



08. Senior Citizens & Pensioners Welfare Association

Date of Survey	7.2.2020
District	South
Assembly Constituency	Jangpura
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens & Pensioners Welfare Association (Regd.) Amar Colony, Lajpat Nagar – 4, New Delhi – 110 024
Registration No.	S/54440
Date of registration	21.12.2005
Date of starting of recreation centre	2006
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0240340
Present operational address	Senior Citizens & Pensioners Welfare Association (Regd.) Amar Colony, Lajpat Nagar – 4, New Delhi – 110 024
Type of locality	Approved Colony
Contact Number of the SCRC	9810033247
Centre In charge	Shri B.B. Sahny, President
Mobile No.	9810033247
No. of enrolled beneficiaries	300 approx.
No. of persons present on the day of survey	30 in Block A (from morning to 12:00 noon) 13 in Block B (from 12:00 noon to 4:00 p.m.) 32 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operating from MCD Building having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan - kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and visit by doctors for check-ups.
Grant per year	Rs. 2,40,000
Opening time	10:00 a.m to 1:00 p.m
Closing time	5:30 p.m to 9:30 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



11. Golf View Apartment Senior Citizens Forum

Date of Survey	22.1.20
District	South
Assembly Constituency	Mehrauli
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Golf View Apartment Senior Citizens Forum, C-79, Saket, New Delhi – 110017
Registration No.	S/427/2011
Date of registration	31.3.2011
Date of starting of recreation centre	2007
Whether registered with DARPAN	Yes
DARPAN Registration No	19082449AAAADB2416
Present operational address	Golf View Apartment Senior Citizens Forum, C-79, Saket, New Delhi - 110017
Type of locality	Approved colony
Contact Number of the SCRC	9810231182
Centre In charge	Col. Om Prakash Maheswari (Retd.), President.
Mobile No.	9810231182
No. of enrolled beneficiaries	211
No. of persons present on the day of survey	17 in Block A (from morning to 12:00 noon) 6 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Having adequate space and seating arrangements (chairs and tables), drinking water, Air Conditioner, TV with music player, indoor library, newspapers, First Aid Box and common toilets for male and female.
Regular Activities	Indoor games, yoga, facilities of books and newspaper reading, frequent tour programmes, regular celebration of birthdays, national days and important festivals and visit by doctors for check-ups.
Grant per year	2,40,000
Opening time	8:00 to 11:00 a.m
Closing time	5:00 to 8:00 a.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



14. Senior Citizens Welfare Association

Date of Survey	22.1.2020
District	South Delhi
Assembly Constituency	Mehrauli
Registered with	Registrar of societies, Govt. of NCT of Delhi Under Societies Registration Act 1860
Registered address	H/14-B,Saket, New Delhi-110017
Registration No.	S-47975/2004
Date of registration	7.1.2004
Date of starting of recreation centre	January 2004
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	D-Block, PVR Saket, South Delhi - 110017
Type of locality	Approved colony
Contact Number of the SCRC	9971212218
Centre In charge	Shri Suresh Kaul, President
Mobile No.	9971212218
No. of enrolled beneficiaries	750
No. of persons present on the day of survey	19 in Block A (from morning to 12:00 noon) 13 in Block B (from 12:00 noon to 4:00 p.m.) 13 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Chairs, tables, indoor games like chess, carrom, first aid box, etc.
Regular Activities	News paper reading, yoga, regular health check-up by invited doctors, tour programmes (local as well as international) on regular interval, birthday celebrations once in a month and celebration of important festivals.
Grant per year	2,40,000
Opening time	9:00 a.m
Closing time	5:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



15. Aravali Apartments Senior Citizens Forum

Date of Survey	21/01/2020
District	South
Assembly Constituency	Greater Kailash
Registered with	Registrar of Co-operative Society
Registered address	Flat No – 283 Aravali Apartment, New Delhi-110019
Registration No.	S/805 Distt South/2011
Date of registration	01/02/2011
Date of starting of recreation centre	2002
Whether registered with DARPAN	No
DARPAN Registration No	No
Present operational address	Govt. allotted rooms at Aravali Apartments, outdoor activities being conducted from the park adjacent to Gate No-2, Aravali Apartments
Type of locality	Approved colony
Contact Number of the SCRC	9891406664, 9643143800, 9312714438
Centre In charge	Shri S. K. Sharma Treasurer, Aravali Apartments Senior Citizen Forum Delhi-110019
Mobile No.	9810488059
No. of enrolled beneficiaries	150
No. of persons present on the day of survey	15 in Block C (4:00 p.m. till closing)
Basic facilities available	Operating from Govt. allotted rooms at Aravali Apartments and outdoor activities being conducted from the park adjacent to Gate No-2 of the Apartments, having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, music player, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and monthly visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	6:00 p.m
Closing time	8:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



16. Forum for Welfare of Senior Citizens

Date of Survey	20.1.2020
District	South Delhi
Assembly Constituency	Greater Kailash
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Forum for Welfare of Senior Citizens, M - 75 (Residential), Greater Kailash - II, Delhi - 110 048
Registration No.	S/117 of 20/09/2010
Date of registration	28.12.2015
Date of starting of recreation centre	15.8.2004
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0237155
Present operational address	Arya Samaj Mandir and Colony Park, Greater Kailash - II, Delhi - 110 048
Type of locality	Approved colony
Contact Number of the SCRC	011 - 29211403, 9717384331
Centre In charge	Shri V.K. Gauba, President
Mobile No.	9717384331
No. of enrolled beneficiaries	450 approx.
No. of persons present on the day of survey	10 in Block A (from morning to 12:00 noon) 13 in Block B (from 12:00 noon to 4:00 p.m.) 11 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Since last four years this centre is running its activities from nearby Arya Samaj Mandir premises as the MCD Community Hall allocated to them is undergoing renovation work. However, the centre is having 46 chairs and 7 tables, drinking water facilities, facilities for indoor games, newspapers, musical aids for bhajan - kirtan.
Regular Activities	Indoor games, yoga, bhajan-kirtan, frequent tour programmes, regular celebration of birthdays, national days and important festivals.
Grant per year	2,40,000
Opening time	10:00 a.m
Closing time	5:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



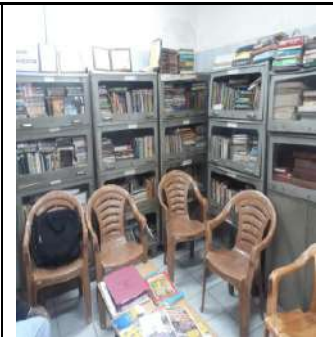
17. Kalka Ji Senior Citizen Welfare Forum

Date of Survey	21.1.2020
District	South-east Delhi
Assembly Constituency	Kalkaji
Registered with	Registrar of societies Of Gov of NCT of Delhi under Societies Registration Act of 1860
Registered address	Sanatan Dharm Mandir, E-Block, Kalkaji, New Delhi-110019
Registration No.	44487/2002
Date of registration	29-11-2002
Date of starting of recreation centre	2011
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Krishna Market, Kalkaji ,New Delhi - 110019
Type of locality	Approved colony
Contact Number of the SCRC	9650595401
Centre In charge	Shri Y. N. Singh, President
Mobile No.	9650595401
No. of enrolled beneficiaries	500
No. of persons present on the day of survey	13 in Block B (from 12:00 noon to 4:00 p.m)
Basic facilities available	Indoor games, exercising machines, toilets, TV, etc.
Regular Activities	Playing of games, yoga exercise etc.
Grant per year	2,40,000
Opening time	12:00 noon
Closing time	4:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



18. Senior Citizens Welfare Association

Date of Survey	20.1.2020
District	South Delhi
Assembly Constituency	G.K. (AC 50)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Welfare Association, 159, Sant Nagar East of Kailash, New Delhi – 110065
Registration No.	s/45952/2003
Date of registration	28.4.2003
Date of starting of recreation centre	23.4.2003
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0238702
Present operational address	Senior Citizens Welfare Association, 27, Sant Nagar East of Kailash New Delhi – 110065
Type of locality	Approved colony
Contact Number of the SCRC	9818144409
Centre In charge	Shri G. R. Sehgal, President
Mobile No.	9818144409
No. of enrolled beneficiaries	335
No. of persons present on the day of survey	9 in Block A (from morning to 12:00 noon) 11 in Block B (from 12:00 noon till closing)
Basic facilities available	Operating from Rented Building having adequate space and seating arrangements (chairs and tables), drinking water facilities, common toilets for male and female, TV, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	10:00 a.m
Closing time	2:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



20. Triveni Senior Citizens Forum

Date of Survey	10.2.2020
District	South Delhi
Assembly Constituency	GK - I (AC 50)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Triveni Senior Citizens Forum C-546, SFS Flats, Sheikh Sarai – I New Delhi 110017
Registration No.	s/415/distt. South /2011
Date of registration	28.11.2011
Date of starting of recreation centre	20.3.2011
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0244007
Present operational address	Triveni Senior Citizens Forum C-546, SFS Flats Sheikh Sarai – I New Delhi 110017
Type of locality	Approved colony
Contact Number of the SCRC	011-26015333, 9871406377
Centre In charge	Shri R. C. Sharma, President
Mobile No.	9871406377
No. of enrolled beneficiaries	150
No. of persons present on the day of survey	22 in Block A (from morning to 12:00 noon) 8 in Block B (from 12:00 noon to 4:00 p.m) 33 in Block C (from 4:00 p.m till closing)
Basic facilities available	Operating from a Car Garage modified into an office having limited space and seating arrangements (chairs and tables), drinking water facilities, common toilets for male and female, , facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	2,40,000
Opening time	10.30 a.m to 1:30 p.m
Closing time	6.30 p.m to 8:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



21. Sukhdev Vihar Senior Citizens Welfare Association

Date of Survey	21.1.2020
District	South Delhi
Assembly Constituency	Okhla (AC 54)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Sukhdev Vihar Senior Citizens Welfare Association, 72 -A Pocket-A, Sukhdev Vihar, New Delhi 110025
Registration No.	s/35173/1999
Date of registration	14.7.1999
Date of starting of recreation centre	1.4.2009
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Sukhdev Vihar Senior Citizens Welfare Association, 72- A Pocket-A, Sukhdev Vihar, New Delhi 110025
Type of locality	Approved colony
Contact Number of the SCRC	011-26835686, 9953105889
Centre In charge	Dr. B. K. Maheshwari, President
Mobile No.	9953105889
No. of enrolled beneficiaries	230
No. of persons present on the day of survey	15 in Block B (from 12:00 noon to 4:00 p.m)
Basic facilities available	Operating from RWA Office having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	12.00 noon
Closing time	4.00 p.m
Non working day, if any:	Saturday & Sunday
Display board giving credit to GNCTD	Yes



22. Jasola Senior Citizen Welfare Society

Date of Survey	21.1.2020
District	South Delhi
Assembly Constituency	Okhla
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	150 Pocket-1 Jasola New Delhi-110025
Registration No.	1312/Distt South/2013
Date of registration	1 April 2013
Date of starting of recreation centre	1 April 2013
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Jasola Senior Citizen Welfare Society, DDA Community Hall, 10-B, Jasola, New Delhi - 110025
Type of locality	Approved colony
Contact Number of the SCRC	9871800462
Centre In charge	Shri G. R. Chugh, Gen Secretary
Mobile No.	9871800462
No. of enrolled beneficiaries	207
No. of persons present on the day of survey	34
Basic facilities available	Center is being run on the place leased from DDA. Normal drinking water, indoor games and first aid facility is available in the centre. Toilet facility available.
Regular Activities	Indoor games like carom, ludo, chess, playing cards is available in the centre and also T.V. is there, books are there also available. Tour programme was organized.
Grant per year	Rs.2,40,000
Opening time	8:00 a.m. to 10:00 a.m
Closing time	6:00 p.m. to 8:00 p.m.
Non working day, if any:	Monday to Saturday
Display board giving credit to GNCTD	No



23. Senior Citizen Welfare Association

Date of Survey	20.1.2020
District	South Delhi
Assembly Constituency	Jangpura
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860
Registered address	F-106, Lajpat Nagar, New Delhi - 110024
Registration No.	S-57783
Date of registration	2-2-2007
Date of starting of recreation centre	2-2-2007
Whether registered with DARPAN	Yes
DARPAN Registration No	Under process
Present operational address	Community Center, Krishna Market, Lajpat Nagar -1, New Delhi - 110024
Type of locality	Authorized colony
Contact Number of the SCRC	9350292398
Centre In charge	Shri R P Kapoor, President
Mobile No.	9350292398
No. of enrolled beneficiaries	504
No. of persons present on the day of survey	17 in Block A (from morning to 12:00 noon) 13 in Block B (from 12:00 noon to 4:00 p.m) 20 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Center is running from a community centre provided by MCD having limited space for the enrolled beneficiaries. Normal drinking water, common toilets, indoor games and first aid facility is available at the centre.
Regular Activities	Indoor games like carom, ludo, chess, playing cards and TV is there for recreation, books and newspaper reading, daily religious kirtan is done.
Grant per year	Rs.2,40,000
Opening time	10:00 a.m
Closing time	5:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



24. Senior Citizen Welfare Council of Sarita Vihar

Date of Survey	21/01/2020
District	South
Assembly Constituency	Sarita Vihar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizen Complex, DDA Community Hall, Pocket K & L Sarita Vihar, Delhi-110076
Registration No.	S/37002/2000
Date of registration	2000
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0237361
Present operational address	Senior Citizen Complex, DDA Community, Hall Pocket K & L, Sarita Vihar Delhi-110076
Type of locality	Approved Colony
Contact Number of the SCRC	9818278026
Centre In charge	Shri B.D. Bhargava, General Secretary
Mobile No.	9891319229
No. of enrolled beneficiaries	1500
No. of persons present on the day of survey	21 in Block A (from morning to 12:00 noon) 23 in Block B (from 12:00 noon to till closing))
Basic facilities available	The centre is having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	2,40,000
Opening time	9:00 AM
Closing time	2:00 PM
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



25. East End Apartments Resident Senior Citizen's Association

Date of Survey	7.2.2020
District	East Delhi
Assembly Constituency	Trilokpuri
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	26/GF, East End Apartments, Mayur Vihar, Phase-1 Extn, Delhi-110076
Registration No.	59273/2007
Date of registration	26.July.2007
Date of starting of recreation centre	26.July.2007
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0240980
Present operational address	26/GF, East End Apartments, Mayur Vihar, Phase-1 Extn, Delhi-110076
Type of locality	Authorized colony
Contact Number of the SCRC	9818363580
Centre In charge	Shri D. R. Nuna, President
Mobile No.	9818363580
No. of enrolled beneficiaries	219
No. of persons present on the day of survey	15 in Block C (from 4:00 p.m till closing)
Basic facilities available	Centre functions from its own building having space, drinking water, separate toilets for male and female, indoor games like carom, ludo, chess, playing cards, first aid box, library.
Regular Activities	Indoor games, TV watching, regular health checkups are being done as well, regular tour programmes and cultural programmes.
Grant per year	Rs.2,40,000
Opening time	6:00 p.m
Closing time	8:00 p.m
Non working day, if any:	
Display board giving credit to GNCTD	Yes



27. Senior Citizens Welfare Society

Date of Survey	7.2.2020
District	East Delhi
Assembly Constituency	Kondli (AC 56)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Welfare Society, A-704, Riverview Apartments OPlot No. 10, Mayur Vihar, Phase – I Extension, Delhi - 110091
Registration No.	s/60716/2007
Date of registration	20.12.2007
Date of starting of recreation centre	1.4.2011
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Senior Citizens Welfare Society Recreation Centre, DDA Park, Manasthala Vihar, Phase I Ext., Mayur Vihar, Delhi - 110091
Type of locality	Approved colony
Contact Number of the SCRC	011-22744047
Centre In charge	Shri Om Prakash Singhal, President
Mobile No.	9810071807
No. of enrolled beneficiaries	325
No. of persons present on the day of survey	60 in Block C (from 4:00 p.m till closing)
Basic facilities available	Operating from a building inside the park having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor, books, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	1,20,000
Opening time	4:30 p.m
Closing time	7:30 p:m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



28. Senior Citizens Welfare Association

Date of Survey	7.2.2020
District	East District
Assembly Constituency	Patparganj
Registered with	Registrar of Societies Govt. of NCT of Delhi under societies Registration Act 1860
Registered address	Flat No-22-B, Pocket-B, Mayur Vihar, Phase-II, Delhi-110091
Registration No.	63138
Date of registration	26.08.2008
Date of starting of recreation centre	March 2008
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0239540
Present operational address	Mayur Vihar, Phase-II, Delhi-110091
Type of locality	Approved Colony
Contact Number of the SCRC	9810043790
Centre In charge	Col KJS Dhanjal, President
Mobile No.	9810043790
No. of enrolled beneficiaries	115
No. of persons present on the day of survey	14 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Chairs, tables, indoor games chess, carom, playing cards, first aid box, etc.
Regular Activities	Playing games, religious discourses, doctors visit for health check-up, yoga.
Grant per year	1,20,000
Opening time	6:00 p.m
Closing time	8:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



29. Senior Citizen Welfare Association

Date of Survey	7/02/2020
District	East
Assembly Constituency	Patparganj
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	32-A, Pocket – 4 Mayur Vihar Phase -1, New Delhi – 110091
Registration No.	S/65833/2009
Date of registration	02/06/2009
Date of starting of recreation centre	2009
Whether registered with DARPAN	No
DARPAN Registration No	No
Present operational address	MCD Park Pocket – 4, New Delhi - 110 091
Type of locality	Approved colony
Contact Number of the SCRC	9810202209, 9868176556
Centre In charge	Shri (Col),A.S Mac, President, Senior Citizen Welfare Association Pocket 4, Mayur Vihar Phase – 1 Delhi-110091
Mobile No.	9810488059
No. of enrolled beneficiaries	70
No. of persons present on the day of survey	29 in Block C (4:00 p.m. till closing)
Basic facilities available	Operating from MCD Park having adequate space and seating arrangements (chairs and tables), drinking water facilities, common toilets, TV and music player, facilities for indoor and outdoor games like table tennis, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and frequent visit by doctors for check-ups.
Grant per year	Rs. 1,20,000
Opening time	04.00 PM
Closing time	08.00 PM
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



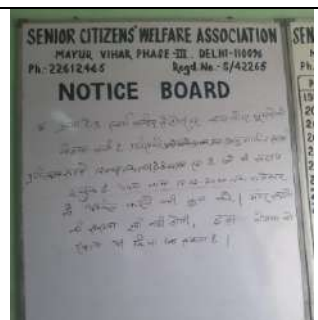
30. Senior Citizens Welfare Association

Date of Survey	7.2.2020
District	East
Assembly Constituency	Trilok Puri (AC 55)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Senior Citizens Welfare Association, 82-F, Mayur Vihar, Phase-1, Delhi - 110 091
Registration No.	District East/Society/342/2012
Date of registration	12.11.2012
Date of starting of recreation centre	12.11.2012
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0240213
Present operational address	SCWA's Recreation Centre - Behind Ganga Market, Ganga Marg, Pocket-1, Mayur Vihar, Phase- 1, Delhi - 11091
Type of locality	Approved Colony
Contact Number of the SCRC	9899787121
Centre In charge	Shri L.S. Harit, President
Mobile No.	9899787121
No. of enrolled beneficiaries	392
No. of persons present on the day of survey	20 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operating from Govt. building (earlier it was pump house) both RWA and SCWA (6:00 p.m. to 8:30 p.m.) having adequate space (Two rooms and one hall) and seating arrangements (chairs and tables), drinking water and toilets facilities, TV, Newspaper, facilities for indoor games, carom, chess, library, newspapers, First Aid Box available.
Regular Activities	Newspaper reading, Quarterly birth day celebration, carom and playing cards, watch TV programmes, birthday celebration time to time, tour programmes, Yoga
Grant per year	Rs. 2,40,000/-
Opening time	6:00 a.m.
Closing time	8:30 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



31. Senior Citizen Welfare Association

Date of Survey	7/02/2020
District	East Delhi
Assembly Constituency	Kondli
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Community Hall Pocket A-2, Mayur Vihar, Phase- III, Delhi - 110096
Registration No.	S/42265/2002
Date of registration	26/04/2002
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Community Hall, Pocket A-2, Mayur Vihar, Phase- III, Delhi - 110096
Type of locality	Approved Colony
Contact Number of the SCRC	8130915249
Centre In charge	Shri Awaran Singh, General Secretary
Mobile No.	8130915249
No. of enrolled beneficiaries	650
No. of persons present on the day of survey	24 in Block A (from morning to 12:00 noon) 17 in Block B (from 12:00 noon to 4:00 p.m.) 9 in Block C (From 4:00 p.m. to till closing)
Basic facilities available	Operational from community centre having adequate space and seating arrangements (chairs and tables), drinking water facilities, common toilets for male and female, TV, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Quarterly visit by doctors for check-ups.
Grant per year	Rs. 2,40,000/-
Opening time	11:00 AM
Closing time	6:00 PM
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



32. Senior Citizens Welfare Forum

Date of Survey	7.2.2020
District	East Delhi
Assembly Constituency	Patparganj
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Welfare Forum, 317, Pocket- E, Mayur Vihar, Phase-2, New Delhi – 110091
Registration No.	49972
Date of registration	26.7.2004
Date of starting of recreation centre	1-7-2004
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0237436
Present operational address	Senior Citizens Welfare Forum, DDA Park, Pocket- E, Mayur Vihar, Phase-2, New Delhi – 110091
Type of locality	Approved colony
Contact Number of the SCRC	9810298133
Centre In charge	Shri D.K. Vermani, President of the Centre
Mobile No.	9810298133
No. of enrolled beneficiaries	228 approx.
No. of persons present on the day of survey	3 in Block A (from opening till 12:00 noon) 13 in Block B (from 4:00 p.m. till closing)
Basic facilities available	Basic facilities of clean drinking water, sitting arrangement, indoor games, fan table, chair is available but lack of space in the centre is a barrier in the efficiency of the same.
Regular Activities	Indoor games like carom, chess, ludo, playing cards are available in the centre. It has also trade mill in the centre for the fitness. Small pantry is also available in the centre with good facilities. Books are also there for reading, yoga and meditation sessions are conducted. For more effectiveness, there needs to have large space.
Grant per year	Rs.1,20,000
Opening time	4:00 pm
Closing time	7:00 pm
Non working day, if any:	No
Display board giving credit to GNCTD	No



33. Delhi Officers Co-operative House Building Society Ltd.

Date of Survey	6.2.2020
District	South East
Assembly Constituency	Vishwash Nagar
Registered with	Registrar of Cooperative Societies, Act (VII of 1925), Delhi
Registered address	Delhi Officers Co-operative House Building Society Ltd., Flat No. 7, Court lane Post Office, Delhi Tehsil and District Delhi
Registration No.	2111
Date of registration	4.6.1960
Date of starting of recreation centre	2007
Whether registered with DARPAN	Yes
DARPAN Registration No	Under process
Present operational address	Delhi Officers Co-operative House Building Society Ltd., Community hall, Madhuban Bhawan, Delhi -110092
Type of locality	Approved Colony
Contact Number of the SCRC	9810459019
Centre In charge	Dr. M. K. Rai
Mobile No.	9810459019
No. of enrolled beneficiaries	205
No. of persons present on the day of survey	6 in Block A (from morning to 12:00 noon) 5 in Block B (from 12:00 noon to 4:00 p.m.) 6 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operational from community centre having sufficient sitting arrangement, drinking water, separate toilets for male and female, AC, first aid box, TV, playing cards, carom, ludo, snakes and ladder.
Regular Activities	Indoor games, yoga exercises, religious discourses, tour programmes, counseling by invited doctors on regular interval and health check-up twice in a week, cultural programmes.
Grant per year	2,40,000
Opening time	6:00 a.m
Closing time	7:00 p.m
Non working day, if any:	Tuesday
Display board giving credit to GNCTD	No



34. Indraprastha Senior Citizen Association

Date of Survey	6.2.2020
District	East
Assembly Constituency	Patparganj
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	C-5/2, Mangla Apartment, Plot No 53, I.P. Extension Delhi-110092
Registration No.	S/47105 of 2003
Date of registration	30/09/2003
Date of starting of recreation centre	2002
Whether registered with DARPAN	No
DARPAN Registration No	No
Present operational address	First Floor MCD Samudaik Bhvan, IP Extension, Delhi-110092
Type of locality	Approved colony
Contact Number of the SCRC	9910219242
Centre In charge	Shri (Major) T.S. Negi, President, IP Senior Citizen Association MCD Samudaik Bhavan I.P. Extn.Delhi-110092
Mobile No.	9910219242
No. of enrolled beneficiaries	900
No. of persons present on the day of survey	22 in Block A (from opening till 12:00 noon) 19 in Block B (12:00 noon to 4:00 p.m.) 9 in Block C (4:00 p.m. till closing)
Basic facilities available	Operating from Samudyik Bhavan having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.2,40,000
1 st batch	10:00 AM to 01:30 PM
2 nd batch	05:00 PM to 08:00PM
Non working day, if any:	Monday
Display board giving credit to GNCTD	No



35. Ministry of Health Co-op. House Building Society Ltd.

Date of Survey	6.2.2020
District	East Delhi
Assembly Constituency	Vishwas Nagar (AC- 59)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Ministry of Health Co-op. House Building Society Ltd. Swasthya Vihar Club, Swasthya Vihar, Delhi - 110092
Registration No.	392
Date of registration	8.7.1958
Date of starting of recreation centre	1.4.2007
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Ministry of Health Co-op. House Building Society Ltd. Swasthya Vihar Club, Vikas Marg, Delhi - 110092
Type of locality	Approved colony
Contact Number of the SCRC	011-42441180, 9711106518
Centre In charge	Shri R.B. Khara, Chairman
Mobile No.	9711106518
No. of enrolled beneficiaries	200
No. of persons present on the day of survey	50 in Block C (from 4:00 p.m till closing)
Basic facilities available	Operating from Min. of Health Co-op. House Building having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box. Open gym.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	4.00 p.m
Closing time	9.00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



36. Varishth Nagrik Vikas Manch

Date of Survey	6.2.2020
District	East
Assembly Constituency	Patparganj
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	F – 210, Pandav Nagar, New Delhi – 110 091
Registration No.	East/Society/496/2012
Date of registration	30-01-2012
Date of starting of recreation centre	01.01.2012
Whether registered with DARPAN	Yes
DARPAN Registration No	DL2019/0239071
Present operational address	Varishth Nagrik Vikas Manch, Community Centre, Samaspur Jagir Village, Pandav Nagar, New Delhi – 110 091
Type of locality	Approved Colony
Contact Number of the SCRC	9868115147
Centre In charge	Shri R.K. Sharma
Mobile No.	9868115147
No. of enrolled beneficiaries	200 approx
No. of persons present on the day of survey	32 in Block A (from morning to 12:00 noon) 10 in Block B (from 12:00 noon to 4:00 p.m.)
Basic facilities available	Operating from MCD Community Centre having adequate space and seating arrangements (chairs and tables), drinking water facilities, toilet, TV and music player, facilities for indoor games, library, newspapers, musical aids.
Regular Activities	Indoor games, yoga, books and newspaper reading, frequent tour programmes, regular celebration of birthdays, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs. 2,40,000
Opening time	11:00 a.m
Closing time	1:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



37. Anugraha Recreation Centre for Senior Citizens

Date of Survey	06.02.2020
District	East Delhi
Assembly Constituency	Viswas Nagar
Registered with	Societies of Registrar, Uttarakhand (the centre is functioning under its parent body named 'Anugraha' registered at Dehradun)
Registered address	'Anugraha', 187-B, Kudbuda Mohalla, Dehradun
Registration No.	414/2000-2001 renewed to 342/2015-2016 on October 11, 2015
Date of registration	11.10.2000
Date of starting of recreation centre	2015
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Anugraha Day Care And Recreational Centre For Senior Citizens, Swabhiman Parishar, Kasturba Nagar, Shahdara, New Delhi - 110032
Type of locality	Approved colony
Contact Number of the SCRC	011-22300310, 8130036936
Centre In charge	Ms. Charu (Chairperson of the parent body - Dr. Aabha Chaudhary)
Mobile No.	9599430419
No. of enrolled beneficiaries	1200
No. of persons present on the day of survey	24 in Block A (from opening till) 28 in Block B (12:00 noon from 4:00 p.m) 9 in Block C (4:00 p.m. till closing)
Basic facilities available	Centre has all the basic facilities available with good quality of drinking water, clean toilets with separate toilet for females, first aid facility, proper sitting arrangement, lighting, etc.
Regular Activities	Indoor games like carom, chess, playing cards is there. T.V. is there, yoga and meditation sessions conducts on regular basis, other cultural programs conducts regularly. Reading room, library facility is also there.
Grant per year	Rs. 1,20,000
Opening time	9:00 a.m
Closing time	5:00 P.M
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



38. Bhartiya Parivardhan Sansthan

Date of Survey	5.2.2020
District	East Delhi
Assembly Constituency	Seemapuri (AC 63)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Bhartiya Parivardhan Sansthan, Nand Nagri
Registration No.	s/22452
Date of registration	20.12.1991
Date of starting of recreation centre	1.4.2011
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	D-1, Basti Vikas Kendra Nand Nagri Delhi 110093
Type of locality	Approved colony
Contact Number of the SCRC	011-22114637, 9810064598
Centre In charge	Smt. Krishna Rani, President,
Mobile No.	9717861174
No. of enrolled beneficiaries	75
No. of persons present on the day of survey	27 in Block A (from morning to 12:00 noon) 20 in Block B (from 12:00 noon to 4:00 p.m) 25 in Block B (from 4:00 p.m till closing)
Basic facilities available	Operating from Basti Vikas Kendra having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	2,40,000
Opening time	10.00 a.m
Closing time	5.00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



39. Dilshad Colony Senior Citizens Forum

Date of Survey	6.2.2020
District	North East
Assembly Constituency	Seemapuri
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Dilshad Colony Senior Citizens Forum, A-162, Dilshad Colony, Delhi – 110 095
Registration No.	S/00574 NE/2011
Date of registration	30.11.2011
Date of starting of recreation centre	2007
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/586824
Present operational address	Samuday Bhawan, A-Block, Dilshad Colony
Type of locality	Approved Colony
Contact Number of the SCRC	9013126147
Centre In charge	Shri Rajendra Prashad, General Secretary
Mobile No.	9013126147
No. of enrolled beneficiaries	240
No. of persons present on the day of survey	23 in Block A (from morning to 12:00 noon) 12 in Block B (from 12:00 noon to 4:00 p.m)
Basic facilities available	Operating from Community Hall (provided by EDMC) having less space (one hall) for seating arrangements (chairs and tables in sufficient quantity), drinking water and toilets facilities, TV, Newspaper, facilities for indoor games (carom, Ludo, chess, Badminton, library, newspapers, First Aid Box available.
Regular Activities	Newspaper reading, birthday celebration on 1 st Sunday of every month, indoor and outdoor games, watch TV programmes, regular GB meeting on third Sunday of every month and tour programmes.
Grant per year	Rs. 2,40,000/-
Opening time	11:00 a.m.
Closing time	1:30 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



40. Dilshad Garden Senior Citizen's New Council

Date of Survey	5.2.2020
District	North East
Assembly Constituency	Seemapuri
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Dilshad Garden Senior Citizens New Council, C-Block, Dilshad Garden, Delhi – 110095 located at C-63/X-3, Dilshad Garden, Delhi - 110095
Registration No.	District Shahdara/Society/43/2013
Date of registration	21.3.2013
Date of starting of recreation centre	2007/ 2013
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0238498
Present operational address	Dilshad Garden Senior Citizens New Council, C-Block, Dilshad Garden, Delhi
Type of locality	Approved Colony
Contact Number of the SCRC	9268394252
Centre In charge	Shri S.S. Rana, General Secretary
Mobile No.	9268394252
No. of enrolled beneficiaries	83
No. of persons present on the day of survey	13 in Block A (from morning to 12:00 noon) 14 in Block B (from 12:00 noon 4:00 p.m)
Basic facilities available	Operating from well established building (constructed by MP/MLA funds) having adequate space (two storied with two big hall), seating arrangements (chairs and tables in sufficient quantity), drinking water and toilets facilities, TV, Newspaper, facilities for indoor games (carom, Ludo, chess, playing cards,, library, newspapers, First Aid Box available.
Regular Activities	Newspaper reading, birthday celebration, play carom, ludo, chess and playing cards, watch TV programmes, yoga and health camps, 2-3 tours in a year, nukkad natak with the help of professionals.
Grant per year	Rs. 2,40,000/-
Opening time	11:00 a.m.
Closing time	1:00 p.m.
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



42. Senior Citizens Assembly

Date of Survey	4.2.2020
District	North East Delhi (AC 64)
Assembly Constituency	Rohtas Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Assembly. B-714, MIG DDA Flat, East of Loni Road, Delhi - 110093
Registration No.	S27951/1995
Date of registration	25.5.1995
Date of starting of recreation centre	17.4.2011
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0239814
Present operational address	Senior Citizens Assembly 2525/5, Gali No 9, Ashok Nagar, Delhi 110093
Type of locality	Approved Colony
Contact Number of the SCRC	9312087414, 8375021205
Centre In charge	Shri Jaswant Singh
Mobile No.	8375021205
No. of enrolled beneficiaries	250
No. of persons present on the day of survey	65 in Block A (from morning to 12:00 noon) 46 in Block B (from 12:00 noon to closing)
Basic facilities available	Operational from a rented building having seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and 2 day in week by doctors for check-ups.
Grant per year	2,40,000/-
Opening time	10:00 a.m.
Closing time	2:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



43. Senior Citizen Welfare Association

Date of Survey	6/2/2020
District	North-East
Assembly Constituency	Shahdara
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	146-A, DDA Flats, Mansarovar Park, Shahdara Delhi-110032
Registration No.	S/56746/2006
Date of registration	25/09/2006
Date of starting of recreation centre	26/09/2006
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	DDA Flats Community Center, Mansarovar Park, Shahdara, Delhi-110032
Type of locality	Approved colony
Contact Number of the SCRC	9871814166
Centre In charge	Shri B.P. Panthri, President
Mobile No.	9871814166
No. of enrolled beneficiaries	240
No. of persons present on the day of survey	25 in Block A (from morning to 12:00 noon) 30 in Block B (from 12:00 noon to 4:00 p.m.) 9 in block C (From 4:00 p.m till closing)
Basic facilities available	Operating from Community Center having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Monthly visit by doctors for check-ups.
Grant per year	Rs. 2,40,000
Opening time	10:00 a.m – 1:00 p.m
Closing time	6:00 p.m – 8:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



48. Dev's Educational Society, Narela

Date of Survey	04/02/2020
District	North West Delhi
Assembly Constituency	Narela
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	1862-A Pana Mamoor Pur, Narela Delhi-110040
Registration No.	S/50612/2004
Date of registration	15/10/2004
Date of starting of recreation centre	2009
Whether registered with DARPAN	No
DARPAN Registration No	No
Present operational address	43/10/2 Arya Samaj Road, Narela Delhi-110040
Type of locality	Approved colony
Contact Number of the SCRC	9891986000
Centre In charge	Shri Puspender, Center In-charge , Dev's Educational Society Narela
Mobile No.	9250253595
No. of enrolled beneficiaries	55
No. of persons present on the day of survey	11 in Block B (12:00 noon to 4:00 p.m.)
Basic facilities available	Operating from Rented Building having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, books, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Monthly visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	10:00AM
Closing time	03:00PM
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



49. Vishram Senior Citizen Welfare Association

Date of Survey	4.2.2020
District	N.W-II
Assembly Constituency	Narela
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860
Registered address	Vishram Senior Citizen Welfare Association 202, Near post office, Holambi Kalan, Delhi-110082.
Registration No.	s/1346/sdm/nw/2012
Date of registration	1.10.2012
Date of starting of recreation centre	2015
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Vishram Senior Citizen Welfare Association 202, Near post office, Holambi Kalan, Delhi-110082.
Type of locality	Approved colony (Rural)
Contact Number of the SCRC	7303614195
Centre In charge	Shri Pawan Kumar, Vice President
Mobile No.	7303614195
No. of enrolled beneficiaries	55
No. of persons present on the day of survey	20 in Block A (from morning to 12:00 noon) 19 in Block B (from 12:00 noon . till end)
Basic facilities available	The centres is having drinking water, toilets, TV, Cooler, Playing cards, luodo, carom, chairs table
Regular Activities	Indoor games, Yoga, cultural programme, medical camps, outdoor tour programmes.
Grant per year	2,40,000
Opening time	10:00 a.m.
Closing time	4:00 p.m.
Non working day, if any:	
Display board giving credit to GNCTD	No



51. Women Educational and Welfare Society

Date of Survey	4.2.2020
District	North Delhi
Assembly Constituency	Timarpur
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	10/150, Harijan Colony, Shiv Mandir, Wazirabad, Delhi -1100 87
Registration No.	S/44424 of 2002
Date of registration	2002
Date of starting of recreation centre	2008
Whether registered with DARPAN	Yes
DARPAN Registration No	Under process
Present operational address	10/150, Harijan Colony, Shiv Mandir, Wazirabad, Delhi- 1100 87
Type of locality	Authorized colony
Contact Number of the SCRC	9810857466
Centre In charge	Shri Vijay Laxmi, President
Mobile No.	9810857466
No. of enrolled beneficiaries	110
No. of persons present on the day of survey	15 in Block A (from morning to 12:00 noon) 30 in Block B (from 12:00 noon to 4:00 p.m) 5 in Block C (from 4:00 p.m till closing)
Basic facilities available	Center is being run from a rented building having limited space. Normal drinking water, toilet, indoor games and first aid facility is available at the centre.
Regular Activities	Indoor games, TV watching, book reading and tour programmes.
Grant per year	2,40,000
Opening time	10:00 a.m.
Closing time	5:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



53. Senior Citizen Welfare Association

Date of Survey	28.01.2020
District	North-West
Assembly Constituency	Rithala
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizen Welfare Association, B-8/161, Sector-5, Rohini, Delhi-110085
Registration No.	S/1269/SDM/NW/2012
Date of registration	03-09-2012
Date of starting of recreation centre	2012
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0237134
Present operational address	Senior Citizen Welfare Association, Near Banke Vihari Temple, S.G. Memorial Senior Citizen Park, Sector-5, Rohini, Delhi-110085
Type of locality	Approved colony
Contact Number of the SCRC	9999688238, 8178877968
Centre In charge	Shri Sitaram Sharma, President
Mobile No.	9999688238
No. of enrolled beneficiaries	172 approx.
No. of persons present on the day of survey	14 in Block A (from opening till 12:00 noon) 7 in Block B (from 12:00 p.m. 4:00 P.M.) 15 in Block C (from 4:00 P.M. to till closing)
Basic facilities available	At present the centre is operational from a house. However, a new building with adequate facilities for SCRC is being constructed with the help of MLA funds.
Regular Activities	A few indoor games are there along with regular yoga classes and frequent tour programmes to engage the beneficiaries
Grant per year	Rs. 2,40,000
Opening time	10 am -1 pm
Closing time	5 pm - 8 pm
Non working day, if any:	No
Display board giving credit to GNCTD	No



54. Varistha Nagrik Sewa Sansthan

Date of Survey	28.01.2020
District	North west
Assembly Constituency	Rithala
Registered with	Registrar of Societies Govt. of NCT of Delhi under Societies Registration Act XXI of 1860
Registered address	D-1/41, Budh Vihar Phase-1, Delhi-110086
Registration No.	S/1087/2012
Date of registration	20/062012
Date of starting of recreation centre	Feb 2016
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	C-2/18, Budh Vihar, Phase-1, Delhi - 110086
Type of locality	Approved colony
Centre In charge	Shri L. Lohia, President
Mobile No.	9667884051
No. of enrolled beneficiaries	115
No. of persons present on the day of survey	8 in Block A (from morning to 12:00 noon) 10 in Block B (from 12:00 noon to 4:00 p.m.) 5 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Functioning in a rented building having first aid box, drinking water, chairs, toilet facilities, playing cards, ludo, carom, TV and music players.
Regular Activities	games, yoga, exercise, bhajan-kirtan, local tour programmes, etc.
Grant per year	2,40,000
Opening time	10:00 a.m
Closing time	6:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



57. The Mianwali Nagar Senior Citizens Forum (Varista Sadan)

Date of Survey	28.1.2020
District	West
Assembly Constituency	Nangloi Jat
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Mianwali Nagar Senior Citizens Forum, Varista Sadan, BC Road, Mianwali Nagar New Delhi – 110 087
Registration No.	Society/West/2013/8900836
Date of registration	1-04-2013
Date of starting of recreation centre	1-04-2013
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Mianwali Nagar Senior Citizens Forum, Varista Sadan, BC Road, Mianwali Nagar New Delhi – 110 087
Type of locality	Approved Colony
Contact Number of the SCRC	9871622716
Centre In charge	Shri H.P. Nagpal, President
Mobile No.	9871622716
No. of enrolled beneficiaries	220 approx.
No. of persons present on the day of survey	46 in Block A (from morning to 12:00 noon) 13 in Block B (from 12:00 noon to 4:00 p.m.) 27 in Block C (from 4:00 pm. till closing)
Basic facilities available	Operating from Government Building, Mianwali Nagar near colony Park this centre having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birthdays, national days and important festivals and visits by doctors for check-up is arranged on regular basis.
Grant per year	Rs. 2,40,000
Opening time	11:00 a.m to 1:00 p.m
Closing time	6:00 p.m. to 8:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



59. Varisth Nagrik Kalyan Samiti

Date of Survey	03.02.2020
District	North-West
Assembly Constituency	Trinagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Tri Nagar Varisth Nagrik Kalyan Samiti, 614- A/ 38, Omkar Nagar C, Trinagar, Delhi- 110035
Registration No.	S/59565/2007
Date of registration	29-08-2007
Date of starting of recreation centre	06-10-2014
Whether registered with DARPAN	Yes
DARPAN Registration No	Under process
Present operational address	Varisth Nagrik Manoranjan Kendra, Vardhmaan Vatika, Trinagar, Delhi- 110035
Type of locality	Approved colony
Contact Number of the SCRC	9136120844
Centre In charge	Shri Jai Bhagwan Gupta, Chairman
Mobile No.	9136120844
No. of enrolled beneficiaries	205 approx.
No. of persons present on the day of survey	5 in Block A (from opening till 12:00 noon) 6 in Block B (from 12:00 p.m. 4:00 P.M.) 7 in Block C (from 4:00 P.M. to till closing)
Basic facilities available	Basic facilities like of toilets, drinking water, etc. are there. However, factionalism within governing body leading to court case seems to be hampering the smooth functioning of the centre.
Regular Activities	Controversial (as same above mentioned)
Grant per year	Rs. 1,20,000
Opening time	9:00 a.m
Closing time	5:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



61. Senior Citizens Welfare Association

Date of Survey	29.1.2020
District	North West Delhi (AC 13)
Assembly Constituency	Rohini
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Welfare Association, Block E-11/53, Sector 15, Rohini, Delhi - 110089
Registration No.	s/69556
Date of registration	26.7.2010
Date of starting of recreation centre	25.11.2008
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Sector-15, Rohini, Delhi - 110 089
Type of locality	Approved colony
Contact Number of the SCRC	9810926961
Centre In charge	Dr. D.D. Swami, President
Mobile No.	9810926961
No. of enrolled beneficiaries	72
No. of persons present on the day of survey	30 in Block A (from morning to 12:00 noon) 37 in Block B (from 12:00 noon till closing)
Basic facilities available	As the centre has not its own building all the activities are organized from park inside the colony.
Regular Activities	Newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of national days and important festivals and health camps.
Grant per year	1,20,000
Opening time	11:00 a.m
Closing time	1:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



62. Senior Citizen Welfare Association

Date of Survey	28.01.2020
District	North-West
Assembly Constituency	Rohini
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Welfare Association, AG block, F-66, Prashant Vihar, Delhi- 110085
Registration No.	S/777/SDM/NW/2011
Date of registration	05-01-2012
Date of starting of recreation centre	January 2012
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Senior Citizens Welfare Association, Community Centre, 2 nd Floor, near PVR Cinema, Prashant Vihar, Delhi- 110085
Type of locality	approved colony
Contact Number of the SCRC	9868205206
Centre In charge	Shri Hazarimal Gupta, President
Mobile No.	9868205206
No. of enrolled beneficiaries	450 approx.
No. of persons present on the day of survey	8 in Block A (from opening till 12:00 noon) 9 in Block B (from 12:00 p.m. to till closing)
Basic facilities available	Basic facilities like safe drinking water, clean toilets, proper ventilation, proper sitting arrangement, indoor games, proper lighting, first aid facility etc. is there in the centre
Regular Activities	Indoor games like carom is there. T.V. is also there. Regular camps , cultural programs also conducts. Books for reading, newspaper, magazines is also there.
Grant per year	Rs. 2,40,000
Opening time	11:00 a.m
Closing time	1:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



63. Silver Citizens Welfare Association

Date of Survey	28/1/2020
District	North West
Assembly Constituency	Rohini
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	A-1, Aman Apartment, Sector – 13, Rohini, Delhi-110085
Registration No.	S67725/2009/ROS/NORTH/65/2017
Date of registration	20/04/2017
Date of starting of recreation centre	20/04/2017
Whether registered with DARPAN	Yes
DARPAN Registration No	Under process
Present operational address	Agrsen Park near Dhruv Apartment, Sector-13, Rohini, New Delhi – 110 085
Type of locality	Approved colony
Contact Number of the SCRC	9868554173
Centre In charge	Shri Shrikant Sharma, General Secretary
Mobile No.	9811625756
No. of enrolled beneficiaries	395
No. of persons present on the day of survey	25 in Block A (from morning to 12:00 noon) 11 in Block B (from 12:00 noon to 4:00 p.m) 45 in Block C (from 4:00 p.m to till closing)
Basic facilities available	Operating from Agrsen Park having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.1,20,000
Opening time	10:00 a.m – 02:00 p.m
Closing time	5:00 p.m – 08:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



64. Society for the Welfare of Senior Citizens

Date of Survey	28.1.2020
District	West
Assembly Constituency	Rohini
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Society for the Welfare of Senior Citizens, House No.17, Pocket H-17, Sector-7, Rohini, Delhi – 110085
Registration No.	S-61242/2008
Date of registration	Re-registered on 7.3.2013
Date of starting of recreation centre	Feb 2011
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0238722
Present operational address	Society for the Welfare of Senior Citizens, Mahavir Park, Sector-7, Rohini, Delhi - 110085
Type of locality	Approved Colony
Contact Number of the SCRC	9871394536
Centre In charge	Shri Arjun Kumar, Vice President, Society for the Welfare of Senior Citizens
Mobile No.	9871394536
No. of enrolled beneficiaries	106
No. of persons present on the day of survey	13 in Block A (from morning to 12:00 noon) 8 in Block B (from 12:00 noon .4:00 p.m) 20 in Block B (from 4:00 p.m till end)
Basic facilities available	Centre operates from an office developed out of a garbage bin called Dhalav, having very a hall and open space adjacent to it. It has seating arrangements (chairs and tables in sufficient quantity), drinking water and toilets facilities, TV, music player, Newspapers, facilities for indoor games (carom, Ludo, snakes and ladder, chess, playing cards, library, First Aid Box available.
Regular Activities	Book and Newspaper reading, indoor games, watch TV programmes, yoga and health camps, 2-3 tours local and outside in a year and tour programmes.
Grant per year	Rs. 1,20,000/-
Opening time	12:00 noon to 2:00 p.m.
Closing time	5.00 to 8:00p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



**65. Sur Nirman Kendra
(Indira Gandhi Senior Citizens Recreation Center Gulabi Bagh)**

Date of Survey	3.2.2020
District	North west Delhi
Assembly Constituency	Sadar Bazar (AC 19)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Sur Nirman Kendra, 132 Modern Apartments, Sector- 15, Manav Chouk, Rohini, Delhi- 110089
Registration No.	S/19707
Date of registration	24.10.1996
Date of starting of recreation centre	8.10.2008
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Indira Gandhi Senior Citizens Recreation Center Gulabi Bagh Delhi 110007
Type of locality	Approved colony
Contact Number of the SCRC	7838496747
Centre In charge	Smt. Veena Ramakant General Secretary
Mobile No.	9810960960
No. of enrolled beneficiaries	105
No. of persons present on the day of survey	38 in Block A (from morning to 12:00 noon) 62 in Block B (from 12:00 noon to 4:00 p.m.) 20 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operational from government building having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	10:30 a.m
Closing time	4:30 p.m
Non working day, if any:	Sunday and 2 nd Saturday
Display board giving credit to GNCTD	No



66. AP Block Senior Citizen Society Pitampura

Date of Survey	29/01/2020
District	North West
Assembly Constituency	Shalimar Bagh
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	AP-65-A Pitampura Delhi-110034
Registration No.	S/1666/SDM/NW/2013
Date of registration	May, 2013
Date of starting of recreation centre	May 2010
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0240349
Present operational address	AP Block Park Pitampura Delhi-110034
Type of locality	Approved Colony
Contact Number of the SCRC	9818030200
Centre In charge	Shr. R.S. Yadav President, AP Block Senior Citizen Society Pitampura Delhi-110034
Mobile No.	9818030200
No. of enrolled beneficiaries	90
No. of persons present on the day of survey	19 in Block A (from opening till 12:00 noon) 16 in Block B (12:00 noon to 4:00 p.m.)
Basic facilities available	Functioning from RWA office and the park adjacent to AP Block and having sufficient seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Weekly visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	09:00 AM
Closing time	08:00 PM
Non working day, if any:	No
Display board giving credit to GNCTD	No



67. Sahyog Varisth Nagrik Manch

Date of Survey	29.1.2020
District	North Delhi
Assembly Constituency	Shalimar Bagh
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	CC-57B, Shalimar Bagh, Delhi -110088
Registration No.	S/489/SDM/NW/2011
Date of registration	11/AUG/2011
Date of starting of recreation centre	2009
Whether registered with DARPAN	Yes
DARPAN Registration No	Under process
Present operational address	CC-57B, Shalimar Bagh, Delhi, 110088
Type of locality	Authorized colony
Contact Number of the SCRC	9810793174
Centre In charge	Shri R. K. Nanda, President
Mobile No.	9810793174
No. of enrolled beneficiaries	200
No. of persons present on the day of survey	10 in Block A (from morning to 12:00 noon) 12 in Block B (from 12:00 noon to 4:00 p.m)
Basic facilities available	Center functions from an accommodation provided by MCD which is having limited space as compared to the average attendance of its enrolled beneficiaries. Drinking water, common toilet, indoor games and first aid facility is available at the centre.
Regular Activities	Indoor games like carom, ludo, chess, playing cards, watching TV, reading books and tour of local site as well as outside are being organized.
Grant per year	Rs.1,20,000
Opening time	10:00 a.m
Closing time	1:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



68. Senior Citizens Recreation Centre

Date of Survey	29.01.2020
District	North West
Assembly Constituency	Shalimar Bagh
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior citizens Recreation centre, AE- 28, Shalimar Bagh, Delhi- 110088
Registration No.	S/704/2011
Date of registration	08-12-2011
Date of starting of recreation centre	Year 2011
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Senior Citizens Recreation Centre, Umbrella, Sadhuran Vatika, AE Block, Shalimar Bagh, Delhi- 110088
Type of locality	Approved colony
Contact Number of the SCRC	9899931753
Centre In charge	R.N. Khosla, President of the Centre
Mobile No.	9899931753
No. of enrolled beneficiaries	179 approx.
No. of persons present on the day of survey	19 in Block A (from opening till 12:00 noon) 19 in Block B (from 12:00 noon to 4:00 p.m) 10 in Block C (from 4:00 p.m. to till closing)
Basic facilities available	Centre runs from an open space having a small office set up in a park located within the premises of the apartment.
Regular Activities	Here the enrolled beneficiaries enjoy reading books, magazines, news papers, etc. Several cultural programmes, health camps, tours are arranged by the centre on regular basis.
Grant per year	Rs. 1,20,000
Opening time	7:00 a.m
Closing time	6: 00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



69. Senior Citizens Welfare Club

Date of Survey	30.01.2020
District	North-West
Assembly Constituency	Shalimar Bagh
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	SCWC, BL- 99, Shalimar Bagh, Delhi- 110088
Registration No.	S/1506/SDM/NW/2013
Date of registration	08-1-2013
Date of starting of recreation centre	22-10-2016
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0239590
Present operational address	Senior Citizens Welfare Club, 2 nd Floor, Dr, Sahab Singh Verma Community Centre, B- block, Shalimar Bagh, Delhi- 110088
Type of locality	Approved colony
Contact Number of the SCRC	9999616010, 9643604409
Centre In charge	Shri Vijay Kumar Sharma, President
Mobile No.	9999616010
No. of enrolled beneficiaries	294 approx.
No. of persons present on the day of survey	16 in Block B (from 12:00 noon to 4:00 p.m) 7 in Block C (from 4:00 p.m. to till closing)
Basic facilities available	Centre has all the basic facilities available like safe drinking water, clean toilets, proper ventilation, etc. it has sufficient sitting arrangement , lighting.
Regular Activities	The centre lacks specific control over the community centre building from where it is functioning as the same is allocated to another senior citizens centre also. Hence, both of them are not able to have their own specific facilities like separate library, indoor games facilities, own recreation facilities such as TV, radio and music system, etc. however, other essential facilities like toilet, drinking water, etc. are shared by both of them on equal basis
Grant per year	Rs. 2,40,000
Opening time	3:00 p.m
Closing time	5:00 p.m
Non working day, if any:	Opens only on weekly basis for meeting (Saturday), and on special occasions
Display board giving credit to GNCTD	Yes



70. Senior Citizens Welfare Society

Date of Survey	29.1.2020
District	North West
Assembly Constituency	Shalimarbagh
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Senior Citizen Welfare Society, RU-427, Vishakha Enclave, Pitampura, Delhi - 110034
Registration No.	558451/2007
Date of registration	26.4.2007
Date of starting of recreation centre	2010
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0238069
Present operational address	Senior Citizen Welfare Society, RU-427, Pitampura, Delhi - 11034
Type of locality	Approved Colony
Contact Number of the SCRC	9868160564/8368966338
Centre In charge	Shri Ishwar Chander, President
Mobile No.	9868160564/8368966338
No. of enrolled beneficiaries	145
No. of persons present on the day of survey	17 in Block A (from morning to 12:00 noon) 16 in Block B (from 12:00 noon .4:00 p.m) 7 in Block B (from 4:00 p.m till enclosed)
Basic facilities available	Operating from house of President of the society having limited space, seating arrangements (chairs and tables insufficient quantity), TV, music player, Newspapers, facilities for indoor games (carom, Ludo, chess, few books and first aid box. All the activities are organized in the park inside the colony.
Regular Activities	Newspaper reading, carom, ludo, chess, watch TV programmes, celebrations of national & local festival in Sarv Manglam Parks, two tours, yoga and health camps.
Grant per year	Rs. 1,20,000/-
Opening time	10:00 a.m to 1:00 p.m.
Closing time	4:00 p.m. to 6:00 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



71. Senior Citizen Welfare Society

Date of Survey	30/1/2020
District	North West
Assembly Constituency	Shalimar Bagh
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act 1860
Registered address	Ac-109B, Shlimar Bagh, Delhi-110088
Registration No.	S/64870/2009
Date of registration	25/02/2009
Date of starting of recreation centre	25/2/2009
Whether registered with DARPAN	Yes
DARPAN Registration No	Under process
Present operational address	Netaji Subhash Chander Bose, Community Center, Singal Pur, Shalimar Bagh, Delhi-110088
Type of locality	Approved colony
Centre In charge	Capt. Chander Sachdeva, President
Mobile No.	9899172838
No. of enrolled beneficiaries	1600 approx
No. of persons present on the day of survey	12 in Block A (from morning to 12:00 noon) 12 in Block B (from 12:00 noon to 4:00 p.m.)
Basic facilities available	First aid box, potable water, separate toilets for male and female, chairs, playing cards, carom, chess, TV
Regular Activities	Playing games, yoga, exercise
Grant per year	2,40,000
Opening time	10:30 a.m
Closing time	1:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



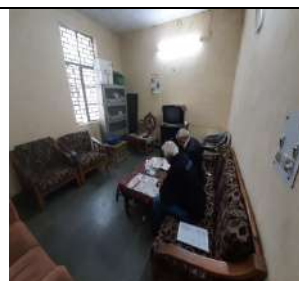
72. Senior Citizens (SD) Welfare Society

Date of Survey	29.1.2020
District	North West Delhi
Assembly Constituency	Shalimar Bagh (AC 14)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens SD Block Welfare Society, 196, Tower Apartments, Pitampura, Delhi -110034
Registration No.	s/815/2012
Date of registration	25.1.2012
Date of starting of recreation centre	25.1.2009
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0239849
Present operational address	Senior Citizens Welfare Society SD Block Society Park Pitampura Delhi 110034
Type of locality	Approved colony
Contact Number of the SCRC	9717007569
Centre In charge	Shri Jai Parkesh Gulani, Secretary
Mobile No.	9717007569
No. of enrolled beneficiaries	225
No. of persons present on the day of survey	45 in Block A (from morning to 12:00 noon) 12 in Block B (from 12:00 noon till closing)
Basic facilities available	Operating from Central Park SD in RWA Office Building having All the activities of the centres are organized in the open park of the SD Block.
Regular Activities	Yoga, newspaper reading, frequent tour programmes, regular celebration of birth days, national days and important festivals.
Grant per year	Rs.1,20,000
Opening time	11:00 a.m
Closing time	3:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



73. Super Senior Citizen Welfare Forum, Shalimar Bagh

Date of Survey	29/1/2020
District	North West Delhi
Assembly Constituency	Shalimar Bagh
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	M?IG Flats No - 19-D, U & V Pocket, Shalimar Bagh, Delhi-110088
Registration No.	S/69270/2010
Date of registration	23/04/2010
Date of starting of recreation centre	23/04/2010
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/240147
Present operational address	117 BH (W), Block- B, Shalimar Bagh Delhi-110088
Type of locality	Approved colony
Contact Number of the SCRC	9868664606
Centre In charge	Shri Hoshiyar Singh, President.
Mobile No.	9868664606
No. of enrolled beneficiaries	160
No. of persons present on the day of survey	15 in Block A (from morning to 12:00 noon) 20 in Block B (from 12:00 noon to 4:00 p.m) 10 in Block C (from 4:00 p.m to till closing)
Basic facilities available	Operating from MCD building having adequate space and seating arrangements (chairs and tables), drinking water facilities, common toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Monthly visit by doctors for check-ups.
Grant per year	1,20,000
Opening time	10:00 p.m
Closing time	5:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



74. Varisth Nagrik Manch

Date of Survey	30.1.2020
District	North-West
Assembly Constituency	Shalimar Bagh
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Varishth Nagrik Manch, SP-18, Maurya Enclave, Pitampura, Delhi New Delhi- 110034.
Registration No.	32889
Date of registration	1.5.1998
Date of starting of recreation centre	20.9.2000
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0238603
Present operational address	VNM Library Hall, GP/FP Block, Pitampura, Delhi - 110034
Type of locality	Approved Colony
Contact Number of the SCRC	9899311770
Centre In charge	Shri Baldev Raj, President
Mobile No.	9899311770
No. of enrolled beneficiaries	341
No. of persons present on the day of survey	14 in Block A (from morning to 12:00 noon) 8 in Block B (from 12:00 noon to 4:00 p.m.) 12 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Having Less space and seating arrangements (chairs and tables), drinking water facility, TV with music player, facilities for newspapers, Separate toilets for male and female, newspapers, First Aid Box.
Regular Activities	Indoor games, celebration of birthdays, frequent tour programmes, national days and important festivals, visit by doctors for check-ups, newspaper reading, Bhajan and Kirtan with instruments.
Grant per year	2,40,000
Opening time	10.00 a.m
Closing time	5.00 p.m
Non working day, if any:	Monday
Display board giving credit to GNCTD	No



75. Varishth Nagrik Manch

Date of Survey	3.2.2020
District	North-West
Assembly Constituency	Shalimar Bagh
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Varishth Nagrik Manch, SP-18, Mauyra Enclave, Pitampura, Delhi - 110034
Registration No.	32889
Date of registration	1.5.1998
Date of starting of recreation centre	2006
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	PP-74, Mauyra Enclave, Pitampura, Delhi - 110034
Type of locality	Approved Colony
Contact Number of the SCRC	9811400522
Centre In charge	Mr. Sushil Vij, President
Mobile No.	9811400522
No. of enrolled beneficiaries	375
No. of persons present on the day of survey	17 in Block A (from morning to 12:00 noon) 9 in Block B (from 12:00 noon to 4:00 p.m.) 8 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operating from Community Centre having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, First Aid Box.
Regular Activities	Indoor games, books and newspaper reading, Yoga, regular celebration of birthdays, cricket, frequent tour programmes, national days and important festivals, visit by doctors for check-ups, separate room for bhajan-kirtan with musical instruments.
Grant per year	1,20,000
Opening time	10.00 am
Closing time	5.00 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



76. We The Senior Citizens

Date of Survey	3/2/2020
District	North West
Assembly Constituency	Shalimar Bagh
Registered with	Registrar of Societies Govt. of NCT of Delhi under Societies Registration Act of 1860
Registered address	DA 148, Sheesh Mahal Apartment, Shalimar Bagh, Delhi -110088
Registration No.	S/609/SDM/NW/2011
Date of registration	08/11/2011
Date of starting of recreation centre	08/11/2011
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0239674
Present operational address	DA 148, Sheesh Mahal Apartment, Shalimar Bagh, Delhi-110088
Type of locality	Approved Colony
Centre In charge	Shri Kuldeep Singh Bhatia, President
Mobile No.	9910867988
No. of enrolled beneficiaries	110
No. of persons present on the day of survey	17 in Block C (from 4:00 p.m till closing)
Basic facilities available	Centre is running in collaboration with RWA having limited setting arrangements, First aid box, toilets, playing cards, carom, TV and music system is there.
Regular Activities	Playing games, yoga, health check-up by doctors, exercise, tour programmes, etc.
Grant per year	1,20,000
Opening time	7:00 p.m.
Closing time	9:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



77. Senior Citizen Samaj

Date of Survey	29/1/2020
District	New Delhi
Assembly Constituency	Paschim Vihar
Registered with	Registrar of Societies Govt. of NCT of Delhi under Societies Registration Act 1860
Registered address	A 4 Block, Paschim Vihar Delhi-110063
Registration No.	S/27270/1995
Date of registration	01/01/1995
Date of starting of recreation centre	01/01/1995
Whether registered with DARPAN	Yes
DARPAN Registration No	
Present operational address	A-4 , Near MCD School, Paschim Vihar, Delhi-110063
Type of locality	Approved colony
Centre In charge	Shri Parmod Kumar Sharma, General Secretary
Mobile No.	9811112753
No. of enrolled beneficiaries	2225
No. of persons present on the day of survey	17 in Block A (from morning to 12:00 noon) 11 in Block B (from 12:00 noon to 4:00 p.m)
Basic facilities available	Functioning from MCD building allotted to it and having necessary facilities like chairs, tables, TV, First aid box, separate toilets for male and female, playing cards, carom, chess and snakes and ladder.
Regular Activities	Playing games, health counseling, exercise.
Grant per year	2,40,000
Opening time	10:00 a.m.
Closing time	4:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



78. Ashok Vihar Block KD Senior Citizen Welfare Association

Date of Survey	30.1.2020
District	North Delhi
Assembly Constituency	Wazirpur
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	KD-44A, Ashok Vihar-1, Delhi-110054
Registration No.	41980/2002
Date of registration	2-4-2002
Date of starting of recreation centre	2-4-2002
Whether registered with DARPAN	Yes
DARPAN Registration No	Under process
Present operational address	KD-44A, Ashok Vihar-1, Delhi- 110054
Type of locality	Authorized colony
Contact Number of the SCRC	9811728979
Centre In charge	Dr. S.K. Khosla, President
Mobile No.	9811728979
No. of enrolled beneficiaries	290
No. of persons present on the day of survey	6 in Block A (from morning to 12:00 noon) 12 in Block B (from 12:00 noon to 4:00 p.m)
Basic facilities available	Center is being run on a small place. Seeing total number of member registered space is insufficient. Normal drinking water, indoor games and first aid facility is available in the centre. Toilet facility available.
Regular Activities	Indoor games like carom, ludo, chess, playing cards is available in the centre and also T.V. is there, books are there also available. Tour of local site as well as outside are being organized. Religious gathering is being organized.
Grant per year	1,20,00
Opening time	9:00 a.m
Closing time	1:00 a.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



79. Ashok Vihar Senior Citizen Welfare Association

Date of Survey	30/1/2020
District	North
Assembly Constituency	Ashok Vihar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	MCD Building H – Block, Ashok Vihar, Delhi-110082
Registration No.	S/37215/2000
Date of registration	13/06/2000
Date of starting of recreation centre	13/06/2000
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0239881
Present operational address	MCD Building H- Block, Ashok Vihar Delhi-110082
Type of locality	Approved Colony
Contact Number of the SCRC	011-27130694
Centre In charge	Shri Sushil Goel
Mobile No.	9711114070
No. of enrolled beneficiaries	1000 approx
No. of persons present on the day of survey	3 in Block A (from morning to 12:00 noon) 25 in Block B (from 12:00 noon to 4:00 p.m) 4 in Block C (from 4:00 p.m till closing)
Basic facilities available	Operation from MCD building having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Monthly visit by doctors for check-ups.
Grant per year	2,40,000
Opening time	9:00 a.m
Closing time	6:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



80. Deep Enclave Senior Citizens Welfare Association

Date of Survey	30.1.2020
District	North
Assembly Constituency	Kesavpuram
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Senior Citizen Welfare Society, 115-C, Deep Enclave, Pocket – D, Ashok Vihar, Phase-III, Delhi - 110052
Registration No.	S/62092/2008
Date of registration	2.5.2008
Date of starting of recreation centre	15.12.2016
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Deep Enclave Senior Citizen Welfare Association, Satsang Bhawan, 61-D, Ashok Vihar, Phase-III, Delhi - 110052
Type of locality	Approved Colony
Contact Number of the SCRC	011-27112555
Centre In charge	Shri Murlidhar Shukla, General Secretary
Mobile No.	8527225436
No. of enrolled beneficiaries	95
No. of persons present on the day of survey	18 in Block B (from 12:00 noon to 4:00 p.m)
Basic facilities available	Operating from a Satsang bhawan provided by RWA having one hall and varamda, seating arrangements (chairs and tables insufficient quantity), TV, music player, Newspapers, facilities for indoor games (carom, playing cards, few books, first aid box.
Regular Activities	Newspaper reading, indoor games, watch TV programmes, national & local festival organise, two tours, organise yoga and health camps, organize cultural programme on 2 nd and last Sunday
Grant per year	Rs. 1,20,000/-
Opening time	12:00 noon
Closing time	2:00 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



81. Elderly Peoples Forum Recreation Centre

Date of Survey	30.1.2020
District	North West Delhi
Assembly Constituency	Wazirpur (AC 17)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Elderly Peoples Forum Delhi
Registration No.	s/25430/1994
Date of registration	4.2.1994
Date of starting of recreation centre	4.2.1994
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0238236/14.8.2019
Present operational address	Elderly Peoples Forum Community Centre, C-4, 1 st Floor, Kashav Puram, Delhi - 110035
Type of locality	Approved colony
Contact Number of the SCRC	9717764216
Centre In charge	Shri R. L. Goyal, General Secretary
Mobile No.	9717764216
No. of enrolled beneficiaries	800
No. of persons present on the day of survey	35 in Block A (from morning to 12:00 noon) 8 in Block B (from 12:00 noon till closing)
Basic facilities available	Operating from Samudayik Bhavan having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV, facilities for indoor games, books, newspapers.
Regular Activities	Indoor, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals.
Grant per year	Rs.1,20,000
Opening time	11.00 a.m
Closing time	1.00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



82. Senior Citizens Welfare Association

Date of Survey	3.2.2020
District	North
Assembly Constituency	Wazirpur
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Senior Citizens Welfare Association, C-7/117-A, Keshav Puram, Lawrence road, Delhi - 35 changed to Senior Citizens Welfare Association, H. No. 95B, PKT C-6, Keshav puram, New delhi - 110035
Registration No.	S/54764/2006
Date of registration	20.1.2006 changed on 16.8.2018
Date of starting of recreation centre	25.1.2016
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0238440
Present operational address	Senior Citizen Recreation Centre, Community Centre, C-4, Ground Floor, Keshav Puram, New Delhi 110035
Type of locality	Approved Colony
Contact Number of the SCRC	9350022795
Centre In charge	Shri Madhav Prasad Sharma, President
Mobile No.	9350022795
No. of enrolled beneficiaries	161
No. of persons present on the day of survey	9 in Block A (from morning to 12:00 noon) 22 in Block B (from 12:00 noon to 4:00 p.m)
Basic facilities available	Operating from Community Centre having one hall and two rooms, seating arrangements (chairs and tables sufficient quantity), TV, music player, Newspapers, facilities for indoor games (carom, Ludo, Snakes and ladder), library, first aid box.
Regular Activities	Newspaper and book reading, indoor games, watching TV, national & local festival organise, tour programmes, yoga and health camps, birth day celebration, cultural programmes.
Grant per year	Rs. 2,40,000/-
Opening time	10:00 a.m.
Closing time	2:00 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



83. Senior Citizens Common Cause

Date of Survey	3/2/2020
District	North West
Assembly Constituency	Ashok Vihar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Beri Wala Bagh, Ashok Vihar, Phase-III, Delhi-110052
Registration No.	S/51179/2004
Date of registration	29/12/2004
Date of starting of recreation centre	29/12/2004
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Beri Wala Bagh, Ashok Vihar, Phase-III, Delhi-110052
Type of locality	Approved Colony
Contact Number of the SCRC	9811556115, 9968562100
Centre In charge	Shri Satish Kumar Goel
Mobile No.	9811556115
No. of enrolled beneficiaries	350
No. of persons present on the day of survey	30 in Block B (from 12:00 noon to 4: p.m.) 9 in Block C (from 4:00 p.m. to till closing)
Basic facilities available	Operation from govt. building having adequate space seating arrangements (chairs and tables), drinking water facilities, common toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Half Yearly visit by doctors for check-ups.
Grant per year	Rs.1,20,000
Opening time	2:30 p.m
Closing time	7:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



84. Senior Citizen Welfare association Shakti Nagar

Date of Survey	03/02/2020 Re-Visit-18/02/2020
District	Chandni Chowk
Assembly Constituency	Shalimar Bagh
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	4/34,2 nd Floor, Roop nagar Delhi-110007
Registration No.	S/36178/1999
Date of registration	15/12/1999
Date of starting of recreation centre	1999
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0239806
Present operational address	Community Center Hall, 39 block, Shakti nagar Delhi-110007
Type of locality	Approved Colony
Contact Number of the SCRC	9971800390
Centre In charge	Shri Bhagirath Singh, President, Senior Citizen welfare association Shakti nagar Delhi-110007
Mobile No.	9971800390
No. of enrolled beneficiaries	500
No. of persons present on the day of survey	17 in Block A (from opening till 12:00 noon) 4 in Block B (12:00 noon to 4:00 p.m.) 15 in Block C (4:00 till closing)
Basic facilities available	Functioning from MCD Community Hall at 39 Block, Shakti Nagar having required seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and half yearly visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	10:00 a.m – 01:00 p.m
Closing time	03:00 p.m – 05:00 p.m
Non working day, if any:	Monday
Display board giving credit to GNCTD	Yes



87. Varisth Nagrik Sanskritik Sangthan Pooja Park

Date of Survey	27/01/2020
District	Cental
Assembly Constituency	Patel Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	32/14, 2 nd Floor, East Patel Nagar Delhi-110008
Registration No.	S/West/2011/8900306
Date of registration	30/06/2011
Date of starting of recreation centre	2009
Whether registered with DARPAN	No
DARPAN Registration No	No
Present operational address	Pooja Park, East Patel Nagar, Delhi-110008
Type of locality	Approved colony
Contact Number of the SCRC	9999661521
Centre In charge	Shri Ajay Ganeja, Vice- President, Varisth Nagrik Sanskritik Sangthan Pooja Park East Patel Nagar Delhi-110008
Mobile No.	9810488059
No. of enrolled beneficiaries	376
No. of persons present on the day of survey	18 in Block A (from opening till 12:00 noon) 18 in Block B (12:00 noon to 4:00 p.m.) 21 in Block C (4:00 till closing)
Basic facilities available	Operating from MCD building having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.1,20,000
Opening time	6:00 AM to 11:00 A.M.
Closing time	4:30 PM to 11:00 P.M.
Non working day, if any:	No
Display board giving credit to GNCTD	No



88. Moti Nagar Senior Citizens Cultural Association

Date of Survey	29.1.2020
District	North
Assembly Constituency	Moti Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Moti Nagar Senior Citizens Cultural Association, C-120/B, Moti Nagar, New Delhi - 110015
Registration No.	Society/West/2013/8900816
Date of registration	16.3.2016
Date of starting of recreation centre	2013
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0239742
Present operational address	Moti Nagar Senior Citizens Cultural Association, Community Centre, Moti Nagar, New Delhi - 110015
Type of locality	Approved Colony
Contact Number of the SCRC	9811047650
Centre In charge	Shri Subhash Sharma, President
Mobile No.	9811047650
No. of enrolled beneficiaries	550
No. of persons present on the day of survey	7 in Block A (from morning to 12:00 noon) 8 in Block B (from 12:00 noon to 4: p.m.) 35 in Block C (from 4:00 p.m to till closing)
Basic facilities available	Operating from Community Centre having one big hall and one room, seating arrangements (chairs and tables sufficient quantity), TV, music player, Newspapers, facilities for indoor games (carom, Ludo, Snakes and ladder, chess, playing cards, badminton, well established library with good amount of books and periodicals. All the activities placed in display board/notice board, first aid box.
Regular Activities	Newspaper and book reading, indoor games, watch TV programmes, organize national & local festivals, tour programmes, yoga and health camps, every Saturday legal advice provided by president, every Monday/Tuesday and Saturday cultural/religious programme at 3 p.m. to 6 p.m.
Grant per year	Rs. 2,40,000/-
Opening time	10:00 a.m.
Closing time	4:30 p.m.
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



89. Retired Person's Welfare Association Kirti Nagar

Date of Survey	27/01/2020
District	North West Delhi
Assembly Constituency	Moti Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	L-39 Kirti Nagar, Delhi-110015
Registration No.	S/West/2010/8900095
Date of registration	27/11/2010
Date of starting of recreation centre	1985
Whether registered with DARPAN	No
DARPAN Registration No	No
Present operational address	Community Hall, Kirti Nagar Delhi-110015
Type of locality	Approved colony
Contact Number of the SCRC	9818347024
Centre In charge	Shri Anil Kumar Sehgal, Senior Vice President, Retired Person's Welfare Association Kirti Nagar Delhi-110015
Mobile No.	9818347024
No. of enrolled beneficiaries	800
No. of persons present on the day of survey	18 in Block A (from opening till 12:00 noon) 18 in Block B (12:00 noon to 4:00 p.m.) 9 in Block C (4:00 till closing)
Basic facilities available	Operating from Samudyik Bhavan having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Quarterly visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	11:00 Am to 02:30 PM
Closing time	04:30 PM to 08:30 PM
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



90. Senior Citizen Brotherhood Association, Ramesh Nagar

Date of Survey	27/1/2020
District	West Delhi
Assembly Constituency	Moti Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	A-17, Old Quarter, Ramesh Nagar, Delhi-110015
Registration No.	S/55593/2006
Date of registration	10/05/2006
Date of starting of recreation centre	10/05/2006
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0237195
Present operational address	Community Hall, Ramesh Nagar, Delhi-110015
Type of locality	Approved colony
Contact Number of the SCRC	9212206835
Centre In charge	Shri. Arvind Bhayana
Mobile No.	9212206835
No. of enrolled beneficiaries	90
No. of persons present on the day of survey	18 in Block B (from 12:00 noon to 4:00 p.m.)
Basic facilities available	Operating from Community Center having adequate space, drinking water facilities, separate toilets for male and female, , facilities for indoor games, musical aids for bhajan-kirtan,
Regular Activities	Indoor games, yoga, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Half Yearly visit by doctors for check-ups.
Grant per year	Rs.1,20,000
Opening time	2:00 p.m
Closing time	4:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



91. Raja Garden and Bali Nagar Senior Citizen Welfare Society

Date of Survey	27.1.2020
District	West Delhi
Assembly Constituency	Madipur
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Raja Garden and Bali Nagar, Senior Citizen Welfare Society, 78, Raja Garden, New Delhi - 110015
Registration No.	SOCIETY/WEST/2013/8900733
Date of registration	4.1.2013
Date of starting of recreation centre	2014
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0237865
Present operational address	Raja Garden and Bali Nagar, Senior Citizen Welfare Society, 1 st Floor, Community Centre, New Delhi - 110015
Type of locality	Approved Colony
Contact Number of the SCRC	9868443513
Centre In charge	Shri Harish Bither, Secretary
Mobile No.	9868443513, 8178865069
No. of enrolled beneficiaries	279
No. of persons present on the day of survey	14 in Block A (from morning to 12:00 noon) 8 in Block B (from 12:00 noon to 4:00 p.m.)
Basic facilities available	Operating from Community Centre having adequate space and seating arrangements (chairs and tables), Air Conditioner, RO drinking water facility, TV with music player, facilities for newspapers, separate toilets for male and female, library, newspapers, First Aid Box.
Regular Activities	Indoor games, books. Facility of Yoga, books and newspaper reading, Quarterly celebration of birth days, frequent tour programmes, national days and important festivals, visit by doctors for check-ups, Newspaper in Office, Bhajan and Kirtan. Separate room for females.
Grant per year	2,40,000
Opening time	11.30 a.m
Closing time	3.30 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



92. Senior Citizens Society

Date of Survey	27.1.2020
District	West Delhi
Assembly Constituency	Madipur (AC 26)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Society H-84, 1 st Floor, Shivaji Park, Punjabi Bagh (west) New Delhi – 110026
Registration No.	s/59955/2007
Date of registration	15.10.2007
Date of starting of recreation centre	4.10.2007
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Senior Citizens Society Recreation Centre, Veer Savarkar Park Gate No. 1, Kothi No. 39, North Avenue Park, Punjabi Bagh (west), New Delhi - 110 026
Type of locality	Approved colony
Contact Number of the SCRC	011-25229218
Centre In charge	Shri S. P. Garg
Mobile No.	9312152503
No. of enrolled beneficiaries	400
No. of persons present on the day of survey	100 in Block A (from morning to 12:00 noon) 22 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operating from Veer Savarkar Park having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups. Refreshment Green Tea daily
Grant per year	2,40,000
Opening time	7.00 a.m to 9:30 p.m
Closing time	6.30 p.m to 9:30 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



93. Senior Citizens Welfare Mission

Date of Survey	27.1.2020
District	West
Assembly Constituency	Rajouri Garden
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Welfare Mission (Reg.), B – 10, Shopping Centre, Tagore Garden, New Delhi – 110 027
Registration No.	S/45426 of 2003
Date of registration	17.2.2003
Date of starting of recreation centre	1.4.2013
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Runs its activities from both the Arya Samaj Mandir and the Sanatan Dharm Mandir. For exercise the centre uses Colony Park in Tagore Garden, Delhi - 110018
Type of locality	Approved Colony
Contact Number of the SCRC	9910226330/9818008899
Centre In charge	Shri K.K. Mehta, Sr. Vice President
Mobile No.	9818008899
No. of enrolled beneficiaries	2300 approx.
No. of persons present on the day of survey	40 in Block A (from morning to 12:00 noon)
Basic facilities available	Operating from Sanatan Dharm Mandir & Arya Samaj Mandir permission and Park. Facilities for indoor games, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birthdays, national days and important festivals and visit by doctors for check-ups.
Grant per year	Rs. 1,20,000 (received upto September 2018)
Opening time	6:00 a.m
Closing time	9:00 a.m.
Non working day, if any:	-
Display board giving credit to GNCTD	No



94. Senior Citizen Friendship Forum

Date of Survey	24/1/2020
District	South West Delhi
Assembly Constituency	Janakpuri
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	A2- A/182, Janakpuri, New delhi-110058
Registration No.	S/53046/2005
Date of registration	08/07/2005
Date of starting of recreation centre	08/07/2005
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	A-1 Block, SDMC Building, Next Hari Mandir, Janakpuri, New Delhi-110058
Type of locality	Approved colony
Contact Number of the SCRC	9899045600
Centre In charge	Shri J.P. Bharti, Secretary
Mobile No.	9899045600
No. of enrolled beneficiaries	102
No. of persons present on the day of survey	25 in Block A (from morning to 12:00 noon) 6 in Block B (from 12:00 noon to 4:00 p.m.) 5 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operating from SDMC Building having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Quarterly visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	10:00 a.m
Closing time	5:00 p.m.
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No




96. The Delhi Sainik Co-operative House Building Society

Date of Survey	10/02/2020
District	North West Delhi
Assembly Constituency	Shakurbasti
Registered with	Registrar Co-operative Societies Delhi
Registered address	Resettlement Directorate, Ministry of Defence, New Delhi-110011
Registration No.	2198(H)
Date of registration	25/01/1967
Date of starting of recreation centre	02/04/1964
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0240489
Present operational address	R.C. Community Hall, Sainik Vihar, Delhi-110034
Type of locality	Approved colony
Contact Number of the SCRC	9868713603
Centre In charge	Shri(Wing. Comd.) J.C. Verma, President(VCN), The Delhi Sainik Co-operative House Building Society, R.C. Community Hall, Sainik Vihar, Delhi-110034
Mobile No.	9868713603
No. of enrolled beneficiaries	250
No. of persons present on the day of survey	15 in Block A (from opening till 12:00 noon) 18 in Block B (12:00 noon to 4:00 p.m.) 8 in Block C (4:00 till closing)
Basic facilities available	Operating from Samudyik Bhavan having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	10:00 a.m
Closing time	06:00 p.m
Non working day, if any:	Sunday & All Govt Holidays
Display board giving credit to GNCTD	No



98. Senior Citizen Forum

Date of Survey	24.1.2020
District	West Delhi
Assembly Constituency	Tilak Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	26A, Pocket-B, Vikaspuri Ext., New Delhi-110058
Registration No.	S/67693/2009
Date of registration	10/DEC/2009
Date of starting of recreation centre	10/DEC/2009
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0239660
Present operational address	Senior Citizen Forum, Pocket-B, Vikaspuri Ext., New Delhi- 110058
Type of locality	Authorized colony
Contact Number of the SCRC	9873273328
Centre In charge	Shri S. D. Kaushik, President
Mobile No.	9873273328
No. of enrolled beneficiaries	143
No. of persons present on the day of survey	9 in Block A (from morning to 12:00 noon) 12 in Block B (from 12:00 noon to 4:00 p.m)
Basic facilities available	Centre operates from rooms made available by RWA having drinking water, toilet, indoor games (carom, ludo, chess, playing cards) and first aid facility is available in the centre.
Regular Activities	Indoor games, watching TV, reading books. Tour of local site as well as outside is being organized.
Grant per year	Rs.2,40,000
Opening time	11:00 a.m
Closing time	1:30 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes
	

99. Senior Citizens Welfare Association

Date of Survey	24.1.2020
District	West
Assembly Constituency	Vikas Puri (AC-32)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Senior Citizens Welfare Association, Vikaspuri, New Delhi - 110018
Registration No.	S/28715/95
Date of registration	13.12.1995
Date of starting of recreation centre	1995
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0240955
Present operational address	Community Centre, E-Block, Behind Oxford School Vikaspuri, New Delhi - 110018
Type of locality	Approved Colony
Contact Number of the SCRC	9810309219
Centre In charge	Shri Ramesh Jain, General Secretary
Mobile No.	9810309219
No. of enrolled beneficiaries	2793
No. of persons present on the day of survey	24 in Block A (from morning to 12:00 noon) 47 in Block B (from 12:00 noon to 4: p.m.) 12 in Block C (from 4:00 p.m to till closing)
Basic facilities available	Operating from Community Centre double storied building having good accommodation (two halls and four rooms), seating arrangements (chairs and tables sufficient quantity), TV, music player, Newspapers, facilities for indoor games (carom, Ludo, Snakes and ladder, chess, playing cards, badminton, table tennis), first aid box.
Regular Activities	Newspaper reading, regular sports activities - indoor games, celebration of all festivals, organization of tours, birth day celebration, health camps, cultural/religious programmes, vocational activities, tour programme, annual sports day December every year.
Grant per year	Rs. 2,40,000/-
Opening time	10:00 a.m.
Closing time	7:00 p.m.
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



100. Varisht Nagrik Kalyan Sanstha

Date of Survey	24.1.2020
District	West
Assembly Constituency	Uttam Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Varisht Nagrik Kalyan Sanstha, A-3/9, Dal Mill Road, Uttam Nagar, New Delhi - 110059
Registration No.	SOCIETY/WEST/2012/8900477
Date of registration	12.3.2012
Date of starting of recreation centre	2013
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	G-1/104, Uttam Nagar, New Delhi - 110059
Type of locality	Approved Colony
Contact Number of the SCRC	9716338915
Centre In charge	Shri OP Wadhwa, General Secretary
Mobile No.	9716338915
No. of enrolled beneficiaries	258
No. of persons present on the day of survey	27 in Block A (from morning to 12:00 noon) 26 in Block B (from 12:00 noon to 4:00 p.m.) 34 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operating from a rented building having adequate space and seating arrangements (chairs and tables), RO drinking water facility, TV with music player, facilities for newspapers, No separate toilets for male and female, library, newspapers, First Aid Box.
Regular Activities	Indoor and outdoor games, books. Facility of Yoga, books and newspaper reading, Quarterly celebration of birth days, frequent tour programmes, national days and important festivals, visit by doctors for check-ups, Newspaper in Office, Bhaja and Kirtan. Ladies come on Sunday. Annual sports meet is organized.
Grant per year	2,40,000
Opening time	10.00 a.m
Closing time	5.00 a.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



101. Senior Citizens Association

Date of Survey	24.1.2020
District	West Delhi
Assembly Constituency	Dwarka (AC 33)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Association, DDA Flat No 9 Pkt. -1, Sector- 23, Dwarka, New Delhi - 110077
Registration No.	s/66933/2009
Date of registration	14.9.2009
Date of starting of recreation centre	1.4.2009
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/EYHIWARARDOS-2
Present operational address	Senior Citizens Association, Sector- 6, MCD Park, Pocket-2, DDA Main Market, 6, Dwarka, New Delhi - 110077
Type of locality	Approved colony
Contact Number of the SCRC	9868881190
Centre In charge	Shri Balbir Singh Yadav, President
Mobile No.	9868881190
No. of enrolled beneficiaries	2600
No. of persons present on the day of survey	25 in Block A (from morning to 12:00 noon) 17 in Block B (from 12:00 noon to 4:00 p.m) 19 in Block C (from 4:00 p.m till closing)
Basic facilities available	Operating from Parking in Belding having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	10.00 a.m
Closing time	6.00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



103. Senior Citizens Forum

Date of Survey	27.01.2020
District	Central
Assembly Constituency	Rajender Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizens Forum, B- 48, Inderpuri, Delhi- 110012
Registration No.	S/54029/2005
Date of registration	21-10-2005
Date of starting of recreation centre	21-10-2005
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/0219/0240452
Present operational address	Senior Citizens Recreation Centre , Dr. Ambedkar Bhawan Community Centre, Opposite to Police Station, Inderpuri, Delhi- 110012
Type of locality	Approved Colony
Contact Number of the SCRC	7703922237, 9899117709
Centre In charge	Shri B.S. Bhatla, General Secretary
Mobile No.	7703922237
No. of enrolled beneficiaries	115 approx.
No. of persons present on the day of survey	4 in Block A (from 11:00 to 12:00 noon) 11 in Block B (from 12:00 noon to till closing)
Basic facilities available	Centre has basic facilities like drinking water, clean toilets, first aid, sitting arrangement, etc.
Regular Activities	There are indoor games, T.V. available in the centre. But lack of space is a major constraint for the centre as it caters the need of a big locality within its limited resource.
Grant per year	Rs. 1,20,000
Opening time	11:00 a.m
Closing time	2:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



104. Senior Citizens and Pensioners Association

Date of Survey	21.01.2020
District	South Delhi
Assembly Constituency	Jangpura
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	44 B, DDA Flat, Sunlight Colony-2, Delhi- 110014
Registration No.	S/63262//2008
Date of registration	04-09-2008
Date of starting of recreation centre	2008
Whether registered with DARPAN	Yes
DARPAN Registration No	ABEA 543564H
Present operational address	Senior Citizens and Pensioners Association, DDA Flats Park, Sunlight Colony-2, New Delhi- 110014
Type of locality	approved colony
Contact Number of the SCRC	9899706561, 9250212623
Centre In charge	Shri Radharaman Sharma, President
Mobile No.	9013052107
No. of enrolled beneficiaries	96 approx.
No. of persons present on the day of survey	2 in Block A (from morning to 12:00 noon) 28 in Block B (from 12:00 to 4: p.m.) 5 in Block C (from 4:00 p.m. to till closing)
Basic facilities available	Basic facilities like safe drinking water, toilets, proper sitting arrangement, lighting first aid, indoor games, etc. are available in the centre.
Regular Activities	Indoor games like carom, playing cards, etc. are there. News paper, books also there for reading, T.V. is also there for recreation of the members. Several cultural programmes are organized on the monthly basis by the centre.
Grant per year	Rs. 2,40,000
Opening time	7:00 a.m – 8:00 a. m and 1:00 p.m- 3:00 p.m
Closing time	6:00 p.m- 9:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



105. Senior Citizen Forum

Date of Survey	21.1.2020
District	South
Assembly Constituency	Kasturba Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizen Forum Vikram Vihar, 18/112, Vikram Vihar, Lajpat Nagar –IV, New Delhi - 110024
Registration No.	S-53018
Date of registration	29.6.2005
Date of starting of recreation centre	2007
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Senior Citizen Forum, Vikram Vihar, Lajpat Nagar –IV, New Delhi - 110024
Type of locality	Approved Colony
Contact Number of the SCRC	9811346686
Centre In charge	Shri Bansi Dhaneja
Mobile No.	9811346686
No. of enrolled beneficiaries	155
No. of persons present on the day of survey	14 in Block A (from morning to 12:00 noon) 19 in Block B (from 12:00 noon to 4:00 p.m.) 37 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Having Less space and seating arrangements (chairs and tables), drinking water facility, TV with music player, facilities for newspapers, separate toilets for male and female, newspapers, First Aid Box.
Regular Activities	Indoor games, celebration of birthdays, frequent tour programmes, national days and important festivals, visit by doctors for check-ups, Newspaper, Bhajan and Kirtan with instruments.
Grant per year	1,20,000
Opening time	11.00 a.m
Closing time	5.00 p.m.
Non working day, if any:	Saturday, Sunday
Display board giving credit to GNCTD	No
	Yes



106. Senior Citizen Forum

Date of Survey	20.01.2020
District	South Delhi
Assembly Constituency	Kasturba Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Opposite I - Block, Lajpat Nagar-3, Delhi- 110024
Registration No.	S/50244/2004
Date of registration	31-08-2004
Date of starting of recreation centre	15-12-2012
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0237493
Present operational address	Senior citizens Forum, Opposite I - Block, Lajpat Nagar-3, Delhi- 110024
Type of locality	Approved colony
Contact Number of the SCRC	9212535164
Centre In charge	Shrii S.C. Seth, President
Mobile No.	9212535164
No. of enrolled beneficiaries	243 approx.
No. of persons present on the day of survey	3 in Block A (from morning to to 12:00 noon) 9 in Block C (from 4:00 p.m. to till closing)
Basic facilities available	Safe drinking water, clean toilets, proper sitting arrangement, first aid facility, etc. is available in the centre.
Regular Activities	Indoor games like carom, playing cards, etc is available. T.V. is also there. Books for reading, news paper facility is there for the members.
Grant per year	Rs. 2,40,000
Opening time	11:00 a.m to 1:00 p.m.
Closing time	5:00 p.m- 7:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



108. Navketan Co-operative Group Housing Society, Ltd.

Date of Survey	20.1.2020
District	South
Assembly Constituency	Malviya Nagar
Registered with	Registrar of Co-operative Societies, Govt. of NCT of Delhi
Registered address	Navketan Co-operative Group Housing Society, Ltd. B-1/04, Azad Apartments, Sri Arbindo Marg, Kalusariya, New Delhi-110016
Registration No.	2184
Date of registration	10.6.1975
Date of starting of recreation centre	July 2013
Whether registered with DARPAN	Under process
DARPAN Registration No	Number is yet to be received.
Present operational address	Navketan Co-operative Group Housing Society, Ltd., B-502, Azad Apartments, Sai Aurobindo Marg, New Delhi - 110016
Type of locality	Approved Colony
Contact Number of the SCRC	011-26538270
Centre In charge	Mrs. Manju Chandnani, Convener
Mobile No.	9818848923
No. of enrolled beneficiaries	75
No. of persons present on the day of survey	12 in Block B (from 12:00 noon to 4: p.m.) 6 in Block C (from 4:00 p.m to till closing)
Basic facilities available	Operating from well established building provided by RWA having good accommodation (big hall with partition), seating arrangements (chairs and tables sufficient quantity), TV, music player, Newspapers, facilities for indoor games (carom, Ludo, Snakes, chess, Badminton, Table Tennis,), homeopathy clinic, first aid box.
Regular Activities	Newspaper reading, regular sports activities - indoor games, celebration of all festivals, organization of tours, birth day celebration, two health camps, cultural/religious programmes, meditation class 5 day in a week, visits of homeopathy doctor in every Tuesday, stasang two days in a week.
Grant per year	Rs. 2,40,000/-
Opening time	12:30 a.m.
Closing time	6:00 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



SCRCs in Unauthorized Colonies

5. Johns Day Care & Boarding for Senior Citizen Association

Date of Survey	22.1.2020
District	South
Assembly Constituency	Chhatarpur
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	C-5A/312-B, Janakpuri, New Delhi - 110 058
Registration No.	S/46446 of 2003
Date of registration	16.7.2003
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2017/0156140
Present operational address	Plot No. 106, G-Block, Adarsh Enclave, Phase-6, Aya Nagar, New Delhi - 110 047
Type of locality	Unauthorized Colony
Contact Number of the SCRC	9810112077/ 98182121077
Centre In charge	Mr. Johnson, Chief Coordinator, Johns Day Care & Boarding for Senior Citizen Association
Mobile No.	9810112077/ 98182121077
No. of enrolled beneficiaries	60
No. of persons present on the day of survey	16 in Block B (12:00 noon to 4:00 p.m.) 11 in Block C (4:00 p.m. till closing)
Basic facilities available	Operating from rented building having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	2,40,000
Opening time	11.00 AM & 4:30 AM
Closing time	1:00 PM & 6:00 PM
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



6. Mata Pita Samman Sewa Trust

Date of Survey	22.1.2020
District	South
Assembly Constituency	Chhatarpur
Registered with	Delhi Trust Act
Registered address	G- 265, Phase-6, Aya Nagar Delhi-110047
Registration No.	53
Date of registration	24.12.2007
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/00009419
Present operational address	G- 265, Phase -6, Aya Nagar Delhi-110047
Type of locality	Unauthorized Colony
Contact Number of the SCRC	7011505648
Centre In charge	Dr. D.P.Sharma, Programme Coordinator
Mobile No.	9810234047
No. of enrolled beneficiaries	500
No. of persons present on the day of survey	26 in Block B (12:00 noon to 4:00 p.m.)
Basic facilities available	Operating from own building having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, books and newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and frequent visit by doctors for check-ups, well coordinated with local police station, district court and nearby available medical centres.
Grant per year	Rs. 2,40,000/-
Opening time	10:00 a.m
Closing time	4:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



07. Senior Citizens Society

Date of Survey	22.1.2020
District	South
Assembly Constituency	Chhatarpur
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Senior Citizens Society, D-44, Freedom Fighter Enclave, Neb Sarai, New Delhi - 110068
Registration No.	S1093
Date of registration	2004
Date of starting of recreation centre	December 2004/ grant started from 2010
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Senior Citizens Society, Freedom Fighters Enclave, C-Block Park, Gate No. 3, Neb Sarai - New Delhi - 110068
Type of locality	Unauthorized colony
Contact Number of the SCRC	9899529751
Centre In charge	Sh. R.S. Sindhvani, President
Mobile No.	9899529751
No. of enrolled beneficiaries	200
No. of persons present on the day of survey	10 in Block A (from morning to 12:00 noon) 21 in Block B (from 12:00 noon to 4:00 p.m) 23 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operating from its own building constructed by society inside the park having adequate space (three rooms and one hall) and seating arrangements (chairs and tables), drinking water and toilets facilities, TV, facilities for indoor games (Carom, Ludo, Chess, Playing cards, Badminton), library, newspapers, First Aid Box available.
Regular Activities	Badminton daily at 6 to 8 a.m, physiotherapy 9:30 to 1:00 p.m. daily, Homeopathy clinic on Tuesday, Newspaper reading, indoor games like Carom, chess, watch TV programmes, birthday celebrations on last working day of month, national and local festival celebrations and frequent tour programmes.
Grant per year	Rs. 2,40,000/-
Opening time	6:30 a.m. to 8:30 a.m, 9:30 a.m to 1:00 pm
Closing time	6:00 p.m to 8:30 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



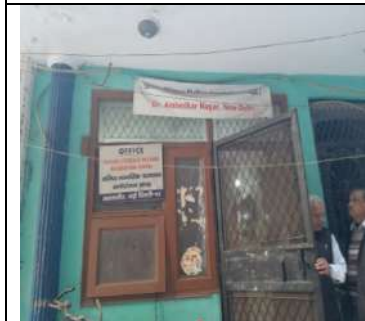
09. Varishth Nagrik Kalyan Samiti

Date of Survey	22.01.2020
District	South Delhi
Assembly Constituency	Chhatarpur
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Varishth Nagrik Kalyan Samiti, Sukhad Sandhya , C-1, Chhatarpur Extension, New Delhi – 110 074
Registration No.	56547
Date of registration	8.09.2006
Date of starting of recreation centre	2006
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Varishth Nagrik Kalyan Samiti,D-135, Near Balaknath Mandir, Chhatarpur Extension, Delhi – 110 074
Type of locality	Unauthorized colony
Contact Number of the SCRC	9811153792, 9868881469
Centre In charge	Mr. D.P. Keshri, President
Mobile No.	9971670541
No. of enrolled beneficiaries	103
No. of persons present on the day of survey	12 in Block A (from opening till 12:00 noon)
Basic facilities available	This centre runs in a small garage of a house and hence, lacks sufficient sitting space and other basic facilities. Safe drinking water, indoor games and first aid facility is available in the centre.
Regular Activities	Indoor games like carom, ludo, chess, playing cards is available in the centre and also T.V. is there, books are there also available.
Grant per year	Rs.2,40,000
Opening time	10:00 A.M.
Closing time	12: 00 noon
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



13. Senior Citizens Welfare Association

Date of Survey	22.1.2020
District	South
Assembly Constituency	Amedkar Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	11/2572, D.D.A Flats, Sector-III, Dr. Ambedkar Nagar , New Delhi-110062
Registration No.	S/35658/1999
Date of registration	22.09.1999
Date of starting of recreation centre	1999
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	23/678, D.D.A Flats, Madangir ,Delhi-110062
Type of locality	Unauthorized Colony
Contact Number of the SCRC	8860019817
Centre In charge	Shri Brijesh Kumar, President.
Mobile No.	8860019817
No. of enrolled beneficiaries	250
No. of persons present on the day of survey	13 in Block A (from morning to to 12:00 noon) 25 in Block B (from 12:00 noon to till closing))
Basic facilities available	Operating from a rented building, having adequate space and seating arrangements (chairs and tables), drinking water facilities, toilets for male and female, facilities for indoor games, library, newspapers, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, frequent tour programmes, regular celebration of birth days, national days and important festivals and Weekly visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	11:00 a.m
Closing time	1:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



19. Senior Citizens Recreation Centre Health Fitness Society

Date of Survey	22.1.2020
District	South
Assembly Constituency	Greater Kailash
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	Health Fitness Society, 348-E, Pocket-II, Phase-I, Mayur Vihar, Delhi – 110 091
Registration No.	42638
Date of registration	2002
Date of starting of recreation centre	2007
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2017/0151451
Present operational address	Health Fitness Society, Community Bhawan, 1 st Floor, DDA Flats, Kalkaji, New Delhi - 110019
Type of locality	Unauthorized Colony
Contact Number of the SCRC	011-26028565
Centre In charge	Ms. Shama
Mobile No.	9211437758
No. of enrolled beneficiaries	120
No. of persons present on the day of survey	18 in Block A (from morning to 12:00 noon) 46 in Block B (from 12:00 noon to 4:00 p.m) 17 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operating from Community Bhawan having adequate space (Two rooms and one hall) and seating arrangements (chairs and tables), drinking water and toilets facilities, TV, Music players facilities for indoor games (Caraom, Ludo, Chess, Snakes and ladder, Playing cards), library, newspapers, First Aid Box available.
Regular Activities	Indoor games, meditation, Yoga, bhajan Kiran, discussions, counseling, Tuesday and Saturday lunch provided to sr. citizens, frequent tour programmes, Health check-up and Eye camps time to time and celebrations of all festivals. Apart from vocational training is also provided to the students.
Grant per year	Rs. 2,40,000/-
Opening time	10:00 a.m.
Closing time	5:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



46. Varistha Nagrik Manch

Date of Survey	4.2.2020
District	North East Delhi
Assembly Constituency	Mustafabad (AC 69)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Varistha Nagrik Manch, D 6/35A, Dayal Pur, Delhi - 110094
Registration No.	s/42517/NE/2002
Date of registration	20.8.2002
Date of starting of recreation centre	15.8.2003
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0240175
Present operational address	Varistha Nagrik Manch, Prarvatiya Jan Kalyan Samiti, Samaj Sadan, Durga Mandir, 33 Foota Road, Dayal Pur, Delhi - 110094
Type of locality	Unauthorized colony
Contact Number of the SCRC	9818249912
Centre In charge	Shri Monohar Lal Dhyani, President
Mobile No.	9818249912
No. of enrolled beneficiaries	87
No. of persons present on the day of survey	21 in Block A (from 10:00 to 12:00 noon) 28 in Block C (from 4:00 p.m till closing)
Basic facilities available	Operating from a rented building (RWA) having adequate space and seating arrangements (chairs and tables), drinking water facilities, toilet for male, TV, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and first aid box.
Grant per year	2,40,000
Opening time	10:00 a.m to 1:00 p.m
Closing time	4:00 p.m to 8:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	No



50. Janhit Society for Social Welfare Lal Bagh

Date of Survey	03/02/2020
District	North
Assembly Constituency	Timarpur
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	N-9 A/383 Lal Bagh, Azadpur Delhi-110033
Registration No.	S/34933/1999
Date of registration	31/05/1999
Date of starting of recreation centre	April, 2007
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2009/0002474
Present operational address	Basti Vikas Kendra, Indira Vikas Colony, Mukherjee Nagar Delhi-110009
Type of locality	Unauthorized Colony
Contact Number of the SCRC	9899028996
Centre In charge	Smt. Lalita Devi, Program Coordinator, Janhit Society for Social Welfare Lal Bagh, Azadpur, Delhi-110033
Mobile No.	9899028996
No. of enrolled beneficiaries	45
No. of persons present on the day of survey	6 in Block A (from opening till 12:00 noon) 7 in Block B (12:00 noon to 4:00 p.m.) 1 in Block C (4:00 till closing)
Basic facilities available	Operating from Basti Vikas Kendra Indira Vikas Colony, Mukherjee Nagar Delhi having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Monthly visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	10:00 AM
Closing time	04:00 PM
Non working day, if any:	2 nd Saturday & Sunday
Display board giving credit to GNCTD	Yes



95. Aware Recreation center for Senior Citizen

Date of Survey	24/1/2020
District	West Delhi
Assembly Constituency	Vikas Puri
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act 1860
Registered address	B-127, Vikas Nagar Village Hasthsal New Delhi-110059
Registration No.	S/34518/1999
Date of registration	10/03/1999
Date of starting of recreation centre	2010
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2017/0173733
Present operational address	B-127 Vikas Nagar, Village Hasthsal, New Delhi-110059
Type of locality	Unauthorized Colony
Centre In charge	Mrs. Poonam Tyagi
Mobile No.	8860283747
No. of enrolled beneficiaries	131
No. of persons present on the day of survey	7 in Block A (from morning to 12:00 noon) 5 in Block B (from 12:00 noon to 4:00 p.m.) 8 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Chairs, table, TV, First aid box, separate toilets for male and female, playing cards, carom, musical instruments like Harmonium, Dholak, Tabla, etc.
Regular Activities	Playing games, yoga, cultural programme, Bhajan-Kirtan, etc.
Grant per year	2,40,000
Opening time	9:00 a.m
Closing time	5:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



97. Sai Charitable Society

Date of Survey	24.1.2020 revisited on 18.2.2020
District	West
Assembly Constituency	Vikas Puri (AC-32)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860.
Registered address	
Registration No.	Sai Charitable Society, N-87, Shop No.3, Gurudwara Road, Mohan Garden, New Delhi-11059
Date of registration	44317
Date of starting of recreation centre	2007
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Sai Charitable Society, Plot No.105, A&B, Vikas Nagar, Phase - III, Uttam Nagar, New Delhi - 11059
Type of locality	Unauthorized Colony
Contact Number of the SCRC	8882898889
Centre In charge	Shri Deepak Sharma, President, Sai Charitable Society
Mobile No.	8882898889
No. of enrolled beneficiaries	75
No. of persons present on the day of survey	10 in Block A (from morning to 12:00 noon) 6 in Block B (from 12:00 noon to 4: p.m.) 8 in Block C (from 4:00 p.m to till closing)
Basic facilities available	Operating from a rented double storied building having open space and six rooms, seating arrangements (chairs and tables sufficient quantity), TV, music player, Newspapers, facilities for indoor games (carom, Ludo, playing cards, badminton), first aid box.
Regular Activities	Newspaper reading, indoor games, cultural/religious programmes, vocational activities, tour programmes
Grant per year	Rs. 2,40,000/-
Opening time	10:00 a.m.
Closing time	4:00 p.m.
Non working day, if any:	Saturday and Sunday
Display board giving credit to GNCTD	Yes



102. Shri Gyan Gangotri Vikas Sansthan

Date of Survey	24/01/2020
District	South West
Assembly Constituency	Palam
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	B-70 Madhu Vihar Uttam Nagar Delhi-110059
Registration No.	S/43658/2002
Date of registration	02/09/2002
Date of starting of recreation centre	02/09/2009
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2009/0022952
Present operational address	B-70, Madhu Vihar Uttam Nagar Delhi-110059
Type of locality	Unauthorized Colony
Contact Number of the SCRC	9868430219, 9015609333
Centre In charge	Smt. Rani Singh, Gen. Secretary, Shri Gyan Ganotri Vikas Sansthan Uttam Nagar.
Mobile No.	9015609333
No. of enrolled beneficiaries	52
No. of persons present on the day of survey	9 in Block A (from opening till 12:00 noon) 4 in Block B (12:00 noon to 4:00 p.m.) 4 in Block C (4:00 till closing)
Basic facilities available	Operational from its registered address although rent is being paid for the same. It has adequate space and seating arrangements (chairs and tables), drinking water facilities, general toilets, TV and music player, facilities for indoor and outdoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor and outdoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Weekly visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	08:00 AM
Closing time	08:00 PM
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



SCRCs in Regularized Unauthorized Colonies

10. Adarsh Senior Citizens Association

Date of Survey	22.1.2020
District	South
Assembly Constituency	Deoli
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Adarsh Senior Citizens Association, D - 517, Tigri Colony, New Delhi - 110 062
Registration No.	S/60155
Date of registration	23.10.2007
Date of starting of recreation centre	23-10-2007
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Adarsh Senior Citizens Association, D - 517, Tigri Colony, New Delhi - 110 062
Type of locality	Regularized Unauthorized Colony
Contact Number of the SCRC	9868822765
Centre In charge	Shri Kewal Ram, President
Mobile No.	9868822765
No. of enrolled beneficiaries	228 approx.
No. of persons present on the day of survey	71 in Block A (from morning to 12:00 noon) 70 in Block B (from 12:00 noon to 4:00 p.m.) 42 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operating from MCD Building having adequate space and seating arrangements (chairs and tables), drinking water facilities, separate toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan - kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals. and visit by doctors for check-ups.
Grant per year	Rs. 2,40,000
Opening time	6:30 a.m
Closing time	6:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



26. East Vinod Nagar Senior Citizen Welfare Association

Date of Survey	6.2.2020
District	East
Assembly Constituency	Patparganj
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizen Welfare Association, E-181, Near Radha Swami Satsang, East Vinod Nagar, Delhi-110091
Registration No.	District East/Society/197/2012
Date of registration	1.8.2012
Date of starting of recreation centre	2012
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0238708
Present operational address	Senior Citizen Welfare Association, E-181, Near Radha Swami Satsang, East Vinod Nagar, Delhi-110091
Type of locality	Regularized Unauthorized
Contact Number of the SCRC	9716645162
Centre In charge	Shri RP Gautam, President
Mobile No.	9716645162
No. of enrolled beneficiaries	238
No. of persons present on the day of survey	8 in Block A (from morning to 12:00 noon) 19 in Block B (from 12:00 noon to 4:00 p.m.) 20 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Having very less space and seating arrangements (chairs and tables). Safe drinking water facilities, common toilet for male and female, TV, Newspapers, First Aid Box. Basic facilities are very less.
Regular Activities	Indoor games, newspaper, yoga, frequent tour programmes, regular celebration of birthdays, national days and important festivals, quarterly visit by doctors for health check-ups.
Grant per year	2,40,000
Opening time	11.00 a.m. to 2.00 p.m
Closing time	6.00 p.m. to 8:00 p.m.
Non working day, if any:	No
Display board giving credit to GNCTD	No



SCRCs in Resettlement Colonies

41. St. Stephen Hospital Center for Senior Citizens

Date of Survey	5/02/2020
District	North East
Assembly Constituency	Seema Puri
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	St Stephen Hospital Center For Senior Citizens, G-4 Sunder Nagri, Delhi-110093
Registration No.	S/4088/2007
Date of registration	10/05/1979
Date of starting of recreation centre	17/08/2007
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Prem Chaya Varistha Nagrik Manoranjan & Sewa Kandra, F-1, 48 Sunder Nagri, Delhi-110093
Type of locality	Resettlement Colony
Contact Number of the SCRC	9818539771
Centre In charge	Dr. Joyce F. Vaghela, St. Stephen Hospital Center For Senior Citizens
Mobile No.	9818539771
No. of enrolled beneficiaries	68
No. of persons present on the day of survey	35 in Block A (from morning to 12:00 noon) 19 in Block B (from 12:00 noon to 4:00 p.m.)
Basic facilities available	The centre operates from St Stephen Hospital and having adequate space for the beneficiaries. Other facilities includes Free Medicine for Poor People, Meal facilities, Day Care Facilities, drinking water, common toilets for male and female, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and Monthly visit by doctors for check-ups.
Grant per year	Rs.2,40,000
Opening time	10:00 Am
Closing time	4:00 Pm
Non working day, if any:	No
Display board giving credit to GNCTD	No



44. Nari Uthan Samiti

Date of Survey	5.2.2020
District	North district
Assembly Constituency	Gokalpur
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act XXI of 1860
Registered address	185/31 A, Main Krishna Gali, Gali No. 5, Maujpur, Delhi-110053
Registration No.	S/19309
Date of registration	29 .9.1988
Date of starting of recreation centre	1.3. 2009
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2009/0012103
Present operational address	D-29, Gokalpuri, Delhi-110094
Type of locality	Resettlement Colony
Contact Number of the SCRC	9868228662
Centre In charge	Mrs. Santosh Sharma, President
Mobile No.	9868228662
No. of enrolled beneficiaries	50
No. of persons present on the day of survey	12 in Block A (from morning to 12:00 noon) 10 in Block B (from 12:00 noon to 4:00 p.m.) 4 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Functioning from a rented house having limited number of chairs, drinking water, separate toilets for male and female, TV, Music System, Ludo, Carom and Snakes Ladder,
Regular Activities	Bhajan-Kirtan, Games
Grant per year	2,40,000
Opening time	10: 00 a.m
Closing time	5:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



45. Senior Citizen Welfare Organization

Date of Survey	5.02.2020
District	North-East
Assembly Constituency	Gokalpuri
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Senior Citizen Welfare Organization, A-65,Gokalpuri, Delhi-110094
Registration No.	S/001118NE/2012
Date of registration	11-10-2012
Date of starting of recreation centre	11-05-2012
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	Senior Citizen Welfare Organization, A-65,Gokalpuri, delhi-110094
Type of locality	Resettlement colony
Contact Number of the SCRC	9818626332
Centre In charge	Shri Naresh Gupta
Mobile No.	9212256060
No. of enrolled beneficiaries	50
No. of persons present on the day of survey	6 in Block A (from opening till 12:00 noon) 14 in Block B (from 12:00 p.m. 4:00 P.M.) 5 in Block C (from 4:00 P.M. to till closing)
Basic facilities available	Functioning from a rented accommodation which has basic facilities like common but clean toilets, drinking water, sitting arrangement, TV and music system but lack of space is a big barrier for its effectiveness.
Regular Activities	Indoor games like carom, playing cards, ludo are there. Regular health check-up camps are also conducted.
Grant per year	Rs. 2,40,000
Opening time	11:00 am
Closing time	5:00 pm
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



47. Rachna Women Development Association

Date of Survey	4.2.2020
District	North East
Assembly Constituency	Karawal Nagar
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Rachna Women Development Association, A – 144, Gali No. – 10, Part – III, Sonia Vihar, Delhi – 110 094
Registration No.	31753
Date of registration	11- 08 - 1997
Date of starting of recreation centre	2008
Whether registered with DARPAN	Yes
DARPAN Registration No	Under process
Present operational address	Rachna Women Development Association, A – 144, Gali No. – 10, Part – III, Sonia Vihar, Delhi – 110 094
Type of locality	Resettlement Colony
Contact Number of the SCRC	9871351901
Centre In charge	Mrs. Seema Sharma
Mobile No.	8510084441
No. of enrolled beneficiaries	172 approx.
No. of persons present on the day of survey	23 in Block A (from morning to 12:00 noon) 7 in Block B (from 12:00 noon to 4:00 p.m.) 10 in Block C (from 4:00 pm. till closing)
Basic facilities available	Operating from its own building having adequate space and seating arrangements, drinking water facilities, one toilets for male and female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration national days and important festivals and visit by doctors for check-ups.
Grant per year	Rs. 2,40,000
Opening time	8:00 a.m
Closing time	6:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



52. RS Rohini Educational and Charitable Society

Date of Survey	4.2.2020
District	North West
Assembly Constituency	Bhalswa Jahangirpur
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	RS Rohini Educational and Charitable Society, G-201, Jahangir Puri, Delhi-110033
Registration No.	S/19609
Date of registration	11.1.1989
Date of starting of recreation centre	2005
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0237060
Present operational address	Basti Vikas Kendra, G-Block, Jahangir Puri, Delhi 110033
Type of locality	Resettlement colony
Contact Number of the SCRC	9811343336
Centre In charge	Shri R.S. Mathur, General Secretary
Mobile No.	9811343336
No. of enrolled beneficiaries	70
No. of persons present on the day of survey	22 in Block A (from morning to 12:00 noon) 19 in Block B (from 12:00 noon to 4:00 p.m.) 19 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Having less space and seating arrangements (chairs and tables), TV, drinking water facility, facilities for newspapers, books, common toilets for male and female, newspapers, First Aid Box.
Regular Activities	Indoor games, Yoga and books, celebration of birthdays, frequent tour programmes, national days and important festivals, visit by doctors for check-ups, Newspaper, separate room for Bhajan and Kirtan with instruments.
Grant per year	2,40,000
Opening time	10.00 a.m
Closing time	5.00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



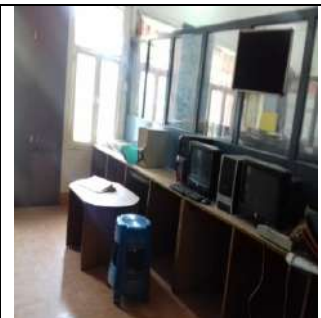
85. Delhi Brotherhood Society

Date of Survey	5/02/2020
District	North
Assembly Constituency	Seema Puri
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Delhi Brotherhood Society, 7, Court Lane, Civil Lines, Delhi-110006
Registration No.	S/5822/1973
Date of registration	Not provided
Date of starting of recreation centre	Not given
Whether registered with DARPAN	No
DARPAN Registration No	NA
Present operational address	F-1, 123, Gali No- 7, Sunder Nagri Delhi- 110093
Type of locality	Resettlement colony
Contact Number of the SCRC	9350295303
Centre In charge	Shri R.K Mishra
Mobile No.	9350295303
No. of enrolled beneficiaries	61
No. of persons present on the day of survey	35 in Block A (from morning to 12:00 noon) 5 in Block B (from 12:00 noon to till end)
Basic facilities available	Having adequate space and seating arrangements (chairs and tables), drinking water facilities, common toilets for male and female, TV and music player, facilities for indoor game (carom), library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	2,40,000
Opening time	10:00 p.m
Closing time	4:00 p.m
Non working day, if any:	No
Display board giving credit to GNCTD	Yes



107. Madhok Foundation

Date of Survey	21.1.2020
District	South
Assembly Constituency	Jangpura
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Madhok Foundation, Sector C -8, Vasant Kunj, New Delhi-110014
Registration No.	S. 35983
Date of registration	27.3.1999
Date of starting of recreation centre	1.9.2008
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2009/0006248
Present operational address	Madhok Foundation, Sunlight Colony – 1, New Delhi - 110014
Type of locality	Resettlement Colony
Contact Number of the SCRC	26346351/9654789794
Centre In charge	Ms. Shashibala Gautam, Secretary
Mobile No.	9953365356
No. of enrolled beneficiaries	100
No. of persons present on the day of survey	8 in Block A (from morning to 12:00 noon) 14 in Block B (from 12:00 noon to 4:00 p.m.) 7 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Running from community hall having less space and seating arrangements (chairs and tables), no safe drinking water facility, TV with music player, facilities for newspapers, Separate toilets for male and female, newspapers, indoor games like carom, ludo and snakes and ladder.
Regular Activities	Indoor games, celebration of birthdays, frequent tour programmes, national days and important festivals, visit by doctors for check-ups, newspaper reading, Bhajan and Kirtan with instruments.
Grant per year	1,20,000
Opening time	9.30 a.m.
Closing time	5.00 p.m.
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



SCRCs in JJ Clusters

55. DAV Educational and Welfare Society

Date of Survey	28.1.2020
District	North West
Assembly Constituency	Sultan Pur Majra
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Daya Nand Adarsh Vedic Educational and Welfare Society, 153, Pocket – 12, Sector 21, Rohini, Delhi – 110041
Registration No.	S/45225/2002
Date of registration	30.1.2003
Date of starting of recreation centre	2004
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2016/0107764
Present operational address	Vridh Manoranjan Kendra, (DAV Educational and Welfare Society), F-7, Block Basti Vikas Kendra, Sultan Puri, Delhi – 110086.
Type of locality	JJ Cluster
Contact Number of the SCRC	9818390849
Centre In charge	Ms. Saraswati
Mobile No.	9818390849
No. of enrolled beneficiaries	92
No. of persons present on the day of survey	14 in Block A (from morning to 12:00 noon) 14 in Block B (from 12:00 noon to 4:00 p.m.) 5 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Operating from Community Centre having adequate space and seating arrangements (chairs and tables), drinking water, TV, library, indoor games, newspapers, First Aid Box and toilets although not so clean.
Regular Activities	Indoor games, book and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birthdays, national days and important festivals, visit by doctors for check-ups.
Grant per year	2,40,000
Opening time	9.00 a.m
Closing time	5.00 p.m
Non working day, if any:	-
Display board giving credit to GNCTD	Yes



56. Smt. Tulsa Devi Memorial Society

Date of Survey	28.1.2020
District	North West Delhi
Assembly Constituency	Sultanpur Majra
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	C-603, Avantika Sec.-1, Rohini, Delhi- 110085
Registration No.	40756
Date of registration	13/NOV/2001
Date of starting of recreation centre	September 2008
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2009/0015097
Present operational address	B-1, Basti Vikas Kendra, Sultanpuri, Delhi- 110086
Type of locality	JJ cluster
Contact Number of the SCRC	9910089649
Centre In charge	Mr. Dinesh Chandra, President
Mobile No.	9910089649
No. of enrolled beneficiaries	250
No. of persons present on the day of survey	30 in Block A (from morning to 12:00 noon) 34 in Block B (from 12:00 noon to 4:00 p.m) 42 in Block C (from 4:00 p.m to till closing)
Basic facilities available	Center is running from a rented building having limited space, normal drinking water, common toilets for male and female, indoor games (like carom, ludo, chess, playing cards) and first aid box.
Regular Activities	Indoor games, watching TV, reading books. Tour programmes organized as scheduled.
Grant per year	Rs.2,40,000
Opening time	9:00 a.m
Closing time	5:00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	Yes



58. Mangolpuri Senior Citizens Association

Date of Survey	28.1.2020
District	North West Delhi
Assembly Constituency	Mangolpuri (AC 12)
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	Mangolpuri Senior Citizens Association, G-332, Mangolpuri, Delhi 110083
Registration No.	s/1679/2013
Date of registration	21.6.2013
Date of starting of recreation centre	1.4.2003
Whether registered with DARPAN	Yes
DARPAN Registration No	DL/2019/0237655
Present operational address	Mangolpuri Senior Citizens Association, G-687,688, Mangolpuri, Delhi 110083
Type of locality	JJ Cluster
Contact Number of the SCRC	9811015733
Centre In charge	Shri Ram Narayan Aggarwal, President
Mobile No.	9811015733
No. of enrolled beneficiaries	70
No. of persons present on the day of survey	42 in Block A (from morning to 12:00 noon) 46 in Block B (from 12:00 noon till closing)
Basic facilities available	Operating from Rented building having adequate space and seating arrangements (chairs and tables), drinking water facilities, toilets only for female, TV and music player, facilities for indoor games, library, newspapers, musical aids for bhajan-kirtan, First Aid Box.
Regular Activities	Indoor games, yoga, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals and daily visit by doctors for check-ups.
Grant per year	2,40,000
Opening time	11:00 a.m
Closing time	2:00 p.m
Non working day, if any:	Saturday & Sunday
Display board giving credit to GNCTD	No





60. SAMPURNA

Date of Survey	29.1.2020
District	North West
Assembly Constituency	Rohini
Registered with	Registrar of Societies, Govt. of NCT of Delhi under Societies Registration Act, 1860.
Registered address	SAMPURMA, 35, Vinoba Kunj, Sector - 9, Rohini, Delhi - 110085
Registration No.	36743
Date of registration	9.3.2000
Date of starting of recreation centre	2000
Whether registered with DARPAN	Yes
DARPAN Registration No	SAMP@1933
Present operational address	SAMPURMA, NGO, Maharana Pratap Community Centre, Rajapur Village, Sector - 9, Rohini, Delhi - 110085
Type of locality	JJ Cluster
Contact Number of the SCRC	011-27556498
Centre In charge	Ms. Asha Jain, Senior Vice President
Mobile No.	9891360733
No. of enrolled beneficiaries	114
No. of persons present on the day of survey	12 in Block A (from morning to 12:00 noon) 19 in Block B (from 12:00 noon to 4:00 p.m.) 7 in Block C (from 4:00 p.m. till closing)
Basic facilities available	Having adequate space and seating arrangements (chairs and tables), facilities for drinking water, TV, facilities for indoor library, newspapers, First Aid Box. No separate toilets for male and female.
Regular Activities	Indoor games, books and newspaper reading, bhajan-kirtan, frequent tour programmes, regular celebration of birth days, national days and important festivals, visit by doctors for check-ups.
Grant per year	2,40,000
Opening time	9.30 a.m
Closing time	5.00 p.m
Non working day, if any:	Sunday
Display board giving credit to GNCTD	No



86. All India Parivartan Seva Samiti

Date of Survey	27/1/2020
District	Central Delhi
Assembly Constituency	Rajendra Nagar
Registered with	Registrar of Societies of Govt. of NCT of Delhi under Societies Registration Act 1860
Registered address	Old Age Recreation Center, Patel Nagar, Valmiki, Mandir A-Block, Pandav Nagar Delhi
Registration No.	-
Date of registration	-
Date of starting of recreation centre	-
Whether registered with DARPAN	No
DARPAN Registration No	
Present operational address	Old Age Recreation Center Patel Nagar Maharshi Balmiki Mandir A-block Pandav Nagar Delhi
Type of locality	JJ Cluster
Centre In charge	Mrs. Kajal
Mobile No.	9560418996
No. of enrolled beneficiaries	-
Basic facilities available	-
Regular Activities	-
Grant per year	-
Opening time	-
Closing time	-
Non working day, if any:	-
Display board giving credit to GNCTD	-
 	

Note: On arrival of the research team Ms. Kajal who happens to look after the centre informed that since 2017 they have not received any grant from the Department of Social Welfare for SCRC and hence, they are unable to run the recreation centre for senior citizens allotted to them.

